GYMNASTICS SASKATCHEWAN

GymSask Annual Report 2025-26

Message from the CEO, Terrol Russell

Fiscal year 2025/26 was my second full year with Gymnastics Saskatchewan. A year of transformation to our internal operations, GymSask welcomed three performance-oriented staff members to take a lead role in their respective department. Resulting from an update to our organizational structure, the staff are better equipped to execute the initiatives outlined in the GymSask Strategic Plan. Having met the Sask Sport reporting requirements at the end of last season, GymSask was successfully approved for our full yearly funding grant, another year of Membership Assistance Grant (MAP) grant funding, the High-Performance Coaching Capacity grant and tier-one sport science funding. We also were awarded funding from the Spark Ideas Grant, which is designed to support the Saskatchewan amateur sport system in enhancing and increasing the capacity to support Inclusion, Diversity, Equity and Accessibility. With Gymnastics incorporating many individual disciplines under its umbrella, our operational updates and this funding will ensure Gymnastics is part of a long-term sustainable sport system. Much appreciation goes out to Sask Sport, Sask Lotteries, and the GymSask Board of Directors for supporting us along the way.

In successfully providing a gymnastics experience to over 1000 participants, our Participation stream lead Ben Davidge, exceeded our year-one goals in his work with the Dream Brokers organization. Working with the support of our member organizations across Saskatoon, and now Regina, equity-deserving and under-represented youth have an opportunity to build their physical literacy skills in a fun and engaging environment. An additional partnership with Warrior Gymnastics' Chelsa Racette and Gymnastics Adventure, has provided similar movement learning opportunities to indigenous youth from throughout the province. The season closed out with Canadian Gymnaestrada, welcoming over 680 participants from across Canada, alongside 30 community vendors and local community performance spotlights. The event celebrated the inclusivity of the Gymnastics for All stream while showcasing Saskatchewan's excellence in hosting major events and bringing communities together.

Staff members Amelia Hart and Danielle Roy have jumped into their respective Sport Development and Technical areas with energy and enthusiasm. With 'Millie' taking the lead in reorganizing our registration platform and building a coach development and certification plan, Danni leads her team of discipline specific Program Coordinators and High Performance Coaches. Our Director of Operations - Dalena Juárez, having transitioned into a team leadership role, supports the CEO in running the organization's daily operations.

On the competition front, gymnastics achieved amazing results during the competition season. Highlights include a gold medal at the Pan Am Championships for our Senior Acro trio, MAG athlete Jordan Carroll (Taiso) being named to the Senior National Team and achieving gold medals at the Commonwealth Games in both the team competition as well as an individual gold medal on pommel horse, Sara-Marie Barry (WRGC) receiving a bronze for Ball at Rhythmic Elite Canada, Nicolas Reznikov and Sam Wilson (Gymnastics Adventure) winning Saskatchewan's first ever men's synchronized trampoline bronze medal at Canadian's and our men's trampoline team (Gymnastics Adventure and Can-Am Gymnastics) winning gold at Canadian's for the first time. Emily Pepper (Gymnastics Adventure) was named to the National Development Team for Double Mini Trampoline and competed at World Age Groups in Spain. Success continued in Women's Artistic with multiple medals at Gymnix, the Western Canadian Championships and with Danica Signarowski of the Yorkton Springers winning the all-around in CCP 10 as well as three event medals. An additional acknowledgement goes to Jamie Benson, who has done an exceptional job building the discipline of Parkour. We look forward to seeing where Jamie leads this exciting discipline, as we seek out ways to recruit new gymnastics participants and retain them into the later stages of Long Term Athlete Development.

With successes unfortunately also come challenges. Over the past year the Cline class-action lawsuit has taken up significant staff time to gather historical records and meet with our legal representation. Occurring mainly during the summer months, attention from other matters and vacation time to re-energize was restricted. The additional costs in this space also takes monies away from other initiatives. On the registration front, we have seen interesting patterns arise in our registration data. With quarter-two registrations dropping from the historical norm over the past two years, 2024/25 had seen an influx of registrations in quarter-four. This resulted in GymSask spending a significant amount of our surplus on programs for the membership. In contrast however, the same influx didn't occur in quarter-four of 2025/26. In total, over the past two years, GymSask has seen a reduction of more than 2200 membership registrations, and we now find ourselves at the 2012 registration level. With an insurance cost of almost $400,000 making up more than 17.5% of the total budget and the increasing costs of competitive gymnastics initiatives, we are challenged with balancing a budget against a reduction in self-help revenue. In a final note, our first ever club audit was distributed to all member organizations this past year. Conducted to evaluate where our members organizations are in relation to a set list of Quality Sport Provider criteria, we have recognised that specific governance and operational areas require attention, support, and guidance over the next few years. This also will require a requisite update to our bylaws and policies to ensure we meet the modern-day role of a governing sport body.

