



54TH ARTISTIC GYMNASTICS WORLD CHAMPIONSHIPS

WOMEN'S ARTISTIC GYMNASTICS

FINAL — JUNE 15, 2026

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1 INTRODUCTION

The purpose of this document is to set out the process and criteria that will be used by the Women's Artistic Gymnastics (WAG) Program of Gymnastics Canada to select athletes and coaches to the 54th Artistic Gymnastics World Championships with the goal of selecting the best possible gymnasts to help meet the objectives of the program.

The competition will take place in Rotterdam, NED from October 17-25, 2026.

1.1 OBJECTIVES

The process has been developed to identify athletes who will perform at the 54th Artistic Gymnastics World Championships. Additionally, they have demonstrated the ability to make a significant contribution towards the achievement of the following performance objectives:

- Qualify for Team Finals (top 8)
- Two individual finals, with medal capability

1.2 DELEGATION SIZE

Team Canada will submit a maximum of five (5) athletes and one (1) traveling alternate. The competition format is 5-4-3.

The Canadian WAG delegation for this competition will be composed of:

- Five (5) competing Athletes;
- Up to One (1) Traveling Reserve Athlete;
- Two (2) Team Coaches;
- Up to Three (3) Personal Coaches;
- Two (2) Team IST;
- One (1) Team Event Leader;
- One (1) Team Manager; and
- Up to two (2) judges as permitted by World Gymnastics (WGYM).

1.3 FINANCIAL CONSIDERATIONS

This competition will be fully funded.



1.4 KEY DATES

Event	Date	Location
Invitation to Worlds Selection Trials	Jun 5, 2026	
Worlds Selection Trials	Sep 10-13, 2026	INS
<i>Final Selection Date</i>	<i>Sep 14, 2026</i>	
Nominative Registration Deadline	Sep 17, 2026	
Nominative Registration Reopen	Sep 21-Oct 5, 2026	
<i>Departure from Canada</i>	<i>Oct 11, 2026</i>	
<i>Official Arrival Day of Delegations</i>	<i>Oct 12, 2026</i>	
<i>Qualifications</i>	<i>Oct 18-19, 2026</i>	
<i>Team Final</i>	<i>Oct 21, 2026</i>	
<i>AA Final</i>	<i>Oct 23, 2026</i>	
<i>Apparatus Finals</i>	<i>Oct 24-25, 2026</i>	
<i>Official Departure Date of Delegations</i>	<i>Oct 26, 2026</i>	

2 DECISION MAKING AUTHORITY

GymCan staff, in consultation with the Women's Program Committee (WPC), are responsible for developing and approving the selection process and procedures for this competition. The process incorporates feedback from athletes and coaches through a consultation period conducted prior to its final publication.

2.1 SELECTION WORKING GROUP (SWG)

The selection of the athletes and coaches will be the responsibility of the WAG Selection Working Group (SWG). The Working Group will be comprised of the:

- Women's Artistic Gymnastics Program Director or designate (Chair);
- GymCan Senior Director, High Performance
- Women's Program Committee appointed coach and judge representatives; and
- WAG Athlete Representative.

The SWG will consult with National Team Advisors (NTA) where technical expertise is required.

Any member of the SWG that has a direct relationship with the athletes and/or coaches being considered for selection will not be eligible for membership on the SWG due to conflict of interest. A suitable alternative representative will be selected from their represented group as a replacement or appointed if all are in conflict.

The WPC may choose to appoint one athlete, coach and/or one judge Observer to the process for developmental purposes.



2.2 DECISION MAKING ON SITE

GymCan will appoint a Team Event Leader to provide direction to the Canadian delegation at the competition. They will consult with Team and personal coaches but will ultimately have decision-making authority over the Canadian delegation.

For any situation requiring a medical opinion (injury or illness), the IST on site will provide their professional recommendation to the Team Event Leader, who will have ultimate decision-making authority to recommend the substitution or removal of an athlete.

3 ELIGIBILITY

3.1 ATHLETES

Athletes are eligible for selection to the Team, provided that they:

- i. Are born in the year 2010 or before;
- ii. are a Canadian citizen and have a passport that is valid until at least 6 months after the termination of the event in question;
- iii. are members of the National Team or on the Espoir identification list;
- iv. are members in good standing with GymCan and their respective PTO;
- v. possess a valid World Gymnastics license with an expiry date no earlier than the termination of the event in question;
- vi. have read, understood, and agree to be bound by the selection process, and they have signed and returned the commitment form by the stated date ([Section 11.0](#));
- vii. be compliant with vaccination requirements and policies of GymCan, World Gymnastics and the host country of the event (if applicable); and
- viii. complete all assigned tasks within the oneBADGE platform three (3) weeks prior to travel.

