2027 Canada Winter Games
Trampoline Technical Package

Technical Packages are a critical part of the Canada Games. They guide the selection of athletes by prescribing the age and eligibility requirements, assist the Host Society by detailing competition formats and scoring procedures, assist Provincial/Territorial (P/T) Chefs de Mission in verifying eligibility, help with budgeting by describing the number of participants permitted, advance coach certification by stating minimum requirements, and generally contribute to athlete development by identifying each National Sport Organization's (NSO) version of athletes in the "Train to Compete" phase of its Long Term Development (LTD) model, or other suitable phase of LTD as justified by the NSO.

Technical Packages are developed 36 to 24 months prior to the Canada Games primarily by NSOs, following the Canada Games Council's (CGC) Principles that Govern Technical Packages. As the overall governing body of the Games, the CGC has the ultimate authority over Technical Packages, but this authority is exercised only with the knowledge and understanding of the concerned NSO.

Relevant Games partners, specifically Provincial/Territorial Sport Organizations (P/TSOs) and P/T team staff, are encouraged to review the Technical Package in detail to ensure a thorough understanding. If an individual wishes to seek clarification or initiate a change to a Technical Package leading up to a Games, the request should be first directed to the NSO or the Chef de Mission. The NSO or Chef de Mission will submit the requested change or clarification to the CGC for consideration. Timelines for requesting changes to major elements of the Technical Package (i.e. team sizes, age categories, eligibility restrictions, events, competition formats) are outlined in the Principles that Govern Technical Packages. Minor corrections will be considered at almost any time, but will be increasingly difficult to achieve within six [6] months of the Games. These time frames reinforce the importance of complete understanding of the Technical Package by Games partners early.

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2027 Canada Winter Games
Trampoline Technical Package

1. SPORT: TRAMPOLINE

2. PARTICIPANTS

2.1. Athletes

2 Men, 2 Women

All registered athletes must intend to compete in at least one event.

2.2. Staff

2 Coaches
OR
1 coach and 1 manager.

If a team sends athletes who are women, one staff member must be a woman. If a team sends athletes who are men, one staff member must be a man.

2.3. Additional Team Staff*

- Apprentice Coach
  - See Women in Coaching Canada Games Apprenticeship Program
  - See Aboriginal Apprentice Coach Program
  - Apprentice coaches have the same access as athletes and team staff.

- Venue Pass Holder
  - See Venue Pass Holder Policy
  - Venue Pass Holders do not have access to the field of play
  - Venue Pass Holder's venue access
    - Sport Operational Zone (Zone 2)
    - Back of House Zone (Zone 3)

* Additional team staff positions are administered by the P/T Team. Positions must be applied for based on each P/T Team's process. For information pertaining to the process in your P/T contact your Chef de Mission.

2.4. Support for Participants

The Canada Games Council recognizes there can be barriers to participation/attendance at the Canada Games. The below policies have been developed to provide support to participants when required:

- Support for Breastfeeding/Chestfeeding Parents Policy
- Participant Assistant Policy

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3. CLASSIFICATION

Athletes must be a minimum of 14 years old and a maximum of 22 years old during the year of the Games (2027).

Athletes must be born 2005 to 2013 inclusive.

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4. ELIGIBILITY

4.1. Athletes

All athletes must meet the eligibility regulations outlined in CGC's Athlete Eligibility Policy.

Excluded from the Canada Games are:

- Senior National Team Members - Defined as: Athletes who have held an SR, SR1, SR2 or C1 card at any time; and/or athletes who are part of (on the roster of) a standing Senior National Team (i.e. recognized as a Senior National Team member regardless of event participation)
- Athletes who have previously competed at the following events:
    - Senior World Championships
    - Senior Pan American Games
    - Olympic Games
    - Senior World Cups

No athlete can be rendered ineligible within 90 days of the opening of the Games due to National Team status, carding status or competing in an excluded event (i.e., if an athlete is granted National Team status or carding status for the first time, or competes in an excluded event after November 29, 2026, they will still be considered eligible to compete at the 2027 Canada Games).

