


# 2027 CANADIAN PATHWAYS

## TRAMPOLINE GYMNASTICS

VERSION 4 – NOVEMBER 2, 2026

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# 1 INTRODUCTION

The TG Canadian Pathways are designed to help athletes progress in all TG disciplines: Trampoline, Synchronized Trampoline, Tumbling and Double Mini Trampoline.

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# 2 MOBILITY

Any athlete may enter the sport in levels 1-4. In order to register in a higher category, athletes must meet a mobility standard in the previous category. Once an athlete has competed in a level they ordinarily may not move down to a lower level. Petitions to enter the sport at a higher level or to move to a lower level must be made to GymCan via the athlete's Provincial TG Technical Committee.

## 2.1 MOBILITY OPPORTUNITIES

Athletes may mobilize at the following competitions, with Level 4 athletes being limited to the first 5 competitions they participate in each season

| Competition | Level 4 | Novice, Level 5 | Levels 6, 7, Junior, Senior |
|---|---|---|---|
| Provincial Cups (maximum 3) | ✓ | ✓ | ✓ |
| Provincial Championships | ✓ | ✓ | ✓ |
| Out-of-Province Cups (maximum 1) | ✓ | ✓ | ✓ |
| Western or Eastern Canadian Championships | ✓ | | |
| Elite Canada | | ✓ | ✓ |
| Canadian Championships | | ✓ | ✓ |
| International Events Recognized by GymCan | | ✓ | ✓ |

Provinces are responsible for providing GymCan with the list of athletes who have met mobility after each Provincial Cup. Not providing this information to GymCan will render the athlete not eligible to compete in the new category.

## 2.2 MOBILITY SCORES

The mobility requirements are detailed in the charts below, but may consist of a total score, a difficulty standards, and/or required skills. All of the mobility requirements for a level must be met at the same time. If any rules are changes or not followed, mobility will not be granted.

### 2.2.1 TRI

| | | | Women | | Men | | |
|---|---|---|---|---|---|---|---|
| From Level | To Level | Based On | Score | DD | Score | DD | Requirement |
| 4 | Novice | Prelim (including bonus) | 88.6 | 7.7 | 88.9 | 7.7 | Double Salto |
| 4 | 5 | Prelim (including bonus) | 89.2 | 7.7 | 89.2 | 7.7 | Double Salto |
| 5 | Junior or 6 | Prelim | 85.4 | 9.2 | 86.8 | 10.1 | – |
| Junior | 6 | By Age (17+) | – | – | – | – | – |
| Junior or 6 | 7 | 2nd Voluntary or Final | 48.8 | 10.8 | 50.8 | 12.3 | – |
| Junior | Senior | 2nd Voluntary or Final | 50.7 | 12.7 | 53.5 | 14.5 | – |
| 7 | Senior | Any Routine | | | | | – |

### 2.2.2 TUM

| | | | Women | | Men | | |
|---|---|---|---|---|---|---|---|
| From Level | To Level | Based On | Score | DD | Score | DD | Requirement |
| 4 | Novice | Prelim | 34.1 | 2.1 | 34.1 | 2.1 | Skill of 1.1 DD+ |
| 4 | L5 | Prelim | 34.9 | 2.1 | 34.9 | 2.1 | Skill of 1.1 DD+ |
| 5 | Junior or 6 | Prelim | 39.2 | 6.0 | 41.0 | 7.8 | Skill of 2.0 DD+ |
| Junior | 6 | By Age (17+) | – | – | – | – | – |
| Junior or 6 | Senior | Prelim | 41.5 | 7.5 | 43.6 | 10.6 | Double Salto in each Prelim Pass Men: Double Salto in Transition in One Prelim Pass |

### 2.2.3 DMT

| | | | Women | | Men | | |
|---|---|---|---|---|---|---|---|
| From Level | To Level | Based On | Score | DD | Score | DD | Requirement |
| 4 | Novice | Prelim | 41.4 | 5.4 | 41.4 | 5.4 | Double Salto |
| 4 | L5 | Prelim | 42.2 | 5.4 | 42.2 | 5.4 | Double Salto |
| 5 | Junior or 6 | Prelim or Final | 43.8 | 7.0 | 45.6 | 8.8 | – |
| Junior | 6 | By Age (17+) | – | – | – | – | – |
| Junior or 6 | Senior | Prelim or Final | 47.2 | 10.4 | 51.2 | 14.4 | – |

# 3 COMPETITION ELIGIBILITY

## 3.1 PROVINCIAL CHAMPIONSHIPS

1. Provinces may set qualification scores as desired

## 3.2 OUT OF PROVINCE CUPS

1. Athletes must inform GymCan before attending any out-of-province cups, and declare whether it will be the one counting for mobility.
   i. Host provinces must send results of visiting athletes directly to GymCan.