3.2 COACHES

Coaches are eligible for selection, provided that they:

- i. are a Canadian citizen and have a passport that is valid until at least 6 months after the termination of the event in question;
- ii. are members in good standing with GymCan and their respective PTO;
- iii. are the coach associated with one of the team athletes on a regular basis and coached them at either 2026 Elite Canada or the 2026 Canadian Championships;
- iv. have read, understood, and agree to be bound by the selection process, and they have signed and returned the commitment form ([Section 11.0](#));
- v. take part in all planned activities related to these events and in all GymCan promotional activities associated with these activities unless exempted by the WAG GymCan Staff;3.



- vi. are NCCP Competition 3 WAG Certified or have obtained an exemption from the GymCan Staff;
- vii. possess a valid World Gymnastics license with an expiry date no earlier than the termination of the event in question;
- viii. Compliance with vaccination requirements and policies of GymCan, the COC, World Gymnastics and the host country of the event (if applicable); and
- ix. complete all assigned tasks within the oneBADGE platform three (3) weeks prior to travel.

4 ATHLETE SELECTION FOR TRIALS

Athletes will be invited to the **Worlds Selection Trials** to be held September 10 to September 13, 2026, at the INS in Montreal, Quebec.

4.1 ELIGIBLE COMPETITIONS FOR TRIALS SELECTION

- Elite Canada 2026
- Canadian Championships 2026
- Any World Gymnastics (WGYM) sanctioned competition between January 1, 2026, and May 30, 2026, where the athlete was assigned by GymCan

4.2 INVITATION TO WORLDS SELECTION TRIALS

Athletes will be invited in the following order of priority:

- 1) The top six (6) ranked athletes in the All Around, using best All Around scores from the Eligible Competitions as per 4.1;
- 2) All athletes who represented Canada at the 2024 Olympic Games or 2025 World Championships, provided they compete on at least two apparatus at the 2026 Canadian Championships;
- 3) The top two (2) additional athletes with the highest UB scores from the Eligible Competitions as per 4.1;
- 4) In the event that fewer than 12 athletes have met the above criteria, additional athletes who have achieved a Tier 4 score at any Eligible Competition as per 4.1 will be ranked by:
 - a. the number of apparatus(es) they have achieved a tier 4 score on;
 - b. the amount by which the apparatus score(s) exceeded the tier 4 scores.
- 5) The SWG may add any additional athlete if it will be in the best interest of the team.

4.3 SELECTION TRIALS FORMAT & SCORING PROCESS

- Invited Senior athletes as per 4.1, 4.2 will compete in a 2-day Selection Trials format
- Each day of the trials will be treated as a separate competition for scoring purposes.



5 SELECTION FOR WORLD CHAMPIONSHIPS

5.1 ELIGIBLE COMPETITIONS FOR SELECTION TO WORLD CHAMPIONSHIPS

- Elite Canada 2026
- Canadian Championships 2026
- Any World Gymnastics (WGYM) sanctioned competition between January 1, 2026, and Worlds Selection Trials where the athlete was assigned by GymCan
- World Selection Trials day 1
- World Selection Trials day 2

5.2 SCORE CALCULATION FOR SELECTION PURPOSES

5.2.1 CALCULATED APPARATUS SCORES

- Each apparatus score will be calculated by averaging the athlete's highest two scores on that apparatus from the list of Eligible competitions in 5.1, including a minimum of one score on each apparatus from either day of Worlds Selection trials

5.2.2 CALCULATED ALL-AROUND SCORE

- The athlete's Calculated All-around score: will be calculated by adding together all 4 of their Calculated apparatus scores as per 5.2.1

5.2.3 EXTENUATING CIRCUMSTANCES CLAUSE

In the event of an extenuating circumstance such as illness or injury that prevents an athlete from achieving a calculated selection score representing their usual level of competition performance, the SWG may consider placing them on the selection list based on the following criteria:

- The SWG is not obligated to place any athlete on the team using the extenuating circumstances clause. SWG decisions will be guided by:
 - 1) athlete safety
 - 2) team and program goals
 - 3) fairness based on available objective data
- Evidence of extenuating circumstances including medical documentation must be provided to the satisfaction of the SWG, and meeting criteria outlined in section 5.7
- Athlete safety is prioritized, with return to training and competition cleared and monitored as outlined in section 5.7
- Verification processes and expected performance levels will be clearly defined upon selection



- If approved by the SWG, the athlete's placement on the selection list will be based on numerical performance data from actual competition results, and the SWG may consider events outside of the selection period and/or eligible competitions to compensate for the extenuating circumstance when calculating selection scores as per 5.2.1 and 5.2.2.