Athletes who are in their first year of Senior National Team status may be deemed eligible on a case by case basis. Additionally, while C1 cards have been discontinued, athletes who have previously held a C1 card and who meet all other eligibility restrictions may be deemed eligible on a case by case basis. Requests must be submitted to the respective Provincial/Territorial Team Chef de Mission and approved by the Canada Games Council Sport & Games Committee

4.2. Coaches & Managers

Head Coaches registered in the Canada Games electronic registration system must be certified under the National Coaching Certification Program (NCCP) Competition Stream, Development Context (certified status) in Trampoline (Competition 3).

Assistant Coaches registered in the Canada Games electronic registration system must be trained under the NCCP Competition Stream, Development Context (trained status) in Trampoline (Competition 3).

If a Provincial/Territorial team does not distinguish between a head coach and an assistant coach, at least one of the team's coaches must be Competition Development Trampoline certified, while the other must be at least Competition Development Trampoline trained (Competition 3).

If the second team staff does not meet the coach certification requirements outlined above they will be registered as a manager. Managers will not have access to the competition floor.

Coaches must be so certified no later than 90 days prior to the opening ceremony (November 29, 2026).

*Proof of completion of the following are also required to be submitted to GymCan for coach/manager eligibility:

- Respect in Sport online elearning module
- True Sport Clean 101 e-learning course
- CAC Making Headway online learning module
- Updated Enhanced Background Check (valid within 12 months of competition date).

*Please be advised that the screening requirements may be subject to change by GymCan.

Coaches who are not Competition 3 (Development) Certified may request a coach certification exemption from the CGC. All requests will be reviewed on a case by case basis. Please refer to the CGC's Coach Certification Policy for additional information.

For more information on the coach certification pathway for Trampoline Gymnastics, please see Appendix 1.

All Team Staff are encouraged to complete the *Canada Games Coaching* eLearning module available in The Locker (under *Multi-sport*).

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5. COMPETITION

5.1. Regulations

The following will govern the competition:

- 2025 - 2028 FIG Code of Points
- 2027 GymCan Competition Regulations for Trampoline Gymnastics
- 2027 TRA TUM DMT Competition System

5.2. Program

Individual Competition:

Preliminaries – 2 free optional routines. Highest scoring routine to count.

Finals – top 10. Scores for finals start at 0.

Preliminary Routine requirements:

- 1st Voluntary routine:
  - 10 different elements
  - FIG repetition rules.
- 2nd Voluntary routine:
  - 10 different elements;
  - FIG repetition rules.

Final Routine requirements (for Individual and Team finals):

- 10 different elements;
- FIG repetition rules.

Team Finals:

Per Province/Territory – max 2 per gender to complete 1 final routine, the best score per gender to be added together.

Synchronized Competition:

Preliminaries – 2 free optional routines, highest scoring routine to count.

Finals – top 8 (based on preliminary ranking). Scores for finals start at 0.

Preliminary and Final Routine requirements are the same as in individual.

5.3. Judging

Scores for all events will be given using the element by element methodology used at National Championships for Trampoline Gymnastics.

5.4. Training Schedule

Published training schedules must be adhered to. Provincial/Territorial teams are not permitted to negotiate with other teams to exchange training times.

5.5. Seeding

By draw for preliminaries and team final and reverse order of merit for final.

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6. TIE BREAKING RULES - COMPETITION

Individual Trampoline

In preliminaries, in case of a tie at any place, the ranking will be determined by the following criteria for the counting routine:

1. The gymnast with the higher T-score of the counting exercise prevails;
2. The gymnast with the higher H-score of the counting exercise prevails;
3. The gymnast with the higher D-score of the counting exercise prevails;
4. The gymnast with the higher sum of all E-scores of the counting exercise prevails;

If there is still a tie, the tie will not be broken and the starting order for the Final is decided by draw.