## 3.3 ELITE CANADA

1. Athletes must have met mobility for the category they wish to compete in.

## 3.4 CANADIAN CHAMPIONSHIPS

1. Athletes must have met the standards in the following chart for the category they wish to compete in within the competition season. An athlete who switches category (for example from L6 to L7) within the season does not need to re-qualify in the new category (does not need to re-qualify in L7 in this example). The only exception is the mobility from L4 to L5 (athletes need to qualify again once in L5).
2. Athletes who are on the current National Team, 2026 World Championship Team, and 2026 World Age Group Championships Team, automatically qualify for Canadian Championships for that event.
3. All athletes who are in the high-performance levels (Novice, Junior, and Senior) do not need to qualify to Canadian Championships
4. All athletes must attend one provincial cup or provincial championships. National Team members may submit petitions directly to GymCan.
5. Provinces may not set additional qualification scores to attend Canadian Championships but may set additional scores to receive provincial funding as desired.

## 3.5 INTERNATIONAL COMPETITIONS

1. FIG sanctioned events may only be attended by National Team members. See the National Team Selection Procedure for details on how to qualify.
2. GymCan may identify one international age group event per year for selected Age Group athletes.
3. Travel sanction to all other competitions will be managed by the provinces, but GymCan recommends the following standards:
   i. Athletes should be competing at National level competitions.
   ii. Athletes should have competed domestically in at least level 3 to attend events in the USA or level 5 to attend events in other countries.

## 3.6 QUALIFICATION STANDARDS

| Level | Gender | TRI | TRS | TUM | DMT | |
|---|---|---|---|---|---|---|
| **L5** | | 80.5 with 7.7 DD *compulsory + any optional from same competition* | 37.7 with 7.2 DD *Any routine* | 37.0 with requirements and 2.1 DD in each pass *Any round* | 42.2 with 5.4 DD and requirements *Any round* | **OR** mobilize to L6 or Junior (with or without switching level) |
| **L6** | **Women** | 81.0 with 9.2 DD *compulsory + any optional from same competition* | 39.6 with 8.5 *Any routine* | 39.2 with 6.0 DD and requirements *Any round* | 43.8 with 7.0 DD *Any round* | **OR** mobilize to L7 or Senior (with or without switching level) |
| | **Men** | 82.4 with 10.1 DD *compulsory + any optional from same competition* | 40.3 with 9.2 *Any routine* | 41.0 with 7.8 DD and requirements *Any round* | 45.6 with 8.8 DD *Any round* | |
| **L7** | **Women** | 47.2 with 10.8 DD *Any routine* | N/A | N/A | N/A | **OR** mobilize to Senior (with or without switching level) |
| | **Men** | 49.2 with 12.3 DD *Any routine* | | | | |
| **Novice Junior Senior** | | *No qualification* | *No qualification for Synchro if both athletes are Novice, Junior, or Senior* | *No qualification* | *No qualification* | |

# 4 GENERAL RULES FOR ALL EVENTS

1. The Canadian Pathways only lists additional rules or deviations from the World Gymnastics (WGYM) Code of Points. For complete rules this document should be read in conjunction with the WGYM Code of Points and the Canadian Competition Regulations.
2. Canadian tie breaking rules are published in the Canadian Competition Regulations, but provinces can add additional tie breaking rules for Levels 1-4 if desired.
3. Age splits for Level 1-7 may be set by the provinces based on registration numbers, with the exception of the Novice, Junior and Senior categories. Age splits for National events will use the values in the charts below and will be updated every year based on registration numbers from the previous season.
4. Age is determined by the participant's age as of December 31 of the competition year.
5. Canadian bonus values must be entered in a separate field, while WGYM bonus values are combined with DD. Elements must receive DD (not be a repetition) to be eligible for a bonus.
6. The penalty for a missing requirement is 2.0 per missed requirement (taken by the DD judges). Requirements may be combined into one element where applicable.

## 4.1 MINIMUM DD PENALTIES

1. Minimum DD is expected to be adhered to in Levels 1-4, although no penalty will be applied if it is not met.
2. There will be a penalty for Levels Novice, 5, 6, 7, Junior, and Senior for failing to meet minimum DD in a complete routine/pass. This penalty will be 0.1 per 0.1 below minimum DD, applied by the DD judges. On DMT/TUM, this penalty will be a maximum of 1.0, but on TRI/TRS there will be no maximum penalty.

# 5 COMPETITION FORMAT

Competitions will consist of the following routines in the preliminary and final rounds. Provinces may decide to hold finals at Provincial Cups and Provincial Championships as noted.

