



**ACROBATIC GYMNASTICS
2026 NATIONAL TEAM SELECTION PROCESS**

FEB, 2026



IMPORTANT DATES

Date	Event	Location	Eligibility
May 21-24	Canadian Championships	Oshawa, ON	Acro, L7 – Senior; Qualified
May 25-28	Training Camp	Oakville Gymnastics	Acro – All FIG Levels
June 12-14	World Cup	Rzeszow, POL	Senior NT Acro
June 23-27	Acro Virtual Trials	Virtual (Clubs)	All FIG levels
June 28 th	Acro Virtual Trials – Judging	Virtual	All FIG levels
July 10 th	Naming of the National Team	Virtual	Junior and Senior
July 10 th	Naming of the World Age Group	Virtual	Pre-Youth, Youth, Junior
September 14-17	Acro Worlds Pre-Departure Camp	Oakville, ON	Camp for WAGCS Team
September 17-21	Acro World Age Group Championships	Pesaro, Italy	Qualified WAGCS Athletes
September 24-27	Acro World Championships	Pesaro, Italy	Senior NT Athletes

NOTE: GymCan Age Group Opportunities (World Age Group and Junior Championships) will have a separate document for Selection. World Championships will also have a separate selection document. Selection events for World Championships and WAGC will be Canadian Championships as well as the Virtual Selection Event.

SELECTION PROCEDURE

1. GENERAL ELIGIBILITY

Units competing in the Senior, Junior (13-19) categories will appear on the ranking list. Only units on the National Team Ranking List are:

- Eligible to be named to the Junior and Senior National Teams.
- Participate as a Canadian Team Member in FIG World Cups, World Championships or other Junior and Senior FIG sanctioned events.

In some exceptional cases, units who are not members of the National Team may be invited to participate in World Cups or any other international events by the World Games Program Manager (PM) and World Games National Team Advisor (NTA) in consultation with the Acro Technical Committee.



2. NATIONAL TEAM SIZE

The National Team will consist of the maximum number of units on the National Ranking List for the following categories:

Unit	Senior	Junior (13-19)
WP	2	2
WG	2	2
MP	2	2
MG	2	2
MxP	2	2

*only traveling senior, junior national team units will receive attire.

**all teams are entirely self-funded.

3. NATIONAL TEAM RANKING LIST CALCULATION

All units will have a ranking score calculated using the following calculation.

Of the most two (2) recent targeted domestic trials, defined as National Team Trials:

The sum of:
A. the best total qualification score
B. Of any of the two (2) National Team Trials, the best score from the finals (combined routine).

For 2026, the National Team Trials are: **(participation in both events is required to be named to a National Team)**

- Canadian Championships, ON - May, 2026
- Virtual Trial (Trial for Worlds and World Age Group Championships), June, 2026

4. NATIONAL TEAM TRIAL SCORE SUBSTITUTION

In calculating the National Team ranking standards, units will be allowed to use an international score from any *valid international competition approved by GymCan within (twelve [12] months) to replace part of a National Team Trial score.

Units may substitute a maximum of one (1) score from the following:

- Total Qualification score - Finals (Combined routine) score

*Valid International events are listed at the top of this document under Important Dates.



For the current year, the Acrobatics National Team will be named after the Virtual Trial (July 10th, 2026). For selection to international events (World Cups, World Championships, World Games, and other international events), the National Team Ranking List will be updated to reflect international scores within 12 months of the entry deadline for that event.

5. NATIONAL TEAM RANKING LIST SORTING

For each event and category, units will be listed and sorted by:

- Difficulty requirement met; meaning the minimum difficulty standard has been achieved;
- Total score by descending order.
- There will be columns to check whether the minimum difficulty, minimum National Team Standard and World Championships Team Standard have been met. Partnerships who have the appropriate check marks for an event will be selected before those who have missing requirements. There is no guarantee that partnerships with missing requirements will be asked to fill incomplete teams.

**** Meeting only the degree for difficulty requirement will not qualify a partnership for a ranking.**

6. NATIONAL TEAM RANKING LIST: TIE-BREAKING

The following procedure will be used to break a tie in the total ranking score:

1. The ranking score will be re-calculated after removing any substitution of international scores;
2. If there is still a tie, then the unit with the highest qualification (preliminary) round score in any of the two (2) National Team Trials of the current ranking period shall be ranked higher;
3. If there is still a tie, then the unit with the highest execution score for any single routine in either Qualification or Finals in any of the two (2) trials of the current ranking period shall be ranked higher.

7. NATIONAL TEAM RANKING: LIST TRACKING

Gymnastics Canada will track rankings for the units in the following categories:

- A. Senior
- B. Junior (13-19)

Units will be added to the National Team ranking list or updated to a new category as follows:

- **Senior:** after competing Senior at a domestic National Team Trial. They will carry forward scores from Junior (13-19) from the last two (2) domestic National Team Trials or the most recent Identified International Event



8. NATIONAL TEAM RANKING LIST: SCORE REQUIREMENTS

The National Team Ranking List will consist of each unit who has met the National Team score or higher standard and corresponding difficulty in at least one of the last two (2) National Team Trials or designated International Event (National Team score and difficulty standard are required to be achieved in the same competition).