In finals, in case of a tie at any place, the ranking will be determined by the following criteria:

1. The gymnast with the higher T-score prevails;
2. The gymnast with the higher H-score prevails;
3. The gymnast with the higher D-score prevails;
4. The gymnast with the higher sum of all E-scores prevails;

If there is still a tie, the tie will not be broken.

Team Trampoline

In case of a tie at any place, the ranking will be determined by the following criteria:

1. The team with the higher sum of T-score prevails;
2. The team with the higher sum of H-score prevails;
3. The team with the higher sum of D-score prevails;
4. The team with the higher sum of E-score prevails;

If there is still a tie, the tie will not be broken.

Synchronized Trampoline

In preliminaries, in case of a tie at any place, the ranking will be determined by the following criteria:

1. The pair with the higher S-score of the counting exercise prevails;
2. The pair with the higher H-score of the counting exercise prevails;
3. The pair with the higher D-score of the counting exercise prevails;
4. The pair with the higher sum of all E-scores of the counting exercise prevails;

If there is still a tie, the tie will not be broken and the starting order for the Final is decided by draw.

In finals, in case of a tie at any place, the ranking will be determined by the following criteria:

1. The pair with the higher S-score prevails;
2. The pair with the higher H-score prevails;
3. The pair with the higher D-score prevails;
4. The pair with the higher sum of all E-scores prevails;

If there is still a tie, the tie will not be broken.

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7. REGISTRATION & EVENT ENTRIES

7.1. Canada Games Council Registration Deadline

All participants (athletes, coaches, managers and additional team staff) must be registered in the Canada Games electronic registration system no later than 30

days prior to the Opening Ceremony (January 28, 2027); this may include long list participants. All participants attending the Games are required to have their status set to “Final Roster” in the Canada Games electronic registration system no later than 14 days prior to the Opening Ceremony (February 13, 2027).

7.2. GymCan Event Entry Deadline

Athletes must register in GymCan’s electronic registration (Sportzsoft) system no later than 14 days prior to the Opening Ceremony (February 13, 2027).

Event entries for each participant will be confirmed at the Coach/Manager meeting held prior to the first event.

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8. SPORT SCORING POINTS

Sport scoring points are a tool used to determine the performance of a P/T Team across all events within a sport. Please refer to Appendix 4 for the breakdown of sport scoring points for trampoline events.

In the case of ties in final placings after the tie-breaking procedure from section 6 has been implemented, sport scoring points will be shared equally between tied athletes/teams (i.e. If two athletes in the individual finals are tied for first, then each athlete would receive 51 points [(52+50)/2] and 3rd place points would be awarded to the next finisher).

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9. FLAG POINTS

Games to Games performance by a P/T Team at the Canada Games is measured by accumulated Flag Points. Every P/T Team is awarded Flag Points for its ranked performance in each sport in which it competes.

In Gymnastics (artistic gymnastics and trampoline), Flag Points will be awarded together for women’s and men’s events based on the total of sport scoring points awarded from all events (artistic team, artistic all-around final, artistic apparatus final, trampoline team, trampoline individual, and synchronized trampoline).

After ranking the P/T Teams from first to last, and after any ties have been resolved as detailed in Section 10 (Tie Breaking Rules - Flag Points), Flag Points will be awarded as follows:

Placing	Points	Placing	Points	Placing	Points
1st	20	6th	10	11th	3
2nd	18	7th	8	12th	2
3rd	16	8th	6	13th	1
4th	14	9th	5		
5th	12	10th	4		

10. TIE BREAKING RULES - FLAG POINTS

Once the sport scoring calculations are completed for all gymnastics events (both trampoline and artistic) and in the case of an overall tie in the Provincial/Territorial rankings, the Province/Territory with the greater number of first place rankings across all events will be assigned the higher rank. If the tie persists, the procedure is repeated with second place team scores per event, then third, etc.