## 5.1 TRI

| Level | Round | Provincial Cups | Provincial Championships | National Events |
|---|---|---|---|---|
| 1, 2, 3, 4 | Preliminary | Compulsory + Voluntary | Compulsory + Voluntary | – |
| | Final | Voluntary (may be omitted) | Voluntary (recommended) | – |
| Novice, 5 | Preliminary | Voluntary 1 + Voluntary 2 | Voluntary 1 + Voluntary 2 | Voluntary 1 + Voluntary 2 |
| | Final | Voluntary (may be omitted) | Voluntary (recommended) | Voluntary |
| 6, Junior | Preliminary | Voluntary 1 + Voluntary 2 | Voluntary 1 + Voluntary 2 | Voluntary 1 + Voluntary 2 |
| | Final | Voluntary (recommended) | Voluntary (recommended) | Voluntary |
| 7, Senior | Preliminary | Best of 2 Voluntaries | Best of 2 Voluntaries | Best of 2 Voluntaries |
| | Final | Voluntary (recommended) | Voluntary (recommended) | Voluntary |

## 5.2 TRS

| Level | Round | Provincial Cups | Provincial Championships | National Events |
|---|---|---|---|---|
| 1, 2, 3, 4 | Preliminary | – | – | – |
| | Final | Voluntary | Voluntary | – |
| Novice, 5 | Preliminary | Voluntary | Voluntary | Voluntary |
| | Final | Voluntary (may be omitted) | Voluntary (recommended) | Voluntary |
| 6 | Preliminary | Voluntary | Voluntary | Voluntary |
| | Final | Voluntary (recommended) | Voluntary (recommended) | Voluntary |
| Senior | Preliminary | Best of 2 Voluntaries | Best of 2 Voluntaries | Best of 2 Voluntaries |
| | Final | Voluntary (recommended) | Voluntary (recommended) | Voluntary |

## 5.3 TUM

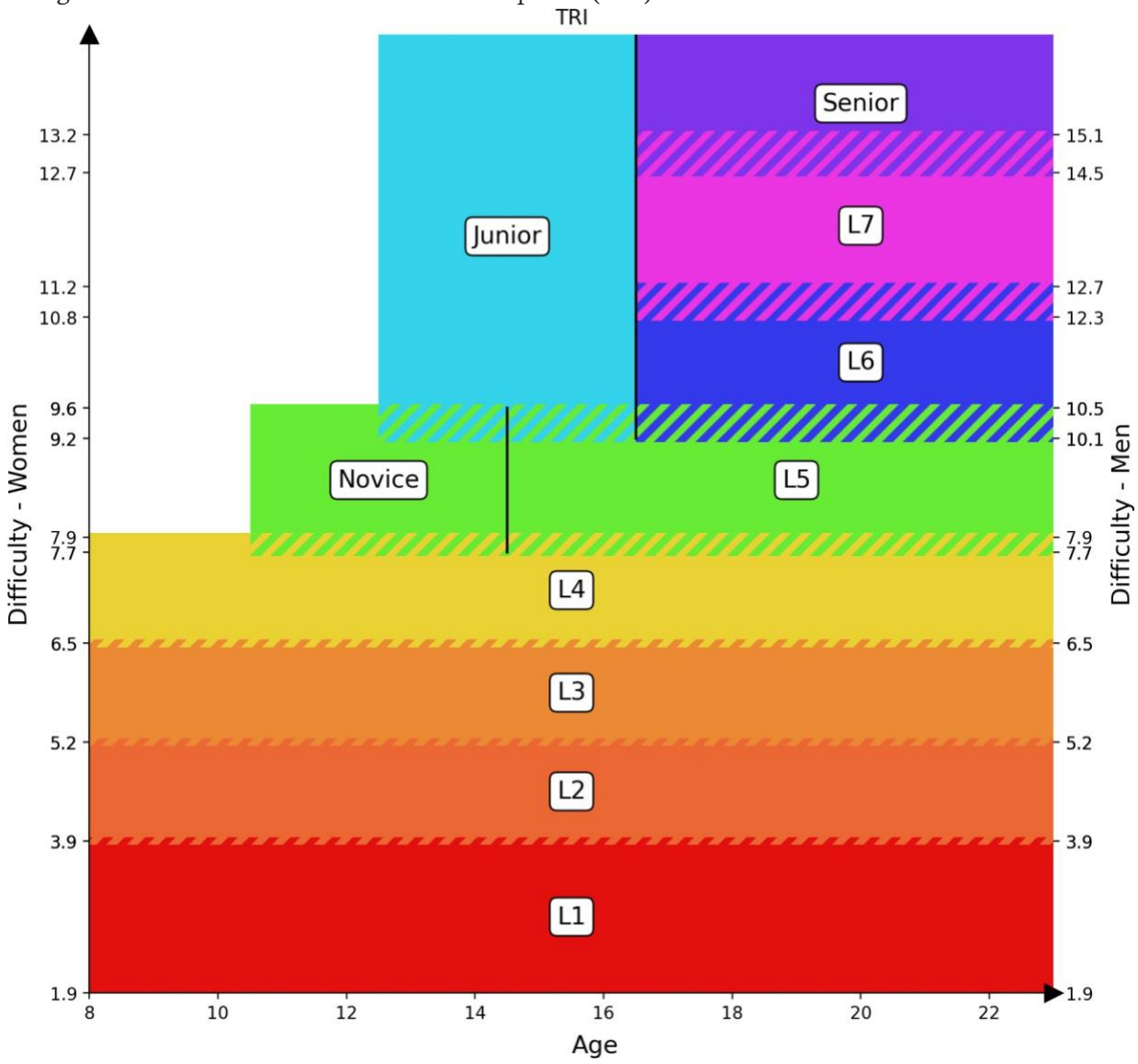
| Level | Round | Provincial Cups | Provincial Championships | National Events |
|---|---|---|---|---|
| 1, 2 | Preliminary | Compulsory (5) + Voluntary (5) | Compulsory (5) + Voluntary (5) | – |
| | Final | Voluntary (5) (may be omitted) | Voluntary (5) | – |
| 3, 4 | Preliminary | Compulsory (8) + Voluntary (8) | Compulsory (8) + Voluntary (8) | – |
| | Final | 1 Voluntary (3) | 2 Voluntaries (8+3) | – |
| Novice, 5 | Preliminary | 2 Voluntaries (8+8) | 2 Voluntaries (8+8) | 2 Voluntaries (8+8) |
| | Final | 1 Voluntary (3) | 2 Voluntaries (8+8) | 2 Voluntaries (8+8) |
| Junior, 6, Senior | Preliminary | 2 Voluntaries (8+8) | 2 Voluntaries (8+8) | 2 Voluntaries (8+8) |
| | Final | 2 Voluntaries (8+8) | 2 Voluntaries (8+8) | 2 Voluntaries (8+8) |

