



2026 XXIII COMMONWEALTH GAMES CRITERIA

WOMEN'S ARTISTIC GYMNASTICS

VERSION 1.0 - APRIL 24, 2026

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1 INTRODUCTION

The purpose of this document is to set out the process and criteria that will be used by the Women's Artistic Gymnastics (WAG) Program of Gymnastics Canada to select athletes and coaches to events in the XXIII Commonwealth Games 2026 – July 23-August 2, 2026 – Glasgow SCO with the goal of selecting the best possible gymnasts to help meet the objectives of the program.

1.1 OBJECTIVES

The selection process is designed to identify athletes who will derive targeted performance benefit from participation in a major multisport games environment at the XXIII Commonwealth Games in 2026. Specific criteria have been established to recognize performance leadership within the team, while prioritizing athletes who have not previously participated in a major multisport games.

For selected athletes, the Commonwealth Games will serve as a strategic preparation opportunity for the 2026 World Championships. Following team nomination, specific performance objectives will be established in collaboration with athletes and coaches to ensure alignment with individual performance targets and the program's high-performance priorities.

1.2 DELEGATION SIZE

Team Canada has been allocated a maximum number of athletes in the delegation of five (5) from Commonwealth Sport Canada. The competition format is 5-4-3.

The Canadian WAG delegation for this competition will be composed of:

- Five (5) competing Athletes;
- Two (2) Team Coaches, one must be a female;
- One (1) Therapist;
- One (1) Team Leader;
- One (1) Personal Coach, pending a second therapist allocation.

Note: Judges (ITOs) will be assigned by the Games officials.

Note that the Team Leader and Personal Coach will not be housed in the Athlete Village accommodations.

1.3 FINANCIAL CONSIDERATIONS

This competition will be fully funded.



1.4 KEY DATES

Date	Event	Location
Canadian Championships	May 25-29, 2026	Oshawa ON
Final Selection Date	May 31, 2026	
<i>Nominative deadline</i>	<i>June 23, 2026</i>	
Preparation Camp	July 18-19, 2026	INS Montreal QC
<i>Departure from Canada</i>	<i>July 19, 2026</i>	
WAG Podium Training	July 23, 2026	Glasgow SCO
Team Final & Individual Qualification	July 25, 2026	
All-Around Finals	July 26, 2026	
VT and UB Finals	July 27, 2026	
BB and FX Finals	July 28, 2026	
<i>Return to Canada</i>	<i>July 30, 2026</i>	

2 DECISION MAKING AUTHORITY

GymCan staff, in consultation with the Women’s Program Committee (WPC), are responsible for developing and approving the selection process and procedures for this competition. The process incorporates feedback from athletes and coaches through a consultation period conducted prior to its final publication.

2.1 SELECTION WORKING GROUP

The selection of the athletes and coaches will be the responsibility of the WAG Selection Working Group (SWG). The Working Group will be comprised of the:

- Women’s Artistic Gymnastics Program Director or designate (Chair);
- GymCan Senior Director, High Performance
- Women’s Program Committee appointed coach and judge representatives; and
- WAG Athlete Representative.

The SWG will consult with National Team Advisors (NTA) where technical expertise is required.

Any member of the SWG that has a direct relationship with the athletes and/or coaches being considered for selection will not be eligible for membership on the SWG due to conflict of interest. A suitable alternative representative will be selected from their represented group as a replacement or appointed if all are in conflict.

The WPC may choose to appoint one athlete, coach and/or one judge Observer to the process for developmental purposes.



2.2 DECISION MAKING ON SITE

GymCan will appoint a Team Event Leader to provide direction to the Canadian delegation at the competition. They will consult with Team and personal coaches but will ultimately have decision-making authority over the Canadian delegation.

For any situation requiring a medical opinion (injury or illness), the IST on site will provide their professional recommendation to the Team Event Leader, who will have ultimate decision-making authority to recommend the substitution or removal of an athlete.

3 ELIGIBILITY

3.1 ATHLETES

Athletes are eligible for selection to the Team provided that they:

- i. Are born in the year 2010 or before;
- ii. Have fulfilled all requirements established by Commonwealth Sport Canada to maintain eligibility for inclusion on the long list;
- iii. are a Canadian citizen and have a passport that is valid until at least 6 months after the termination of the event in question;
- iv. are members of the National Team or on the Espoir identification list;
- v. are members in good standing with GymCan and their respective PTO;
- vi. possess a valid World Gymnastics license with an expiry date no earlier than the termination of the event in question;
- vii. have read, understood, and agree to be bound by the selection process, and they have signed and returned the commitment form by the stated date ([Section 11.0](#)); and
- viii. complete all assigned tasks within the oneBADGE platform three (3) weeks prior to travel.