11. MEDALS

11.1. The Canada Games will award medals to athletes only. Gold, silver and bronze medals will be presented for each event.

11.2. Gold: 10 Silver: 10 Bronze: 10

12. COMPETITION UNIFORM

Competition uniforms must follow GymCan/FIG rules. For the Synchronized Competition and Team Final, members of the same team and individual gymnasts of the same Province/Territory must wear a gymsuit that is uniform and of the same colour(s).

For all medal ceremonies, the official track suit provided by the Provincial/Territorial team must be worn.

Refer to GymCan's *Competition Rules Section 5: Dress for Competitors and Spotters* for detailed uniform requirements.

Provincial/Territorial team uniforms must follow the approved Provincial/Territorial colours. Additional information on each Provincial/Territorial team's colours can be found in Appendix A of the CGC's P/T Team Colour and Branding Policy. CGC's regulations concerning advertising on competition uniforms can be found in the CGC's P/T Team Apparel Sponsorship Policy.

13. EQUIPMENT

Provinces/Territories must only use the equipment provided by the official supplier.

14. PROTEST & APPEALS

14.1. Canada Games Council Protest Policy & Appeal Policy

Appeals relating to a decision made based on this Technical Package or any decisions made by the CGC will be made in accordance with the CGC's Appeal Policy.

Protests relating to disputes between and among Provincial/Territorial Teams as it relates to CGC Policies, Procedures and Principles that Govern Technical Packages will be made in accordance with the CGC's Protest Policy.

14.2. Competition Protests

Written protests will not be allowed. As per FIG regulations, an official representative is to approach the Chair of the Judges Panel (CJP) before the end of the round, in a controlled and friendly manner and advise of a possible error. It will be the CJP's responsibility to confer with the Difficulty Judges to determine if it is a legitimate concern requiring review, or if it is unfounded and a video review is not required.

15. ANTI-DOPING

The CGC adopts the Canadian Anti-Doping Program (CADP) Covenant as a fundamental commitment to engage in a cooperative and collaborative effort to eliminate doping in sport and to support harmonized, coordinated and effective anti-doping measures in Canada. Any Canada Games participant (athlete, coach, manager, technical support, or other person) found to have committed an anti-doping rule violation at the Canada Games

