

Attendance:

K. Webster – SD Manager	D. Johnson – Edmonton Acro	M. Lozeron – YEG
J. Escobar – Education Manager	J. Johnson – AGF Board Member	N. Almeida – Grand Prairie
K. Wills – SC Chairperson	D. Shelsted – Calgary Gymnastics	T. Oxley - Gymnastics
B. Banks – SDC Member	K. Laverdiere – Airdrie Edge	M. Wright
K. Binder – SDC Member	K. O’Brien – Ortona	S. Johnson – CCGC
B. Atkin – SDC Member	K. Rosichuk – Dynamix	
A. MacDonald – West Wind	L. Armstrong – NEGC	

1. Call to Order – W. Wills 9:01am

1.1. Introductions: WPC members

SDC: K. Wills, B. Banks, K. Binder, B. Atkin

1.2. Appoint a recording secretary

- Appoint Brie Banks as recording secretary

1.3. Call for agenda items under New Business

1.4. Approval of Previous Meeting Minutes (October 2024)

MOTION: To approve the meeting minutes from the October 2024 meeting.

Airdrie Edge/Pheonix

All in favour/Carried

2. Reports

2.1. Sport Development Report – K. Webster

- Budgets: annual review sent out with information, successful year
- Growing, 47,000 members of 50,000.
- Sometimes makes it harder to make an individual impact, funds much more broadly distributed
- Rec collective: lecture group once/month 45 min conversational, presenter then Q&A, touchpoint for leadership positions
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3. GymCan Update – K. Webster

3.1. CanGym

- Newly updated Can Gym curriculum, which is now progression/skill chart based, should be available to the provinces by end of the calendar year
- 2026 National Gymnaestrada information should be distributed at end of the month

4. Events and Programming

4.1. GFA – K. Binder

- GFA Getaway: Canmore, Ali Stoffels. Everything different from congress sessions. 35 participants, all felt value, tangible things, from coach to business managers, very worthwhile, fantastic investment
- Gymfest Edmonton: added a section for coach development and workshops on the Friday, well received, also did an additional coach performance that they learned Friday evening and presented to the kids on Sunday, everyone very happy to see that involvement

4.2. Acro – K. Webster

- 75 AGF athletes at nationals with all 5 acro clubs participated, lots of medals,
- FIG judge training bobby invited and passed with flying colour,
- AGF athletes going to pan ams,
- 2 new clubs in acro: LIGHT Acro and Arc Acro

4.3. Parkour – B. Atkin

- Hosted first parkour Alberta cup in April
- Work has been done on the Parkour Handbook
- Strong collaboration between AB and QC for parkour development, including work on creating an unified recreational and competitive system for national usage
- Working with gymcan to develop a national competitive system, require a qualifying system, athletes who are ready to go could qualify at world cup level Review
- AGF insurance covers Parkour within a gymnastics facility, many provinces have not extended insurance coverage to the discipline, so numbers of participation are hard to gauge

4.4. Overview of 2024-2025 Budget – K. Webster

- Sport Development is not a revenue generating program, projects depend on financial investment from AGF
- Gymfest 2025 made a small profit, which will offset the cost of the Gymfest 2026 facility hire
- Acro's investment was into judges' education-2 workshops with FIG judges, sponsorship of R. Light to FIG Course, sponsorship of the Canadian Championship's judges course venue rental
- Parkour's investment into recreational program creation and maintenance; looking to expand curriculum with a more visual look in the next year
- GFA investment into a Roland stamp for each club
- Anticipating more support available for National Gymnaestrada events/clubs
- Open to suggestion and recommendation for future investment, possible regional education events

5. NCCP Updates – J. Escobar

Coach Categories:

- Pre Coach in Training (Ages 13-15)
 - Cannot coach
 - May shadow a certified coach aged 18+
 - Must be under direct supervision
 - Cannot spot, give corrections, or lead a warmup
 - Can run a CIT Course
- Coach in Training (Age 16+)
 - Cannot coach
 - May shadow a certified coach aged 18+
 - Must be under direct supervision at all times
 - Limited to one AGF session in this category
- Request to bring back to insurance, everyone in disagreement with this policy