5.3 SELECTION PRIORITY FOR WORLD CHAMPIONSHIPS

Athletes will be selected in order of priority until the team of five (5) is complete:

- 1) All 2025 World Championship medalists, provided they achieve the following performance level at the World Selection Trials:
 - a. a Tier 2 apparatus score on the apparatus in which they medaled; and
 - b. a Tier 4 score on at least one additional apparatus.
- 2) Using the selection scores calculated as per 5.2, athletes will be prioritized for selection based on mathematical models of team scoring potential, selecting athletes who achieve calculated selection scores that contribute significantly to a Team score by having numerically counting scores in a modelled 5-4-3 Team lineup, while also ensuring there is a strong fourth score on each apparatus.
- 3) Should the team roster remain incomplete or undecided between athletes following the application of the above criteria, the SWG reserves the discretion to finalize team selection, taking into consideration overall team needs, including event coverage and team balance, to optimize medal potential.

5.4 RESERVE ATHLETES

Using the score calculations as per 5.2, a pool of three (3) reserve athletes will be selected as follows:

- 1) Top three (3) athletes ranked by their "Calculated All Around" score

From the pool of three (3) reserve athletes, the SWG will identify one (1) traveling reserve and two (2) non-traveling reserve athletes as follows:

- 1) One (1) traveling reserve athlete will be selected based on overall team needs, including event coverage and team balance, to optimize team performance potential
- 2) The remaining two athletes will be designated as non-traveling reserves. If a non-traveling reserve is required to travel, the SWG will re-convene to select the athlete that best fulfills the needs of the team;
- 3) The SWG reserves the discretion to finalize team selection, taking into consideration overall team needs, including event coverage and team balance, to optimize team performance potential.

The non-traveling reserve athletes will not have the status or privileges of a team athlete and will not travel with the team to the Championships. It is mandatory for these athletes to attend the team preparation activities.



5.5 ATHLETE VERIFICATION

Verification of athletes will be ongoing until the date of departure for the competition. Athletes and coaches will be notified in advance of verification requirements and will be provided with athlete-specific expectations. At the time of verification, the athlete must not be injured or ill in a manner that prevents the athlete from performing at the level expected of an athlete preparing for the competition.

The SWG will specify the verification requirements for each event in the applicable team nomination document.

5.6 ATHLETE NOMINATION AND SUBSTITUTION

Following athlete selection, the following conditions shall be met until the day of departure for the athlete to remain nominated to the team:

- i. the athlete remains eligible for selection;
- ii. the athlete remains healthy and able to compete;
- iii. the athlete has been successfully verified in accordance with the process and requirements described in [Section 4.4](#); and
- iv. the athlete remains able to perform at the level that warranted selection.

An athlete who is no longer eligible for selection shall be substituted by a reserve athlete.

The SWG may substitute an athlete up to the Nominative Registration deadline if:

- v. the athlete is unable to meet the previously communicated verification expectations; and/or
- vi. the athlete and/or coach fails to provide the required injury/illness information in accordance with [Section 5.7](#).

The SWG may retain an athlete on the team up to the Nominative Registration deadline where the athlete is managing a minor injury, provided that:

- vii. the athlete and coach have complied with the steps and timelines outlined in [Section 5.7](#); and
- viii. the Lead IST provides written confirmation that the athlete is expected to recover and be competition-ready prior to departure, at the level that warranted selection.

Failure to meet any of the above conditions, as assessed by GymCan staff, may result in the athlete being replaced by the non-travelling reserve. All substitutions under this section shall be determined by the SWG. Substitution shall occur using the reserve athlete list in rank order, provided the reserve athlete meets the applicable conditions outlined above.

If, based on the above, an athlete is unable to participate in the competition due to injury or other unforeseen circumstances, GymCan staff, in consultation with the athlete, Team Coach(es), Personal Coach(es), and on-site IST, shall determine whether a substitute or reserve athlete will replace the athlete. Where time permits and it is deemed beneficial to the team, changes may also be made to the official coaching staff.



All substitutions and nominations are subject to applicable event regulations and the requirements of World Gymnastics and/or the relevant continental federation (e.g., PAGU), including all registration and accreditation deadlines.

5.7 INJURIES OR ILLNESS

An athlete who sustains an injury or illness at any time following selection, which negatively impacts the quality of their training performances or any verification, shall provide GymCan Staff with an official medical report/certificate in accordance with the process below.