## 5.4 DMT

| Level | Round | Provincial Cups | Provincial Championships | National Events |
|---|---|---|---|---|
| 1, 2, 3 | Preliminary | 2 Passes | 2 Passes | – |
| | Final | 2 Passes (may be omitted) | 2 Passes | – |
| 4, Novice, 5, Junior, 6, Senior | Preliminary | 2 Passes | 2 Passes | 2 Passes |
| | Final | 2 Passes | 2 Passes | 2 Passes |

# 6 INDIVIDUAL TRAMPOLINE (TRI)

The general level structure for Individual Trampoline (TRI) is shown below:




## 6.1 GENERAL TRI RULES

1. Levels 1-4 have compulsory first routines, which must be performed as written. No DD will be given for these routines, and they will be considered interrupted if a different skill is performed.
2. Time of Flight (TOF) is part of all score calculations.
   i. Provinces may elect to reduce or eliminate TOF for levels 1-3 to compensate for large age ranges, however GymCan recommends instead to keep TOF as is and instead split the levels by age.

### 6.1.1 TRI LEVEL REQUIREMENTS

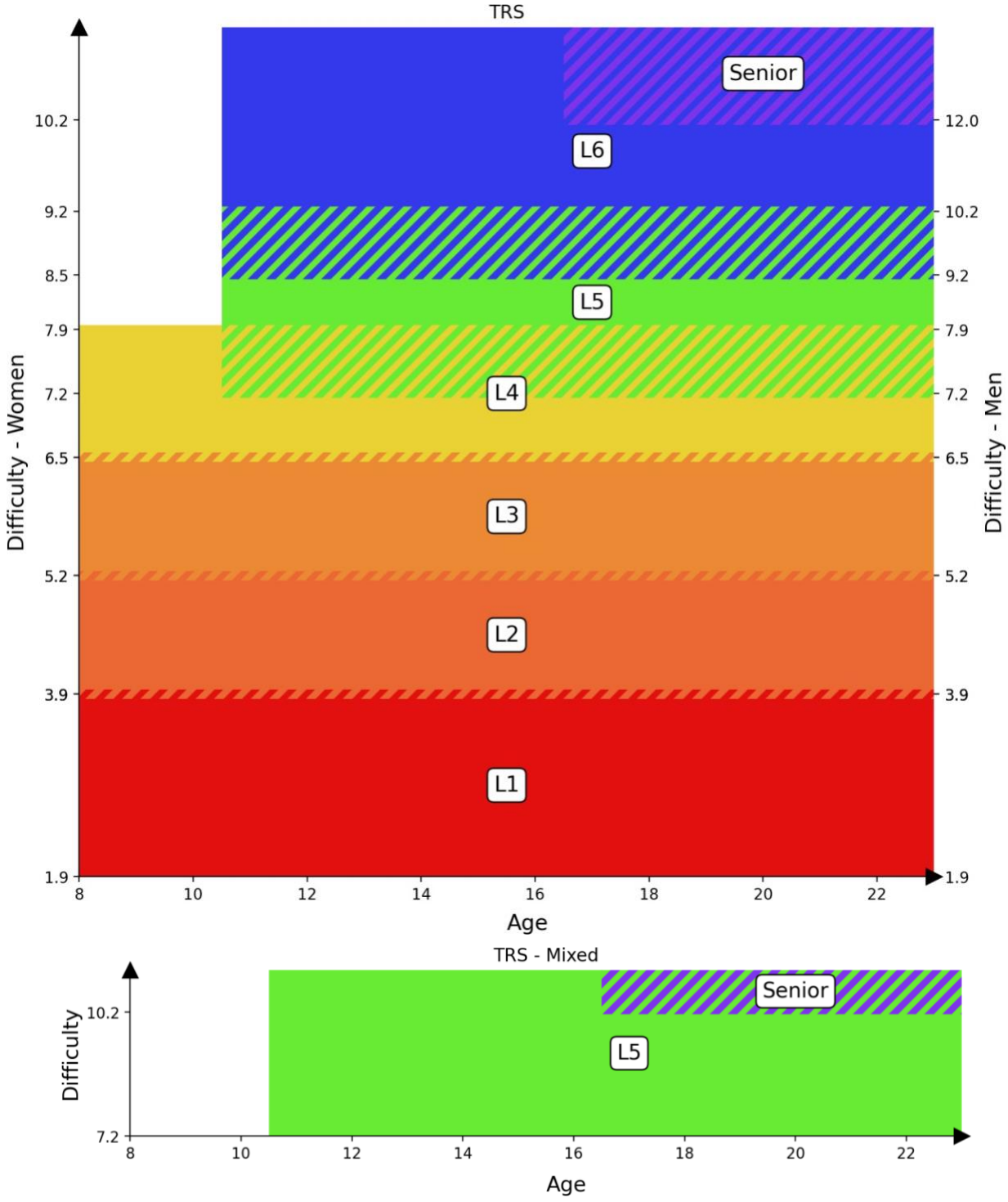
| | Level 1 | | Level 2 | | Level 3 | | Level 4 | |
|---|---|---|---|---|---|---|---|---|
| **Age Range** | 8+ | | 8+ | | 8+ | | 8+ | |
