GYMNASTICS 2025 PROVINCIALS QUEEN CITY

2025 PROVINCIAL CHAMPIONSHIPS

MAY 9-11, 2025
REGINA, SK

Competition Categories

The 2025 Provincial Championships will crown champions in Provincial and National level for 4 Gymnastics Disciplines:

Women's Artistic Gymnastics
Men's Artistic Gymnastics
Trampoline and Tumbling Gymnastics
Rhythmic Gymnastics

Competition Venue

The Event will be held in the Regina Fieldhouse at 1717 Elphinstone Street.

Registration Fees

$150/athlete for Provincial Championships
$75/coach

Registration Process and Deadline

Registration opens April 4th and closes April 29th, 2025.

- Registration for WAG & MAG ATHLETES will be done through SportzSoft, please register HERE.
  - **Music MUST be uploaded through this link as well. MP3 will be the only accepted format.**
- Registration for TG ATHLETES will be done through SportzSoft, please register HERE.
- Registration for RG Athletes will ONLY be accepted through KSIS, please register HERE.
  - **Music MUST be uploaded through this link as well. No other forms of music will be accepted.**

Payment options:

1. E-transfer to info@gymsask.com
2. Cheque payable to Gymnastics Saskatchewan, mailed to 300-1734 Elphinstone St, Regina S4T 1K1
3. Credit card through the SportzSoft registration platform (MAG, WAG, TG only – 2.4% fee will apply)

Athlete waivers should be filled out for each athlete and kept on file by their member club.

All clubs are required to submit ONE statutory declaration by April 29th confirming that they have collected all athlete waivers and will have them available for the event HERE.

A late registration fee of $25/athlete will be applied after April 29th.
Refunds will be issued for medical reasons only upon receipt of a doctor's certificate by **May 8TH, 2025, less a $25 administrative fee.**

Coach Certification

Coaches must be certified in their respective discipline in accordance with the level(s) of athletes they are coaching. Please refer to page 14 & 15 of the Coaches Technical Manual HERE.
Exemption requests must be sent to Gymnastics Saskatchewan prior to registration.

Hospitality

A hospitality room will be provided for coaches and judges at the venue near the front entrance. Mealtimes will be based on the competition schedule. If coaches or judges are gluten sensitive or vegetarian, please email ???, by Friday April 18th. Complex dietary needs/preference will be the responsibility of the individual.

Equipment

All equipment will be supplied by our official equipment supplier Spieth Anderson.

Merchandise and Concession

Souvenir Clothing can be pre-purchased HERE.
Deadline to order is May 11th.

GymGear has designed a souvenir leotard. They will be available for pre-order HERE.
Deadline to order is April 24th.

Host Hotels

Four Points Sheridan
Four Points by Sheraton Regina for $134.00 CAD per night - Last Day to Book : Monday, April 21, 2025
Book your group rate for Queen City Gymnastics Club or by calling the hotel 306-789-8008 (press option 1 for Front Desk)

Inquiries

Queen City Gymnastics Club
Sherie Franklin
2025 Provincial Championships provhost@qcgc.ca
(306) 757-5311

Gymnastics Saskatchewan
Megan Bialowas
mbialowas@gymsask.com
(306) 780-9229

2025 PROVINCIALS

COACH & JUDGE SOCIAL





MAY 10, 2025

Double Tree Regina
Swift Current Room
7::00PM-11:00PM

THE GYM SASK BOARD AND STAFF

would like to thank you for all that you have contributed to our sport and to our athletes this year!

DRINKS

SNACKS

GYMNASTICS SASKATCHEWAN PROVINCIAL CHAMPIONSHIPS 2025

Regina Fieldhouse

DRAFT # 1: APRIL 3, 2025 – SUBJECT TO CHANGE

Last update April 3, 2025

Session	WAG	MAG	TG	RG
FRIDAY, MAY 9th				
Morning	Xcel Gold			
Morning	Xcel Gold			
Morning	Xcel Gold		Level 4+Prelims Tumbling	
Afternoon	Xcel Gold		Level 4+Prelims DMT	
Afternoon	Xcel Gold			
Afternoon	Xcel Gold		Level 4+Prelims TRA	
Evening	Xcel Platinum		Level 4+ Prelims Synchro	
SATURDAY, MAY 10th				
Morning	Xcel Platinum	P2, P3	Level 4+ Finals	Warm Up
Morning	Xcel Platinum & Diamond			
11:45AM WELCOME CEREMONIES – ALL DISCIPLINES – ALL ATHLETES WELCOME TO ATTEND				
Afternoon	CCP Level 8 - 10	P4, Provincial Open, National Open, Junior, Senior	Level 1-3 Prelims Tumbling	Level 1- National Day 1
			Level 1-3 Prelims DMT & TRA	
Evening	CCP 6 & 7		L1-3 Prelims Synchro	
GYM SASK SOCIAL – Coaches and Judges				
SUNDAY, MAY 11th				
Morning	CCP Level 4&5	P1	Level 1-3 Finals	Level 3 – National Day 2, Special O
Morning	CCP Level 3			
Morning	CCP Level 3			

PARTICIPANT WAIVER FORM

Club: _____

Name of Athlete: _____

Date of Birth (d/m/y): _____ Age (as of Dec 31, 2025):_____

Home phone: _____ Cell Phone: _____

Emergency Contact during event: _____ Phone: _____

In consideration of your acceptance of my entry, intending to be legally bound do hereby, for myself, my heirs, executors and administrators waive and release and forever discharge any and all rights and claims for damage which I may have or may hereafter accrue to me against **Gymnastics Saskatchewan** and/or **Queen City Gymnastics Club**, the organizers or their respective officers, agents, representatives and/or assigns for any and all damages which may be sustained and suffered by me in connection with my association with or entry in the above athletic meet or which may arise out of my travelling to or participating in and returning from said athletic meet.

Signature of Participant: _____ Date: _____

Signature of Parent / Guardian: _____ Date: _____

ALL CLUBS MUST ENSURE A COPY OF THIS WAIVER IS KEPT ON FILE FOR EACH PARTICIPANT.

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