- Would have to bring it to CAC and then GymCan
- Would increase insurance on the CITs
- Gymnastics for all (GFA)
 - In Training
 - Cannot coach
 - May shadow certified coach (18+)
 - Trained: (GF Theory, Introduction, Discipline Specific, EAP, MED Evaluation)
 - Can coach independently
 - Must have certified coach (18+) present under indirect supervision (within reasonable proximity - withing eyesight of certified coach)
 - Certified:
 - Can coach independently
 - If under 18, must have a certified coach that is (18+) present under indirect supervision (within reasonable proximity - within eyesight of certified coach)
 - Considering using the multi sport modules as a way to complete theory but not yet
- Is now clear in the locker where to find coach transcripts
- Getting certified:
 - Make sure they have everything they need, copying lesson plan from another coach, can't have same lesson plans, taking longer for them to get certified, coaches selecting wrong certification pathway on website
 - Theory, intro, then discipline specific, MED and EAP
 - Has this process been reviewed? There have been coaches not certified due to this process. Is it too big of an expectation for a part time coach? AGF does not think it's that hard of a process, takes 3-4 days if done properly. There has been no review. Not a requirement, up to individual clubs.
 - AGF recommends that coaches are certified because it's better for insurance. Who pushes the requirement? GymCan does not push, CAC starting competitive is where the push to certify begins. Not enough evaluators in smaller provinces to expect foundations coaches to certify. Associations that are driving the requirements for certification. Younger coaches are not certifying their foundations, it's typically older coaches. Can use it as a practice if you actually want to pursue certifying C1.
- Competitive coaches: evaluations coming in are not well done. Clubs starting to push foundations certification so that C1 evaluation goes better. Evaluators struggling.
- Jacqueling has pulled all coaches and will send a sheet with certification information back to each club.
- Lots of coaches registering coaches in courses they are not eligible for. One warning then \$25.00 admin fee.
- Before registering for C1, must have: GF theory, intro, artistic, trampoline
- To be registered in Comp coach category with AGF, must have all foundations and theory, discipline specific C1 (WAG, MAG, TG). Can upgrade at any time. Is expensive if they don't belong there.
- Respect in Sport (RIS) Certification, MED Evaluation, NCCP Sport Nutrition
 - After Theory, they need to complete separate MED Eval
 - MED becomes free once Theory is in their locker, in multisport via the locker
- Trampoline will transitioning to C1/C2 instead of T1/T2
- Check your transcript in detailed view and print them, save information just in case anything goes missing
- No certification pathway for acro, nothing being worked on right now, C1 acro trained is what's need for national and international events
- Gymnastics Foundations Advanced Pilot happened in BC, another one being hosted in ontario, sounds like it went well in bc
 - Will be rolling out as long as ontario goes well

- Acro included in provincials this year, BMO centre, april 8-12
- Hosting another Parkour Cup hopefully by 2027/2028 having an element in provincials
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Appreciation from AGF Board – D. Vande Vyvre

6. New Business – K. Wills

- Question regarding new Alberta legislation on genders in sports and how that affects AGF members: Robin currently working on it, govt and lawyer involved, we will be notified when it's done, looking for more clarification.

7. Elections/Nominations – K. Wills

- 7.1. Thank outgoing positions: Peggy Schumann, Vicky Hodgson and Karen Macdonald
- 7.2. 3 Positions to Welcome: Aliza Jumakhan, Peggy Schumann, Debbie Shelstad
- 7.3. Members at Large: Brenda Krossa

8. Upcoming 2025-2026 Events – K. Webster

- Gymfest 2026-May 1-3rd at Univ. of Calgary. Education day on Friday, Rehearsals on Saturday, Show on Sunday. Likely to be two shows due to space in the Red Gym
- Getaway 2026- August 21-23rd at Pine Valley, open for presenter suggestions
- Acro included in provincial championships 2026, BMO Centre April 8-12
- Parkour Cup to be hosted in the spring of 2026

9. Adjournment 10:20am – K. Wills