2026 Senior Qualifying Standards

	STANDARD
National Team	51.00/2.1
Worlds Team	52.00/2.2

2026 Junior Qualifying Standards

	STANDARD
National Team	51.00/1.6
Worlds Team	52.00/1.7

****All standards are Balance + Dynamic (total score and total difficulty)**

Units can achieve the minimum difficulty and score at valid international events listed at the top of this document under Important Dates.

To ensure full participation or to gain experience at an event, exceptions may be granted to units who are not members of the National Team, who may be asked by the World Games Program Manager (PM) and World Games National Team Advisor (NTA), in consultation with the Acrobatics Technical Committee to participate at any other international events.

9. INJURY SCORES FOR NATIONAL TEAM TRIALS

For all illnesses, injuries or pregnancy preventing a unit taking part in one of the National Team Trials, a substitute score will be created for the missed competition. The score for each routine will be 90% of the score from the most recent National Team trial, averaging the unit's score from the previous two (2) National Team Trials.

If a unit is injured in warm up or competition the unit will receive an injury score for any missed rounds of competition at that event.

In order to receive an injury score, notification in writing from a doctor is required, prior to the competition. If a withdrawal due to illness or injury occurs during a National Team Trial, it must be supported by an assessment of a Gymnastics Canada National Team Athletic Therapist or Team Doctor on-site for a unit to receive an injury score. Missing a competition or Trials because of school or work does not constitute a valid reason to obtain an injury score.

If a unit is ranked on National team, but the team ranking requirements (qualification score and difficulty) have only been met by injury scores, they must attain these standards again at a National Team Trial or valid international event or be selected by the World Games Program Manager (PM) with the National Team Advisor (NTA) in conjunction with the Acrobatics Technical Committee, before representing Canada at an International event.



10. NATIONAL TEAM AGREEMENT AND MONITORING

A contract will be signed by all athletes and coaches wishing to take part in the National Team Program. This will include full commitment to the program regarding various aspects such as training on apparatus, conditioning, on-going monitoring, participation in training camps and other activities, dress code, and injury reporting, as well as other identified clauses.

For all disciplines, on-going monitoring, reporting of training, and video verification will be used as a tool to follow progression, to understand reality of training, to perform correlation between training and training camp or competition performances. This will be a communication tool for the Discipline Advisors to better assist each unit. Repeated failure to submit monitoring, the submission of false training logs, and lack of competition readiness can lead to sanctions such as non-selection to events or removal from the National Team.

11. WORLD CUP SELECTION

Selection and nomination to a World Cup event will be based on the most recent National Team Ranking list 8 weeks prior to the event.

12. WORLD CHAMPIONSHIP TEAM SELECTION

Units who have met the Worlds Team Standard are eligible to be selected to the World Championship Team.

Please refer the World Championships Selection Document for further details.

General Principles: The established criteria above, shall be used to select the Canadian World Championships Team with the following stipulations:

- A. At the time of nominative entry, the team will be named based on the ranking list.
The top two (2) units will be named to compete and the third (3rd) ranked unit will be named as the alternate.
- B. The World Team Training/Selection camp is mandatory for units ranked one to three to be named to the World Championships Team. Exceptions can be granted based on approval of the WG Program Manager (PM) and NTA in conjunction with the Acrobatics Technical Committee for extenuating circumstances.
- C. The top three (3) ranked units will be invited and expected to take part in preparatory activities and/or competitions ahead of the World Championships.
- D. The units ranked third (3rd) will be non-travelling alternates to the World Championships and should be prepared to compete only if the units ranked first (1st) through second (2nd) are unable to compete with proper readiness due to injury, illness or lack of preparation (See Section 10). It is the expectation that the unit is to be prepared to compete, even up to the last training prior to departure for the World Championships. It is the expectation that the alternate unit must be prepared to compete. Alternates could be called to compete up to ten (10) business days prior to team departure. After this time, the unit will not be replaced.



2026 ACRO NT SELECTION PROCESS

Event Participation

Gymnastics Canada may be required, in the best interests of athlete, athlete entourage and staff safety, to not travel to and participate in events indicated in this document, even in circumstances when the event may proceed as planned. Any such decisions will be made in consultation with relevant experts, including medical and public health safety experts, and will be communicated to all impacted individuals as soon as possible. In such circumstances, Gymnastics Canada will determine if alternate events may be attended as a substitute for the event that Gymnastics Canada has decided not to participate in and, if so, will modify this document accordingly, and inform all impacted individuals as soon as possible.

However, depending on the circumstances, athlete, athlete entourage and staff safety may be prioritized based on the advice of medical and public health safety experts.

Gymnastics Canada recognizes that athletes, athlete entourage and staff may, for safety reasons may also decide not to travel to and participate in events indicated in this document, even in circumstances when the event may proceed as planned, and even when Gymnastics Canada has decided that it will travel to and participate in the event because it has decided, following consultation with medical and public health safety experts, that it is safe to do so.

In such circumstances, athletes will be responsible for any impact that their decision may have on their World Championships Qualification.