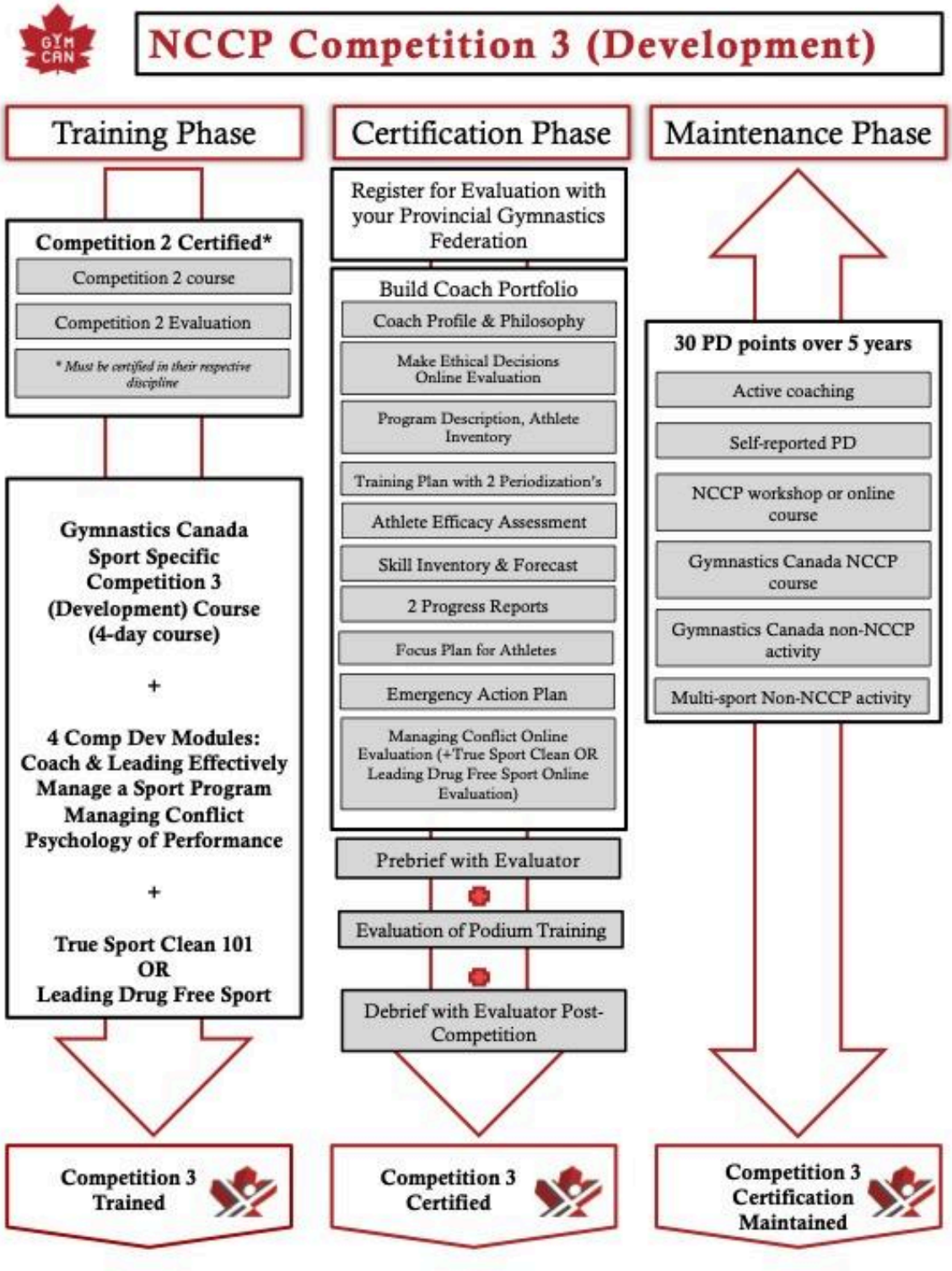
(as determined pursuant to the CADP) will be subject to all of the penalties and consequences, as outlined in the Canadian Anti-Doping Program.

16. APPENDICES

Please review the attached appendices as they form an integral part of this technical package.

- APPENDIX 1 - Coach Certification Requirements
- APPENDIX 2 - Performance Guidelines
- APPENDIX 3 - Age Dispensation
- APPENDIX 4 - Sport Scoring

APPENDIX 1 - COACH CERTIFICATION REQUIREMENTS



APPENDIX 2 - PERFORMANCE GUIDELINES

The following Performance Guidelines have been established by the respective NSO, at the request of the CGC and the Federal-Provincial/Territorial Sport Committee (FPTSC), to reflect the expected training and/or performance parameters of a typical Canada Games athlete in the Training to Compete phase of LTAD. These Performance Guidelines have been developed as a tool for P/T teams to use at their discretion in the training and selection of their Canada Games teams. These Guidelines are not required selection criteria.

The Training to Compete phase in GymCan's LTAD bridges the gap between Becoming a Consistent Competitor and Winning at All Levels.

BECOMING A CONSISTENT COMPETITOR

Athletes who progress to this stage are passionate about their sport and committed to a competitive career. They are high-level provincial stream, national stream, or high performance athletes who enjoy meeting a challenge. These are years of investment, in which the participant becomes solely committed to gymnastics, is focused on achieving an elite standard, and builds a close relationship with the coach.

