805 Connects Activity Reminder

Event: 805 Connects $100 90-Day Fitness Challenge/Nutritional Class & Recovery

This activity uses 3 authorized hours with 805 Connects

Date: November 19th, 2026

Time: 4:45pm-7:45pm

Location: 805 Connects Office
1317 Del Norte Rd. Suite #150, Camarillo CA

Description:

Join 805 Connects in its first ever 90-Day Fitness Challenge! Join us to get an official body fat analysis during our first meeting and Thursday's we will be meeting for guided workouts and wellness lessons on a variety of topics.

How to Prepare:

Wear gym clothes, gym shoes and bring a water

Pick up details for the day of the event:

- Pick-up time is 45 minutes before activity start time.
- An activity coach will call you during pick-up.
- Please be prepared, answer your phone, and be patient so we know you are still attending.