3.2 COACHES

Coaches are eligible for selection provided that they:

- i. Have fulfilled all requirements established by Commonwealth Sport Canada to maintain eligibility for inclusion on the long list;
- ii. are a Canadian citizen and have a passport that is valid until at least 6 months after the termination of the event in question;
- iii. are members in good standing with GymCan and their respective PTO;
- iv. are the coach associated with one of the team athletes on a regular basis and coached them at either 2026 Elite Canada or the 2026 Canadian Championships;
- v. have read, understood, and agree to be bound by the selection process, and they have signed and returned the commitment form ([Section 11.0](#));



- vi. take part in all planned activities related to these events and in all GymCan promotional activities associated with these activities unless exempted by the WAG GymCan Staff;
- vii. are NCCP Competition 3 WAG Certified or have obtained an exemption from the GymCan Staff;
- viii. possess a valid World Gymnastics license with an expiry date no earlier than the termination of the event in question; and
- ix. complete all assigned tasks within the oneBADGE platform three (3) weeks prior to travel.

4 ATHLETE SELECTION PROCESS

4.1 SELECTION CRITERIA

The team will be selected in order of priority until the team of five (5) athletes is filled:

4.1.1 PERFORMANCE LEADERSHIP POSITIONS

- 1) Athletes who qualified for event finals at the 2025 World Championships, provided they demonstrate readiness to compete at an equivalent level by achieving one of the following performance standards between February 1 and May 31, 2026:
 - a. A score equivalent to at least 98% of the ~~qualification score of the~~ 8th place ~~finalist~~ **qualification score** at the 2025 World Championship, on the **event on which they achieved the final**; or
 - b. A Tier II score on any event.
- 2) Athletes who achieve an All-Around score of 54.0 or higher between February 1 and May 31, 2026. Athletes will be ranked based on their highest All-Around score attained within this period.

4.1.2 DEVELOPMENT FOR A MAJOR MULTISPORT GAMES EXPERIENCE:

- 3) The top two (2) All-Around finishers, based on the combined results over two (2) days at the Canadian Championships, born between 2008 and 2010, who have not already been selected to the team, will be nominated.
- 4) The team will be finalized in rank order from among all eligible athletes who have not previously participated in a major multisport games (Commonwealth Games, Senior Pan American Games, or Olympic Games). Rank order will be determined by evaluating all eligible athletes who have achieved an internationally competitive score at a designated eligible competition, defined as follows:

Eligible Competitions include:

- Elite Canada;
- The Canadian Championships; and
- any FIG Sanctioned competition where the athlete was 'assigned' or 'authorized'.



The Reference Scores are defined by the Gold Medal Profile Tiers in [Appendix A](#).

Score Calculation Method

Athlete scores will be calculated as follows:

- On VT(1), UB, FX – the average of their two (2) best scores from two (2) eligible competitions (not two days of the same competition).
- On BB – the average of their three (3) best scores from two (2) eligible competitions. *Given the increased performance variability on BB, three (3) scores are used to support a fair and consistent ranking outcome.*

Ranking Methodology

The score will be placed in a Tier (i.e. a score of 13.550 on BB is Tier II; a score of 13.630 on Vault is Tier IV). Any athlete who has a score above the Tier IV apparatus score will be evaluated. The athletes will then be placed in rank order:

- i. Athletes with at least one (1) apparatus Tier I score; ranked by the cumulative margin that their score(s) surpass(es) the respective Tier I score(s);
 - ii. Athletes with at least one (1) apparatus Tier II score; ranked by the cumulative margin that their scores surpass the respective Tier II score(s);
 - iii. Athletes with at least three (3) apparatus Tier III scores; ranked by the cumulative margin that their scores surpass the respective Tier III scores; Note: an athlete with two (2) or fewer Tier III apparatus scores will not be ranked.
 - iv. Athletes with at least three (3) apparatus Tier IV scores; ranked by the cumulative margin that their scores surpass the respective Tier IV scores; Note: an athlete with two (2) or fewer Tier IV apparatus scores will not be ranked.
- 5) Should the team roster remain incomplete following the application of the above criteria, the SWG reserves the discretion to finalize team selection, taking into consideration overall team needs, including event coverage and team balance, to optimize medal potential.