I close this report with a sincere thank-you to the Gymnastics community for an amazing year. While we continue to operationalize the GymSask Strategic Plan, it is camaraderie and teamwork between all the gymnastics disciplines and a desire to grow undivided, that will take Saskatchewan Gymnastics to the next level in Canada.

OUR VISION

“INSPIRE AND EMPOWER CHAMPIONS IN SPORT AND LIFE.” Our vision is to create “champions” – lifelong leaders, valued contributors, good citizens, role models, and heroes through our participants’ involvement in gymnastics.

OUR VALUES

Our values guide our actions, unite our members and our organization, and shape our culture. We value providing safe and meaningful experiences for our participants by embracing these core values:
Care - Accountability - Respect - Excellence

KEY FOCUS AREAS

“L.E.A.P.” Gymnastics Saskatchewan focuses our Strategic Plan Framework and action plans in the areas of:
Leadership - Excellence - Awareness - Participation

GOVERNANCE & LEADERSHIP

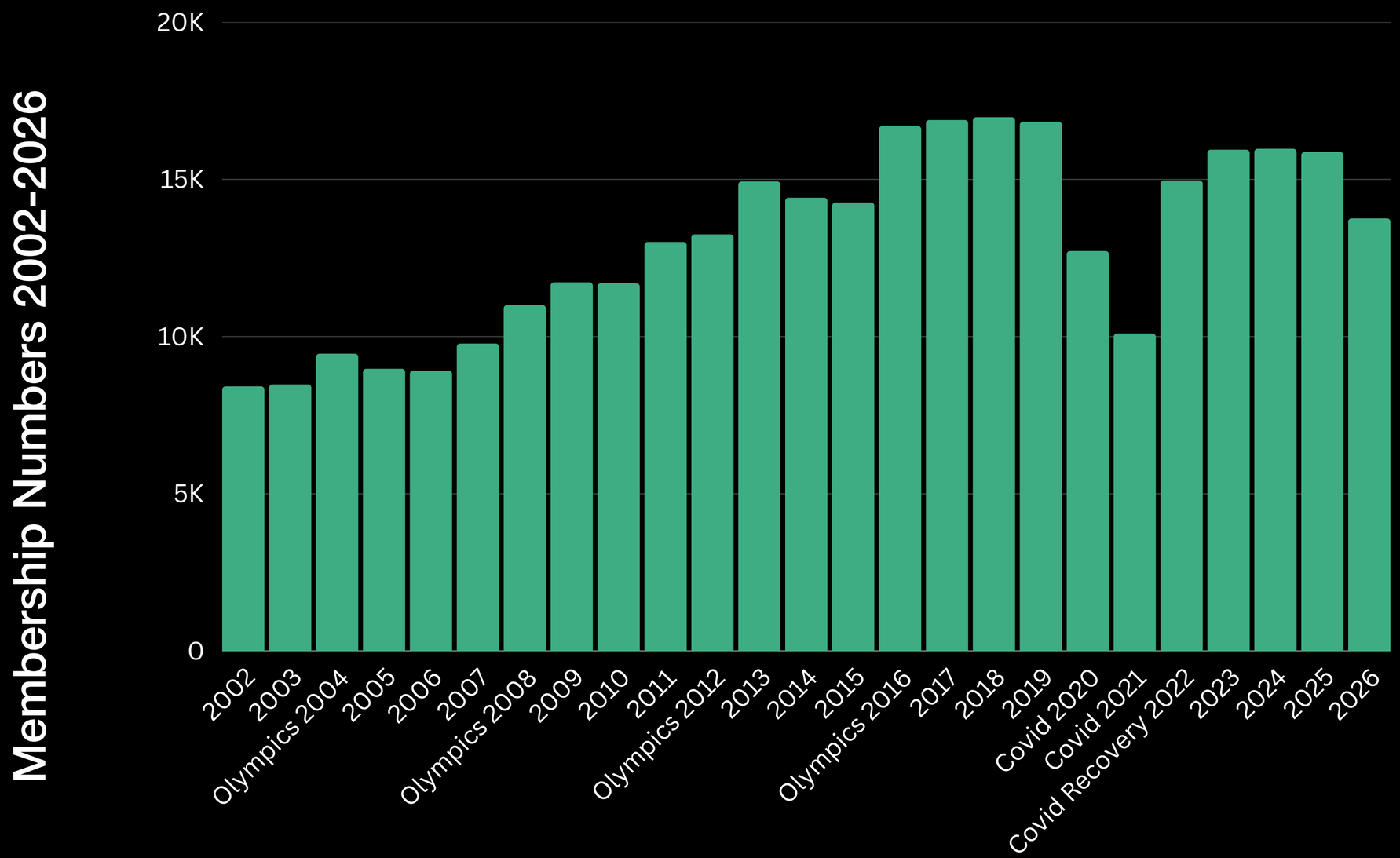
GymSask Board of Directors
Dale Reed (Chair), Dennis Oppenlander, Kendra Leier, Hillary Ibbott Neiszner, Nicole Zimmer, Jamie Carroll, Mark Kurmey, Breanna Franklin