5.7.1 STEP 1: INITIAL NOTIFICATION

The athlete and the athlete's club Head Coach shall notify GymCan Staff by email within 24 hours of becoming aware of an injury or illness that may jeopardize the athlete's participation and/or the quality of performance at training, verification, camp, or competition. The email must provide the following information in writing:

- i. the date when the injury/illness occurred;
- ii. means taken to have the injury/illness evaluated by a physician or other specialist; and
- iii. date at which a written detailed report will be provided to GymCan.

GymCan will provide an acknowledgement or a read receipt in response.

5.7.2 STEP 2: MEDICAL DOCUMENTATION AND TRAINING PLAN

Within **five (5) days** of completing Step 1, the athlete and the athlete's club Head Coach shall submit the following typewritten documentation to GymCan Staff:

- i. a detailed description of the injury/illness, documented by a medical doctor (therapist notes will not be accepted), including whether the condition is new, overuse-related, or chronic;
- ii. the athlete's ability to pursue full training and/or compete (all apparatus/specific apparatus), as recommended by the physician or medical specialist;
- iii. recovery and rehabilitation measures;
- iv. recommendations regarding training progression and readiness to train and/or compete; and
- v. the expected date of return to partial training (specify) and full training.

The club Head Coach shall also provide a written training plan outlining the nature and volume of training the athlete is expected to complete each week for the four (4) weeks following the injury/illness (or a shorter period where required due to competition timelines).

GymCan reserves the right to require the athlete to be examined by a physician or medical specialist selected by GymCan, at the athlete's expense, and within timelines established by GymCan.



5.7.3 REPORTING REQUIREMENT

Athletes shall not arrive at a camp, verification, or competition with an unreported injury or illness, regardless of when the condition occurred. Where a condition is pre-existing, GymCan Staff shall be notified prior to travel.

Failure to report injuries or significant illnesses in accordance with this section may result in withdrawal of National Team status.

5.8 DETERMINATION OF THE COMPETITION ORDER

The determination of the apparatus each athlete will compete on, and the competition order for qualifications will be finalized, taking into consideration the information used for the selection of the athletes and the information gathered after the selection. These decisions may be made as late as the deadline for submission of the competition order to the Organizing Committee. Athletes should not expect to compete on any apparatus that they did not compete on during the selection process, unless it is in the best interest of the team.

Prior to travel, the National Team Advisors (NTA) shall consult with the Team Coach(es), and Personal Coach(es) when determining the start order.

Any modifications to apparatus assignments and/or the competition order required due to injury or illness after the team has arrived at the competition shall be made by the Team Leader, who shall inform GymCan Staff prior to submission of the competition order.

In accordance with World Gymnastics regulations, the order of competition on each apparatus shall be submitted no later than 24 hours prior to the start of the competition.

6 COACH SELECTION PROCESS

6.1 SELECTION

The SWG shall confirm the nomination of coaches at the same time as athlete selection. Coaches must meet the eligibility requirements set out in [Section 3.2](#). Where deemed necessary, at least one (1) female coach shall be named to the delegation.

Coach nomination and assignment shall be guided by the following principles:

- i. One (1) coach per athlete may be named;
- ii. Coach selections shall be made strategically for clubs with more than one (1) athlete selected. Only one (1) coach per club shall be named as a Team Coach; any additional coaches from the same club may be designated as Personal Coaches.
- iii. Team Coach selection, where applicable, shall take into consideration:
 - a. experience and performance in international competitions;



- b. knowledge of the WGYM Code of Points;
- c. ability to work effectively in a team environment and contribute to delegation cohesion;
- d. ability to identify and address issues related to competition floor management as they arise;
- e. ability and willingness to communicate openly and constructively with members of the delegation; and
- f. ability to manage stress and support delegation needs in high-pressure situations.

6.2 SUBSTITUTION OF A COACH

Substitution of a coach with another coach may take place if one of the following situations occurs:

- i. A coach no longer has an athlete on the team.
- ii. A coach is not meeting the expectations associated with the roles, responsibilities, and tasks of a coach as assessed by GymCan Staff.
- iii. A coach has missed scheduled activities - including meetings and related GymCan promotional activities during the preparation camps unless exempted by GymCan Staff.

Substitution is possible within the parameters set by the World Gymnastics and GymCan.