4.2 RESERVE ATHLETES

The SWG will identify two (2) non-traveling reserve athletes. The reserve athletes will be selected in order of priority until the list of two (2) is filled:

- 1) The next one (1) eligible athlete born in 2008-2010 with the highest calculated All-Around using the athlete's two best scores per apparatus from February 1, 2026, to May 31, 2026, provided the calculation is greater than 50.5.
 - a. Eligible competitions include Elite Canada, L'International Gymnix (qualification & finals), the Gymnix Challenge (qualification only), the Canadian Championships and any other FIG sanctioned event to which the athlete was assigned by GymCan.
- 2) The next one (1) eligible athlete following the criteria 4) in [section 4.1.2](#).



- 3) Should the reserve athlete roster remain incomplete following the application of the above criteria, the SWG reserves the discretion to finalize team selection, taking into consideration overall team needs, including event coverage and team balance, to optimize medal potential.

The reserve athletes will not have the status or privileges of a team athlete and will not travel with the team to the Championships. It is mandatory for these athletes to attend the team preparation activities.

4.3 DETERMINATION OF THE COMPETITION ORDER

The apparatus assignments for each athlete and the qualification competition order shall be finalized based on the information used for athlete selection and any additional information gathered following selection. These decisions may be made as late as the deadline for submission of the competition order to the Organizing Committee.

Prior to travel, the National Team Advisors (NTA) shall consult with the Team Coach(es), Personal Coach(es), and assigned judges when determining the start order. Athletes must have achieved a verified score on an apparatus—either through competition or formal verification—to be considered for participation on that event.

Any modifications to apparatus assignments and/or the competition order required due to injury or illness after the team has arrived at the competition shall be made by the Team Leader, who shall inform GymCan Staff prior to submission of the competition order.

In accordance with World Gymnastics regulations, the order of competition on each apparatus shall be submitted no later than 24 hours prior to the start of the competition.

4.4 ATHLETE VERIFICATION

Verification of athletes will be ongoing until the date of departure for the competition. Athletes and coaches will be notified in advance of any verification requirements and will be provided with athlete-specific expectations. At the time of verification, the athlete must not be injured or ill in a manner that prevents the athlete from performing at the level expected of an athlete preparing for the competition.

The SWG will specify the verification requirements for each event in the applicable team nomination document.

4.5 ATHLETE NOMINATION AND SUBSTITUTION

Following athlete selection, the following conditions shall be met until the day of departure for the athlete to remain nominated to the team:

- i. the athlete remains eligible for selection;
- ii. the athlete remains healthy and able to compete;
- iii. the athlete has been successfully verified in accordance with the process and requirements described in [Section 4.4](#); and
- iv. the athlete remains able to perform at the level that warranted selection.



An athlete who is no longer eligible for selection shall be substituted by a reserve athlete.

The SWG may substitute an athlete up to the Nominative Registration deadline if:

- v. the athlete is unable to meet the previously communicated verification expectations; and/or
- vi. the athlete and/or coach fails to provide the required injury/illness information in accordance with [Section 4.6](#).

The SWG may retain an athlete on the team up to the Nominative Registration deadline where the athlete is managing a minor injury, provided that:

- vii. the athlete and coach have complied with the steps and timelines outlined in [Section 4.6](#); and
- viii. the Lead IST provides written confirmation that the athlete is expected to recover and be competition-ready prior to departure, at the level that warranted selection.

Failure to meet any of the above conditions, as assessed by GymCan staff, may result in the athlete being replaced by the non-travelling reserve. All substitutions under this section shall be determined by the SWG. Substitution shall occur using the reserve athlete list in rank order, provided the reserve athlete meets the applicable conditions outlined above.

If, based on the above, an athlete is unable to participate in the competition due to injury or other unforeseen circumstances, GymCan staff, in consultation with the athlete, Team Coach(es), Personal Coach(es), and on-site IST, shall determine whether a substitute or reserve athlete will replace the athlete. Where time permits and it is deemed beneficial to the team, changes may also be made to the official coaching staff.

All substitutions and nominations are subject to applicable event regulations and the requirements of World Gymnastics and/or the relevant continental federation (e.g., PAGU), including all registration and accreditation deadlines.