Staff and Contract Staff
CEO – Terrol Russell
Director of Operations – Dalena Juárez
Technical, WAG, Events Director – Megan Bialowas
Manager of Technical Programs - Danielle Roy
Program Manager, Acro, GFA – Adeena Cox
Manager of Sport Development - Amelia Hart
TG Program Coordinator – Ebony Campbell & Danielle Roy
RG Program Coordinator – Dalena Juárez
WAG Program Coordinator - Karly Hayes
MAG Program Coordinator – Kelsey Berscheid
Parkour Program Coordinator – Jamie Benson
WAG High Performance Coach – Chris Baraniuk
MAG High Performance Coach – Markos Baikas
TG High Performance Coach – Danielle Roy
RG High Performance Coach - Adeena Cox
Bookkeeping – Leanne Rempel

- Allan Gymnastics Club
- Amazing Adventure
- Asquith Gymnastics Club
- Assiniboia Gymnastics Club
- Biggar Gymnastics Club
- Bohemka Rhythmic Gymnastics Club
- Calico Gymnastics Club
- Can-Am Gymnastics Club
- Carnduff Gymnastics Club
- Carrot River
- Channel Performance
- Esterhazy Energizers Gymnastics Club
- Estevan Gymnastics Club
- Finding Grace Gymnastics Club
- FlipSide - Exploring Movement
- Gelico Gymnastics
- Gymnastics Adventure Inc
- Gymtastiks of Moose Jaw
- Kindersley Gymnastics Club
- Kyle Gymnastics Club
- La Ronge Gymnastics Club
- Lashburn Gymnastics Club
- Leaps & Bounds Gymnastics Club
- Maidstone Gymnastics Club
- Marian Gymnastics Club
- Marian Recreational Gymnastics
- Meadow Lake Gymnastics Club
- Moose Mountain Jumpers Gym Club
- Nipawin Revolution Gymnastics
- Outlook Gymnastics
- Paradise Hill Dance and Gym Club
- Pense Gymnastics
- Perfect Balance Hudson Bay
- Prince Albert Aerials
- Queen City Gymnastics
- Regina Rhythmic Gym Club
- Ritmo Gymnastics
- Rosetown Gym Club
- Ross Gym & Fit
- Sesawewin Gymnastics Club
- Springers Gymnastics
- Taiso Gymnastics
- Tisdale Gymnastics
- Unity Gymnastics Club
- Valley Gymnastics Club
- Wapella Gymnastics Club
- Wascana Rhythmic Gymnastics Club
- Weyburn Gymnastics Club
- Whitewood Gymnastics Club
- Wolseley Gymnastics Club
- Zero Gravity Gymnastics Club