Gymnasts have consolidated all basic skills, are developing and refining advanced skills and are performing routines of increasing complexity and difficulty. Gymnasts must now learn how to compete well under a variety of conditions. They will reach an optimal performance state that will enable them to meet their individual performance goals.

During this stage, almost all women, and many men gymnasts will be going through puberty. Coaches must be vigilant about monitoring growth, noting PHV and adjusting training programs to allow recovery, accommodate changing body sizes and reduce the possibility of injury. Coaches must be aware that each gymnast will develop at a different time and different rate. Individuality and flexibility of training programs are extremely important in this phase.

Monitoring is important for all gymnasts, regardless of their level of participation. Coaches, parents and athletes must be patient as fast growing athletes may show some skill regression and reduced training capacity. With the sudden change in body size, limb length and body proportions, general and specific skill performance may deteriorate. Basic skills may need to be emphasized to accommodate these changes. It may be necessary to temporarily restrict the number and type of competitions to allow the gymnast to adapt to his or her changing body and to reduce the stress on the body, thereby reducing the possibility of injury and early retirement.

More focus is needed on the emotional and social impact of this growth spurt on the athlete. Coaching methodology should be adjusted to properly address the impact of these changes. Ensure that the needs of the gymnast are matched to the appropriate program, coach and club environment. Competition becomes more important, with the focus on achieving consistency and

quality of performance, and on learning to cope with the physical and mental challenges of competition. Results only become important toward the end of the stage, when athletes are being selected onto national teams.

WINNING AT ALL LEVELS

Gymnasts in this stage are optimizing their performance according to the goals they have set for themselves. They have well-developed abilities to perform on demand and are more results-driven than in previous stages. These athletes are striving to become the best gymnasts and have set their goals on consistent, personal best performances, which will lead to winning championships at the provincial, national and international level.

These gymnasts are quite independent and, with the coach, are partners in goal-setting and decision-making. Many are leaders among their peers, and some may begin coaching young gymnasts. It may be necessary for the gymnast to leave his/her home club to train in a high-performance environment, or to train with a different coach.

Some of these gymnasts will begin competing internationally at junior and senior level competitions and major games. The team members for future World Championships or Olympic Games will likely be selected from these athletes.

Some women athletes, and most men athletes will still be going through puberty in the early part of this stage. Ensure that standing and sitting height, arm span and weight of all gymnasts are monitored regularly, and that training programs are flexible enough to accommodate the varying developmental needs of athletes.

Gymnasts will become comfortable traveling and competing in different cities, regions and countries. They are taking their competitive performance skills to the next level and some are preparing to represent Canada. MAG and WAG athletes may be apparatus specialists, although training continues on all competitive apparatus.

For more details on these developmental guidelines, please refer to the GymCan Long Term Athlete Development document located at gymcan.org.

APPENDIX 3 - AGE DISPENSATION

The decision to set the minimum ages for participation in the Canada Games was made in the best interest of the young competitive gymnasts across Canada and is based on the following rationale:

1. Two of the main goals of the Canada Games are to foster participation from across the country and to contribute to the development of high performance athletes.
2. The Canada Winter Games competition is classified as a “junior” level competition by Gymnastics Canada and the Canada Games Council.
3. To encourage nationwide participation, Gymnastics Canada did not select a specific age category but chose to use a minimum age. This minimum age is intended to protect very young athletes from possible physical, psychological and/or emotional harm that could occur by competing at the Games.
4. The minimum age requirement is aligned on the minimum age set by the international gymnastics governing body (FIG) for junior competition.
5. The overall consensus of coaches and managers who attended past Canada Games is that it is the most challenging gymnastics competition in Canada for young athletes in terms of level, intensity and atmosphere. The multi-sport nature of this event, combined with the atmosphere and social reality of an “athlete’s village” and the wide range in age of all the athletes (up to 25 years of age depending on the sport) add to the pressure experienced by the athletes.

Gymnastics Canada does not currently require athletes to meet any performance standard to participate in the Canada Games. For this reason, the CGC has requested that a process be put in place to provide a dispensation from the minimum age. This process supersedes the Technical Package.