7 TEAM ANNOUNCEMENT & RESULTS COMMUNICATION

7.1 TEAM ANNOUNCEMENT

The official announcement of team selection shall be the responsibility of GymCan. Any internal verbal or written communication to athletes, coaches, or member associations regarding team selection shall be considered unofficial notice and shall not be distributed publicly. Official notice of team selection shall occur only when GymCan issues a formal public release announcing the selected team.

7.2 WEBSITE AND SOCIAL MEDIA RESULTS PUBLICATION

For all events, GymCan will publish top eight (8) finishes to both the results website and GymCan's social media channels following the official confirmation of competition results.



8 APPEALS AND MODIFICATION TO THE PROCESS

8.1 APPEAL PROCEDURE

Appeals against any decisions rendered under this Selection Process must be filed in accordance with [GymCan's Appeal Policy](#).

Notwithstanding the above, the parties may also agree to resolve the matter using the Early Resolution Facilitation services offered by the [Sport Dispute Resolution Centre of Canada](#) ("SDRCC").

Alternatively, GymCan and the Appellant may agree to bypass the internal appeal procedure and have the appeal heard directly before the SDRCC.

8.2 MODIFICATION TO THE PROCESS

The GymCan staff, in consultation with the SWG, reserves the right to amend this document to ensure the selection of the optimal delegation for the competition in the event of:

- i. A material change to the information provided by PAGU or World Gymnastics;
- ii. unforeseen circumstances beyond the control of GymCan; and / or
- iii. a circumstance which impacts any step of the selection process and prevents the SWG from applying the process as written in a fair and equitable manner.

In exercising this discretion, the SWG may take into consideration any factor it deems relevant.

Any amendments to this document must be endorsed by the GymCan Senior Director, High Performance (HPD) and shall be communicated directly to the coaches and athletes involved in the process. This clause shall not be used to justify amendments after a competition or trials that formed part of these Selection Criteria, except where required due to an unforeseen circumstance. This provision is intended to allow for amendments required to correct typographical errors or clarify definitions or wording prior to their impact on athlete selection.

9 DISCIPLINARY PROCEDURES

Failure to comply with World Gymnastics and/or GymCan rules, regulations, policies, or directives may result in corrective action and/or disciplinary sanctions, as determined by GymCan staff including Team Leads, Program Directors, HPD, Director of Safe Sport and/or the CEO (or designate). Sanctions may be applied before, during, and/or after the competition.

The nature and severity of the infraction will determine the sanction(s) imposed. GymCan will conduct a fair review and provide the respondent(s) with an opportunity to respond, where practicable.



Sanctions may include, but are not limited to: verbal or written warning/reprimand, restriction from team functions and/or activities, early return to Canada, suspension of international representation/participation on behalf of Canada, suspension of National Team benefits and services, and suspension of access to support funding and services (including athlete, coach and/or club funds, coach recognition funding, and international achievement coach recognition funding).

Any sanction imposed under this section may be appealed in accordance with GymCan's applicable appeal and dispute resolution policies. Where required due to event timelines, sanctions may be implemented pending the outcome of an appeal.

10 REVIEW MEETING

The WAG Program Director presented this document via Teams on Wednesday, May 13, 2026, at 8:00PM EST. A video link can be provided for those who were unable to attend.

11 COMMITMENT FORMS

[Athlete commitment forms](#) and [Coach commitment forms](#) must be both completed no later than midnight, Pacific Time, on June 30, 2026.

12 DOCUMENT TIMELINES

Version	Date	Change(s)
Draft 1.0	May 7, 2026	Circulated to the WPC for approval
Draft 2.0	May 13, 2026	Presented to NT Coaches via Teams
Draft 3.0	May 20, 2026	Updates based on coach and WPC feedback shared with NT Coaches
FINAL	June 24, 2026	Distributed to WAG National Team Mailing List



13 APPENDIX A: INDIVIDUAL APPARATUS INTERNATIONAL TIER SCORES

	Tier 1		Tier 2		Tier 3		Tier 4	
Vault D	6.4	5.0	5.4	5.0	5.2	4.6	5.0	4.6
Vault Score	15.800	14.200	14.166	14.033	14.000	13.800	13.766	13.600
Bars D	7.1	6.1	6.4	5.8	6.1	5.4	6.1	5.2
Bars Score	15.600	14.400	14.400	13.900	13.900	13.566	13.500	13.200
Beam D	6.6	5.6	6.4	5.4	6.1	5.4	6.1	5.0
Beam Score	14.866	13.766	13.733	13.500	13.466	13.266	13.233	12.866
Floor D	6.8	5.5	5.8	5.1	6.0	5.2	5.2	4.7
Floor Score	14.600	13.533	13.500	13.233	13.200	12.866	12.866	12.733

