805 Connects Activity Reminder

Event: Social Friendship Group- Why You Need to Directly Practice Your Social Skills

Date: September 24th, 2026

Time: 4:30pm - 7:30pm

Location: 805 Connects Office
1317 Del Norte Rd. Suite #150, Camarillo CA 93010

Description:

Join us for a Social Friendship Group about why directly practicing social skills can help you become more comfortable and confident around others. We will explore everyday social situations, practice skills such as starting conversations, listening, and asking questions, and learn how practice helps skills become easier over time. Come learn, participate, and build confidence with friends in a supportive environment.

How to Prepare:

Pick up details for the day of the event:

- Pick-up time is 3:45pm-4:30pm
- An activity coach will call you during pick-up.
- Please be prepared, answer your phone, and be patient so we know you are still attending.