| **Preliminary Routine 1 (Compulsory)** | 4 – o | Back Tuck | 4 – / | Back Straight | 4 1 / | Barani Straight | – – o | Tuck Jump |
| | – – o | Tuck Jump | 4 – o | Back Tuck | 4 – < | Back Pike | 3 – / | ¾ Back Straight |
| | – – L | Seat Drop | 4 1 o | Barani Tuck | 4 – / | Back Straight | 5 – o | Cody Tuck |
| | – 1 L | ½ Twist To Seat | – – o | Tuck Jump | – – o | Tuck Jump | 4 – o | Back Tuck |
| | – 1 ↑ | ½ Twist To Feet | 4 1 < | Barani Pike | 4 1 o | Barani Tuck | 4 1 < | Barani Pike |
| | – – < | Pike Jump | 4 – < | Back Pike | 4 – o | Back Tuck | 4 – < | Back Pike |
| | 1 – F | Front Drop | – – L | Seat Drop | 4 1 < | Barani Pike | 4 – / | Back Straight |
| | 1 – ↑ | To Feet | – 1 ↑ | ½ Twist To Feet | – – < | Pike Jump | 4 1 / | Barani Straight |
| | – – v | Pike Straddle Jump | – – < | Pike Jump | 3 – | ¾ Front | 4 2 | Back Full |
| | 4 – < OR 4 1 o | Front Pike OR Barani Tuck | 4 1 / | Barani Straight | 5 1 o | Barani Ballout Tuck | 4 3 | Rudi |
| **Preliminary Routine 2 and Final Routine** | Voluntary routine of 10 elements<br>Bonus equal to the DD | | | | | | | |
| DD Range | 1.9 – 3.9 | | 3.9 – 5.2 | | 5.2 – 6.5 | | 6.5 – 7.9 | |