If your Province/Territory wishes to request a special dispensation from the minimum age requirement for an athlete, the following documents must arrive at the national office no later than January 5, 2027:

1. A letter of support from the respective Provincial/Territorial Gymnastics Association.
2. A letter of support from the respective Chef de Mission for the 2027 Canada Winter Games.
3. A letter from the athlete’s coach and a letter from the athlete’s doctor confirming that the athlete is at the appropriate level of physical and mental development to handle the level and intensity of the Canada Games competition.
4. A waiver signed by the athlete’s parents or guardians saving harmless GymCan and the Canada Games Council from any injury which might result from the athlete competing against older athletes. The blank waiver is below.

5. Recent competition results demonstrating that the athlete has obtained results comparable or superior to those of the age eligible athletes which have been selected to the respective Trampoline team for the Games. Please note that the TG Program Director will review applications. The dispensation will be granted only if all the conditions have been met. The decision is final and will be communicated to the applicant within 7 working days of receipt of all the above documents.

TO: Gymnastics Canada

AND

TO: Canada Games Council

WAIVER NOTICE AND FULL AND FINAL RELEASE

I acknowledge that participation in the event of Trampoline carries with it potential hazards and I confirm that_____ is physically fit to participate in Trampoline at the Canada Games and has trained specifically for this purpose.

I hereby RELEASE and FOREVER DISCHARGE GYMNASTICS CANADA and the CANADA GAMES COUNCIL, their Directors, Officials, Coaches and their other employees, servants or agents on behalf of myself and_____ from any and all responsibility and liability for injuries sustained by her/his participation in the Canada Games and hereby agree to assume full and complete responsibility for any injuries sustained by her/him during such participation.

I hereby waive any rights I and _____ may have to institute or prosecute an action or make any claim for damages or compensation against the said GYMNASTICS CANADA and CANADA GAMES COUNCIL, their Directors, Officials, Coaches and their other employees, servants or agents, as a result of any injuries she/he may suffer.

Dated at _____ this _____day of 202_____.

_____ _____

Witness Signature Parent or Legal Guardian

_____ _____

Name (print) of Witness Name (print) of Parent or Legal Guardian

CERTIFICATE OF INDEPENDENT LEGAL ADVICE

I hereby declare that I have been consulted by _____ (parent/guardian of athlete) as to the rights that he/she is releasing by taking the following action, namely entering into the above waiver Notice and Full and Final Release; that I have advised him/her fully as to the effect of the said action and he/she understands the nature and effect of executing the above Waiver Notice and Full and Final Release and I hereby further declare that I have given this advice to the said _____as solicitor for him/her and his/her child and in his/her interest and that _____of only in connection with this matter.

_____

Signature of Solicitor

_____

Name (print) of Solicitor

APPENDIX 4 - SPORT SCORING

The following outlines the sport scoring systems for the Team, Individual, and Synchronized Trampoline competitions.

Team Competition: Based on the Team competition results.

Place	Points	Place	Points
1st	75	8th	40
2nd	70	9th	35
3rd	65	10th	30
4th	60	11th	25
5th	55	12th	20
6th	50	13th	15
7th	45		

Individual Competition: Based on the Individual competition results.

Place	Points	Place	Points
1st	52	14th	26
2nd	50	15th	24
3rd	48	16th	22
4th	46	17th	20
5th	44	18th	18
6th	42	19th	16
7th	40	20th	14
8th	38	21st	12
9th	36	22nd	10
10th	34	23rd	8
11th	32	24th	6
12th	30	25th	4
13th	28	26th	2

Synchronized Competition: Based on the Synchronized competition results.

Place	Points	Place	Points
1st	26	8th	12
2nd	24	9th	10
3rd	22	10th	8
4th	20	11th	6
5th	18	12th	4
6th	16	13th	2
7th	14		