4.6 INJURIES OR ILLNESS

An athlete who sustains an injury or illness at any time following selection, which negatively impacts the quality of **their** training performances or any verification, shall provide GymCan Staff with an official medical report/certificate in accordance with the process below.

4.6.1 STEP 1: INITIAL NOTIFICATION

The athlete and the athlete's club Head Coach shall notify GymCan Staff by email within 24 hours of becoming aware of an injury or illness that may jeopardize the athlete's participation and/or the quality of performance at training, verification, camp, or competition. The email must provide the following information in writing:

- i. the date when the injury/illness occurred;
- ii. means taken to have the injury/illness evaluated by a physician or other specialist; and
- iii. date at which a written detailed report will be provided to GymCan.



GymCan will provide an acknowledgement or a read receipt in response.

4.6.2 STEP 2: MEDICAL DOCUMENTATION AND TRAINING PLAN

Within **five (5) days** of completing Step 1, the athlete and the athlete's club Head Coach shall submit the following typewritten documentation to GymCan Staff:

- i. a detailed description of the injury/illness, documented by a medical doctor (therapist notes will not be accepted), including whether the condition is new, overuse-related, or chronic;
- ii. the athlete's ability to pursue full training and/or compete (all apparatus/specific apparatus), as recommended by the physician or medical specialist;
- iii. recovery and rehabilitation measures;
- iv. recommendations regarding training progression and readiness to train and/or compete; and
- v. the expected date of return to partial training (specify) and full training.

The club Head Coach shall also provide a written training plan outlining the nature and volume of training the athlete is expected to complete each week for the four (4) weeks following the injury/illness (or a shorter period where required due to competition timelines).

GymCan reserves the right to require the athlete to be examined by a physician or medical specialist selected by GymCan, at the athlete's expense, and within timelines established by GymCan.

4.6.3 REPORTING REQUIREMENT

Athletes shall not arrive at a camp, verification, or competition with an unreported injury or illness, regardless of when the condition occurred. Where a condition is pre-existing, GymCan Staff shall be notified prior to travel.

Failure to report injuries or significant illnesses in accordance with this section may result in withdrawal of National Team status.

5 COACH SELECTION PROCESS

5.1 SELECTION

The SWG shall confirm the nomination of coaches at the same time as athlete selection. Coaches must meet the eligibility requirements set out in [Section 3.2](#). Where deemed necessary, at least one (1) female coach shall be named to the delegation.

Coach nomination and assignment shall be guided by the following principles:

- i. One (1) coach per athlete may be named;



- ii. Coach selections shall be made strategically for clubs with more than one (1) athlete selected. Only one (1) coach per club shall be named as a Team Coach; any additional coaches from the same club may be designated as Personal Coaches.
- iii. Team Coach selection, where applicable, shall take into consideration:
 - a. experience and performance in international competitions;
 - b. knowledge of the WGYM Code of Points;
 - c. ability to work effectively in a team environment and contribute to delegation cohesion;
 - d. ability to identify and address issues related to competition floor management as they arise;
 - e. ability and willingness to communicate openly and constructively with members of the delegation; and
 - f. ability to manage stress and support delegation needs in high-pressure situations.

5.2 SUBSTITUTION OF A COACH

Substitution of a coach with another coach may take place if one of the following situations occurs:

- i. A coach no longer has an athlete on the team.
- ii. A coach is not meeting the expectations associated with the roles, responsibilities, and tasks of a coach as assessed by GymCan Staff.
- iii. A coach has missed scheduled activities - including meetings and related GymCan promotional activities during the preparation camps unless exempted by GymCan Staff.

Substitution is possible within the parameters set by the World Gymnastics and GymCan.

6 TEAM ANNOUNCEMENT & RESULTS COMMUNICATION

6.1 TEAM ANNOUNCEMENT

The official announcement of team selection shall be the responsibility of GymCan in combination with Commonwealth Sport Canada. Any internal verbal or written communication to athletes, coaches, or member associations regarding team selection shall be considered unofficial notice and shall not be distributed publicly. Official notice of team selection shall occur only when GymCan issues a formal public release announcing the selected team.

6.2 WEBSITE AND SOCIAL MEDIA RESULTS PUBLICATION

For all events, GymCan will publish top three (3) finishes to both the results website and GymCan's social media channels following the official confirmation of competition results.



