

OSCA's Food Drive for Empathy House

Local Old Ottawa South women's treatment centre, Empathy House, will be celebrating the season again with your help! You can help make this a special holiday time of year by donating food bank items to support the women at Empathy House. Please see drop-off information below.

HIGHEST DEMAND ITEMS

COFFEE & TEA, HOT CHOCOLATE, NUTRITIOUS SNACKS, GRANOLA BARS, HEALTHY BREAKFAST CEREALS, MAYONNAISE, TOILET PAPER & KLEENEX, SUGAR, SALAD DRESSINGS, FOOD GIFT CARDS

NON-PERISHABLE FOODS

CANNED TUNA, SALMON, MEAT & STEWS, CANNED VEGETABLES, LEGUMES & SOUPS, COOKING OILS, PASTA SAUCE & DRY PASTA, RICE, DRIED FRUIT, HONEY & JAM, CRACKERS, ALMOND OR SOY MILK BEVERAGE

BAKING SUPPLIES

FLOUR, SUGAR, SALT, SPICES, CAKE MIXES, ICING, CHOCOLATE CHIPS, BAKING POWDER AND SODA

DROP OFF LOCATION FOR FOOD DONATIONS:

Old Ottawa South C.C.
260 Sunnyside Ave.
Ottawa, Ontario K1S 0R7



**YOU MAY ALSO MAKE A CASH DONATION AND RECEIVE AN INCOME TAX RECEIPT.
PLEASE SEND YOUR CHEQUE OR MONEY ORDER DONATION PAYABLE TO:**

Empathy House

360 Sunnyside Ave.

Ottawa, Ontario K1S 0S4

OR MAKE A DONATION ONLINE AT

WWW.EMPATHYHOUSEOFFRECOVERY.ORG

For information, please contact Patrizia Wand-Mayville at 613 730-7319.

We want to thank you for supporting Empathy House and making this holiday season one the women will remember!