| | | Novice / Level 5 | Junior | Level 6 |
|---|---|---|---|---|
| **Age Range** | | 11+ | 13–16 | 17+ |
| **National Event Age Split** | | Novice (14U), 15-16, 17+ | – | – |
| **Preliminary Routine 1** | | Voluntary routine of 10 different elements with requirements These requirements must be performed as separate elements.<br>• 9 elements must contain at least 270˚ somersault<br>• One element landing on the front or back<br>• One element from the front or back<br>• One double somersault<br>• One element with minimum 540˚ twist and maximum 450˚ somersault<br>• No DD will be given | | |
| **Preliminary Routine 2** | | Voluntary routine of 10 elements with requirements:<br>• One element with at least 720˚ somersault | Voluntary routine of 10 elements | Voluntary routine of 10 elements |
| **Final Routine** | | Voluntary routine of 10 elements | | |
| **DD Range** | **Women** | 7.7 – 9.6 | 9.2+ | 9.2 – 11.2 |
| | **Men** | 7.7 – 10.5 | 10.1+ | 10.1 –12.7 |

| | | Level 7 | Senior |
|---|---|---|---|
| **Age Range** | | 17+ | 17+ |
| **National Event Age Split** | | – | – |
| **All Routines** | | 2 voluntary routines of 10 elements in Q1, best one counts. | |
| **DD Range** | **Women** | 10.8 – 13.2 | 12.7+ |
| | **Men** | 12.3 – 15.1 | 14.5+ |

# 7 SYNCRONIZED TRAMPOLINE (TRS)

The general level structure for Syncronized Trampoline (TRS) is shown below.



## 7.1 TRS LEVEL REQUIREMENTS

| | Level 1 | Level 2 | Level 3 | Level 4 |
|---|---|---|---|---|
| **Age Range** | 8+ | 8+ | 8+ | 8+ |
| **All Routines** | Voluntary routine of 10 elements<br>Bonus equal to the DD | | | |
| **DD Range** | 1.9 – 3.9 | 3.9 – 5.2 | 5.2 – 6.5 | 6.5 – 7.9 |

| | | Level 5 | Level 6 | Senior |
|---|---|---|---|---|
| **Age Range** | | 11+ | 11+ (Recommended 13+) | 17+ |
| **National Event Age Split** | | – | – | – |
| **Eligibility** | | • Both athletes must be Novice/Level 5 in TRI | • At least one athlete must be Level 6, 7, or Junior in TRI<br>• The other athlete can be Novice/Level 5, 6, 7, or Junior in TRI | • Both athletes must be Level 7 or Senior in TRI |
| **All Routines** | | 1 voluntary routine of 10 elements | 1 voluntary routine of 10 elements | 2 voluntary routines of 10 elements in Q1, best one counts. |
| **DD Range** | **Women** | 7.2 – 9.2 | 8.5+ | 10.2+ |
| | **Men** | 7.2 – 10.2 | 9.2+ | 12.0+ |

| | Mixed Level 5 | Mixed Senior |
|---|---|---|
| Age Range | 11+ | 17+ |
| National Event Age Split | – | – |
| Eligibility | • Neither athlete can be Senior in TRI<br>• Neither athlete can compete in any other TRS event | • Both athletes must be Senior in TRI<br>• Athletes may compete in both Mixed Senior and Senior TRS |
| All Routines | 1 voluntary routine of 10 elements | 2 voluntary routines of 10 elements in Q1, best one counts. |
| DD Range | 7.2+ | 10.2+ |

# 8 TUMBLING

## 8.1 GENERAL RULES

1. Levels 1-4 have compulsory first passes, which must be performed as written. No DD will be given for these routines, and they will be considered interrupted if a different skill is performed.
2. In pre level 1-4, the WGYM rule that any skill below shoulder height will be considered a whip back (TUM CoP §12.2) will apply with the exception that pre level 1-4 will be given credit for the salto they are attempting if the last skill is below shoulder height.
3. In Levels 2-4, end-skills are not permitted to be repeated between compulsory and optional passes.
4. Pre-Level 1 is an optional level for provinces to include in their competitive pathway. Its intention is to bridge the gap between developmental programming and provincial level tumbling. This level is accessible to clubs who may not have a rod floor.
5. In cases where a skill does not receive DD, as in a repeated element, it cannot meet the criteria of a Special Requirement and will result in a 2.0 penalty.
6. Total Bonus per pass cannot exceed 1.0 (all levels).