7 APPEALS AND MODIFICATION TO THE PROCESS

7.1 APPEAL PROCEDURE

Appeals against any decisions rendered under this Selection Process must be filed in accordance with [GymCan's Appeal Policy](#).

Notwithstanding the above, the parties may also agree to resolve the matter using the Early Resolution Facilitation services offered by the [Sport Dispute Resolution Centre of Canada](#) (“SDRCC”).

Alternatively, GymCan and the Appellant may agree to bypass the internal appeal procedure and have the appeal heard directly before the SDRCC.

7.2 MODIFICATION TO THE PROCESS

The GymCan staff, in consultation with the SWG, reserves the right to amend this document to ensure the selection of the optimal delegation for the competition in the event of:

- i. A material change to the information provided by PAGU or World Gymnastics;
- ii. unforeseen circumstances beyond the control of GymCan; and / or
- iii. a circumstance which impacts any step of the selection process and prevents the SWG from applying the process as written in a fair and equitable manner.

In exercising this discretion, the SWG may take into consideration any factor it deems relevant.

Any amendments to this document must be endorsed by the GymCan Senior Director, High Performance (HPD) and shall be communicated directly to the coaches and athletes involved in the process. This clause shall not be used to justify amendments after a competition or trials that formed part of these Selection Criteria, except where required due to an unforeseen circumstance. This provision is intended to allow for amendments required to correct typographical errors or clarify definitions or wording prior to their impact on athlete selection.

8 DISCIPLINARY PROCEDURES

Failure to comply with World Gymnastics and/or GymCan rules, regulations, policies, or directives may result in corrective action and/or disciplinary sanctions, as determined by GymCan staff including Team Leads, Program Directors, HPD, Director of Safe Sport and/or the CEO (or designate). Sanctions may be applied before, during, and/or after the competition.

The nature and severity of the infraction will determine the sanction(s) imposed. GymCan will conduct a fair review and provide the respondent(s) with an opportunity to respond, where practicable.



Sanctions may include, but are not limited to: verbal or written warning/reprimand, restriction from team functions and/or activities, early return to Canada, suspension of international representation/participation on behalf of Canada, suspension of National Team benefits and services, and suspension of access to support funding and services (including athlete, coach and/or club funds, coach recognition funding, and international achievement coach recognition funding).

Any sanction imposed under this section may be appealed in accordance with GymCan’s applicable appeal and dispute resolution policies. Where required due to event timelines, sanctions may be implemented pending the outcome of an appeal.

9 REVIEW MEETING

The WAG Program Director, or designate will present this document via Teams on Tuesday, April 14, 2026, at 1:00PM EST. A video link will be provided for those who are unable to attend.

The meeting link: [Commonwealth Games WAG Criteria | Meeting-Join | Microsoft Teams](#)

[Meeting recording](#)

10 COMMITMENT FORMS

[Athlete commitment forms](#) and [Coach commitment forms](#) must be both completed no later than midnight, Pacific Time, on May 22, 2026.

11 DOCUMENT TIMELINES

Version	Date	Change(s)
Strategy1.0	January 13, 2026	Circulated to the community via the WAG Weekly Update
Draft1.0	March 30, 2026	Circulated to the WPC for approval
Draft2.0	April 3, 2026	Circulated to community via WAG Weekly Update on April 7, 2026
Final 1.0	April 24, 2026	Highlights – circulated to community via WAG Weekly Update on April 24, 2026 <ul style="list-style-type: none"> • Clarification of 4.1.1.1 • Addition of meeting recording



APPENDIX A: INDIVIDUAL APPARATUS INTERNATIONAL TIER SCORES

	Tier 1		Tier 2		Tier 3		Tier 4	
Vault D	6.4	5.0	5.4	5.0	5.2	4.6	5.0	4.6
Vault Score	15.800	14.200	14.166	14.033	14.000	13.800	13.766	13.600
Bars D	7.1	6.1	6.4	5.8	6.1	5.4	6.1	5.2
Bars Score	15.600	14.400	14.400	13.900	13.900	13.566	13.500	13.200
Beam D	6.6	5.6	6.4	5.4	6.1	5.4	6.1	5.0
Beam Score	14.866	13.766	13.733	13.500	13.466	13.266	13.233	12.866
Floor D	6.8	5.5	5.8	5.1	6.0	5.2	5.2	4.7
Floor Score	14.600	13.533	13.500	13.233	13.200	12.866	12.866	12.733