## 8.2 TUMBLING LEVEL REQUIREMENTS

| | Level Pre – 1 | Level 1 | Level 2 | Level 3 | Level 4 |
|---|---|---|---|---|---|
| **Age Range** | 8+ | 8+ | 8+ | 8+ | 8+ |
| **Compulsory Pass** | Power Hurdle | ( Round off | ( Round off ( Round off | ( Round off | ( Round off |
| | ( Round off | f Spring | ^ Whip f Spring | ^ Whip | ^ Whip |
| | f Spring | f Spring | f Spring ^ Whip | ^ Whip | ^ Whip |
| | f Spring | f Spring | f Spring f Spring | f Spring | ^ Whip |
| | Straight Jump | f Spring | -o Back Tuck -o Back Tuck | f Spring | f Spring |
| | Requirement: end with a Straight Jump | Requirement: end with a Straight Jump | **OR** | f Spring | f Spring |
| | | | | f Spring | f Spring |
| | | | | -o Back Tuck | -/ Back Straight |
| **Voluntary Pass 1** | Voluntary pass of 3 elements with requirements<br>• Run or Power Hurdle<br>• End with a salto or straight jump<br>• Maximum 1 salto<br>• No twisting skills | Voluntary pass of 5 elements with requirements<br>• End with a salto or straight jump<br>• Maximum 1 salto<br>• No twisting skills | Voluntary pass of 5 elements with requirements<br>• Minimum 1 salto<br>• Maximum 2 saltos<br>• Maximum element 0.9 DD<br>• Must end with a salto | Voluntary pass of 8 elements with requirements<br>• Minimum 3 saltos<br>• Maximum 4 saltos<br>• Maximum element 0.9 DD | Voluntary pass of 8 elements with requirements<br>• Minimum 4 saltos<br>• Maximum element 2.0 DD |
| **DD Range** | 0.3-0.7 | 0.5-1.0 | 1.0-1.4 | 1.5-1.9 | 1.7-2.5 |
| **Voluntary Pass 2 / Finals Pass** | – | – | – | Voluntary pass of 3 elements with requirements<br>• Minimum 1 salto<br>• Maximum element 1.3 DD<br>Repetitions are allowed | Voluntary pass of 3 elements with requirements<br>• Minimum 1 salto<br>• Maximum element 2.2 DD<br>Repetitions are allowed |
| **DD Range** | – | – | – | 1.1-1.5 | 1.3-2.2 |

| | Level Pre – 1 | Level 1 | Level 2 | Level 3 | Level 4 |
|---|---|---|---|---|---|
| **Penalties / Bonus** | • Bonus 0.5 for ending with a backwards salto<br>For each pass:<br>• One-foot landing will be judged as a 0.3 instability, not an interruption<br>• Straight Jump is judged as an element (execution – max 0.3) in addition to landing<br>• No deduction for landing on the track | • Bonus 0.5 for ending with a backwards salto<br>For each pass:<br>• One-foot landing will be judged as a 0.3 instability, not an interruption<br>• Straight Jump is judged as an element (execution – max 0.3) in addition to landing<br>• No deduction for landing on the track | • No deduction for landing on the track (each pass)<br>• Bonus 0.5 for competing max DD | • Bonus 0.5 for competing max DD (each pass) | • Bonus 0.5 for competing max DD (each pass) |

| | Novice / Level 5 (Provincial Cups) | Novice / Level 5 (Provincial Championships and National Events) | Junior |
|---|---|---|---|
| **Age Range** | 11+ | | 13-16 |
| **National Event Age Split** | 14U, 15-16, 17+ | | – |
| **Preliminary – 2 Passes** | Voluntary pass of 8 elements with requirements<br>• Element with 360˚ or more twist (one prelim pass)<br>Element of 1.1 DD+ (one prelim pass) | | Voluntary pass of 8 elements with requirements<br>• Element with 360˚ or more twist (one prelim pass)<br>• Double salto (one prelim pass) |
| **DD Range** **Women**<br>**Men** | 2.1-3.4<br>2.1-4.3 | | 3.0+<br>3.9+ |
| **Finals Pass 1** | Voluntary pass of 3 elements with requirements<br>• Element of 1.1 DD+ (one final pass) | Voluntary pass of 8 elements with requirements<br>• Element of 1.1 DD+ (one final pass) | Voluntary pass of 8 elements |
| **DD Range** **Women**<br>**Men** | 2.1-3.4<br>2.1-4.3 | | |
| **Finals Pass 2** | N/A | Voluntary pass of 8 elements with requirements<br>• Element of 1.1 DD+ (one final pass) | |
| **DD Range** **Women**<br>**Men** | 1.3-2.6<br>1.3-2.6 | 2.1-3.4<br>2.1-4.3 | 3.0+<br>3.9+ |
| **Bonuses** | Bonus 0.5 for a double salto (all four passes) | | • Bonus 0.5 for double salto in transition (all four passes)<br>• Bonus 0.5 for elements 2.4 DD+ (all four passes) |

| | | Level 6 | Senior |
|---|---|---|---|
| **Age Range** | | 17+ | 17+ |
| **National Event Age Split** | | – | – |
| **Preliminary – 2 Passes** | | Voluntary pass of 8 elements with requirements<br>• Element with 360˚ or more twist (one prelim pass)<br>• Double salto (one prelim pass) | Voluntary pass of 8 elements with requirements<br>• Women: double salto in both prelim passes<br>• Men: double in transition in one prelim pass |
| **DD Range** | **Women**<br>**Men** | 3.0+<br>3.9+ | 3.6+<br>5.3+ |
| **Finals – 2 Passes** | | Voluntary pass of 8 elements | Voluntary pass of 8 elements |
| **DD Range** | **Women**<br>**Men** | 3.0+<br>3.9+ | 3.6+<br>5.3+ |
| **Bonuses** | | • Bonus 0.5 for double salto in transition<br>• Bonus 0.5 for elements 2.4 DD+ | |

# 9 DOUBLE MINI TRAMPOLINE (DMT)

## 9.1 GENERAL RULES

1. WGYM Repetition rules will only be used for Levels 6, Junior, and Senior. Levels 1-Novice/5 will use Zone Repetition rules, previously used in the 2017-2020 FIG Code of Points.
2. Level 1 – Novice, 5 Zone Repetition Rules:
   i. No skill from any pass (Preliminary and Finals combined) can be repeated in a zone it has already been competed in.
   ii. Skills may be repeated if they are in different zones (mount, spotter, or dismount).
3. Junior, L6 and Senior WGYM Repetition Rules:
   i. In a round (Preliminary or Finals), the same skill cannot be repeated regardless of zone on the DMT (4 unique skills must be competed).
   ii. Skills may be repeated if they are in different rounds.

## 9.2 DMT LEVEL REQUIREMENTS

| | Level 1 | Level 2 | Level 3 | Level 4 |
|---|---|---|---|---|
| **Age Range** | 8+ | 8+ | 8+ | 8+ |
| **Repetition Rules** | Zone Repetition | Zone Repetition | Zone Repetition | Zone Repetition |
| **All Passes** | Voluntary pass of 2 elements with requirements<br>• Element of 0.5 DD+ (each pass) | Voluntary pass of 2 elements with requirements<br>• Element of 0.7 DD+ (each pass)<br>• Two saltos (one prelim and one final pass) | Voluntary pass of 2 elements with requirements<br>• Element of 0.9 DD+ (one prelim and one final pass)<br>• Two saltos or one double (each pass) | Voluntary pass of 2 elements with requirements<br>• Element of 0.9 DD+ (each pass)<br>• Two saltos or one double (each pass) |
| **DD Range** | 0.5 – 0.8 | 0.8 – 1.3 | 1.3 – 2.2 | 1.8 – 3.1 |
| **Bonus** | – | Bonus 0.5 for barani mount (each pass) | – | – |

| Novice / Level 5 | | |
|---|---|---|
| **Age Range** | | 11+ |
| **National Event Age Split** | | 14-, 15-16, 17+ |
| **Repetition Rules** | | Zone Repetition |
| **Preliminary – 2 Passes** | | Voluntary pass of 2 elements with requirements<br>• Element of 2.0 DD+ (one prelim pass)<br>Every element must have at least 360˚ somersault or will be considered an interruption |
| **Finals – 2 Passes** | | Voluntary pass of 2 elements with requirements<br>• Element of 1.2 DD+ (each pass)<br>Every element must have at least 360˚ somersault or will be considered an interruption |
| **DD Range** | **Women**<br>**Men** | 2.1 – 4.4<br>2.1 – 4.8 |

| | Junior | Level 6 | Senior |
|---|---|---|---|
| **Age Range** | 13-16 | 17+ | 17+ |
| **National Event Age Split** | – | – | – |
| **Repetition Rules** | WGYM Repetition | WGYM Repetition | WGYM Repetition |
| **All Passes** | Voluntary pass of 2 elements with requirements<br>• One double salto (each pass) Every element must have at least 360˚ somersault or will be considered an interruption | Voluntary pass of 2 elements with requirements<br>• One double salto (each pass) Every element must have at least 360˚ somersault or will be considered an interruption | Voluntary pass of 2 elements Every element must have at least 360˚ somersault or will be considered an interruption |
| **DD Range** **Women**<br>**Men** | 3.5+<br>4.4+ | 3.5+<br>4.4+ | 5.2+<br>7.2+ |
| **Bonuses** | • Women : bonus 0.5 for 8-1< mount (each pass) | | |

# 10 DOCUMENT TIMELINES

| Version | Date | Change(s) |
|---|---|---|
| Draft 1.0 | August 20, 2026 | EN Draft circulated to Technical Committee |
| Final 2.0 | September 20, 2026 | EN presented to TG community |
| Final 3.0 | October 15, 2026 | EN Draft with updates |
| Final 4.0 | October 25, 2026 | EN Draft with TUM updates |
| Final 5.0 | November 2, 2026 | EN and FR Final versions |