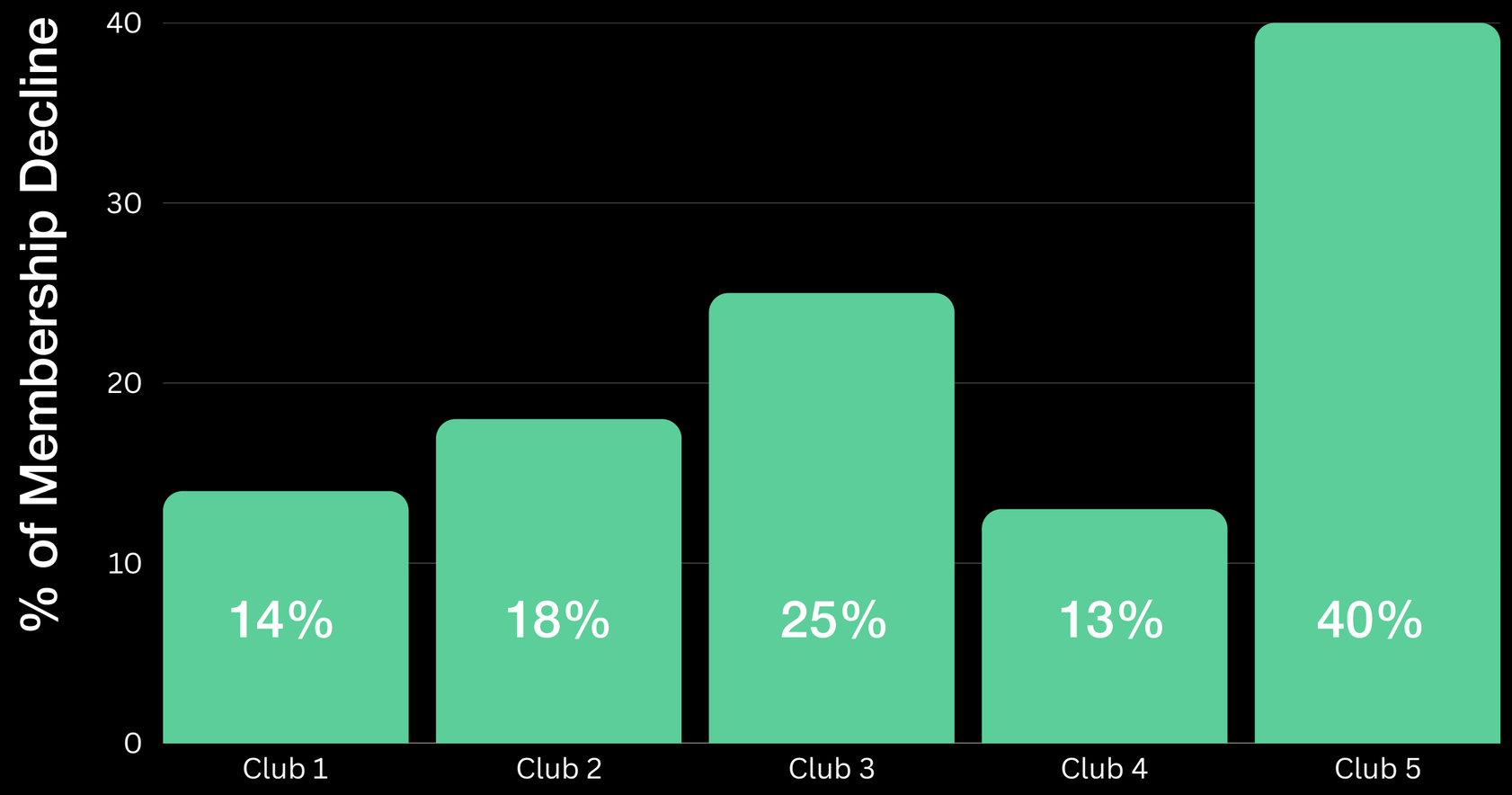
MEMBER CLUBS

51 member clubs across all nine sport districts



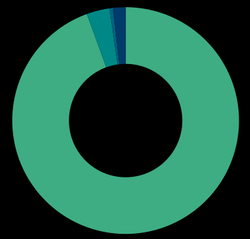
The 2025-26 season resulted in a 13% total membership decrease (2112 members).

(In no particular order) the top 5 clubs with the largest decrease in membership reported anywhere from a 13-40% decrease.



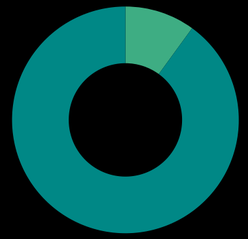
Five member clubs closed by the end of Aug, 2026.

Members
(13,759 total)



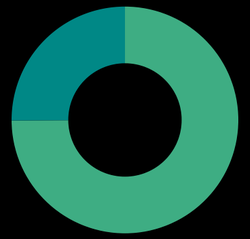
- 12,994 athletes
- 451 Coaches
- 70 Judges
- 244 Volunteers

Levels of Participants
(12,994 total)



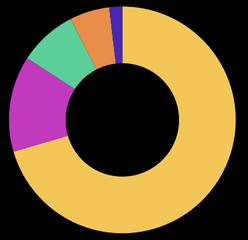
- 1,301 Comp Athlete
- 11,693 Rec Participants

Recreational Participants
(11,693 total)



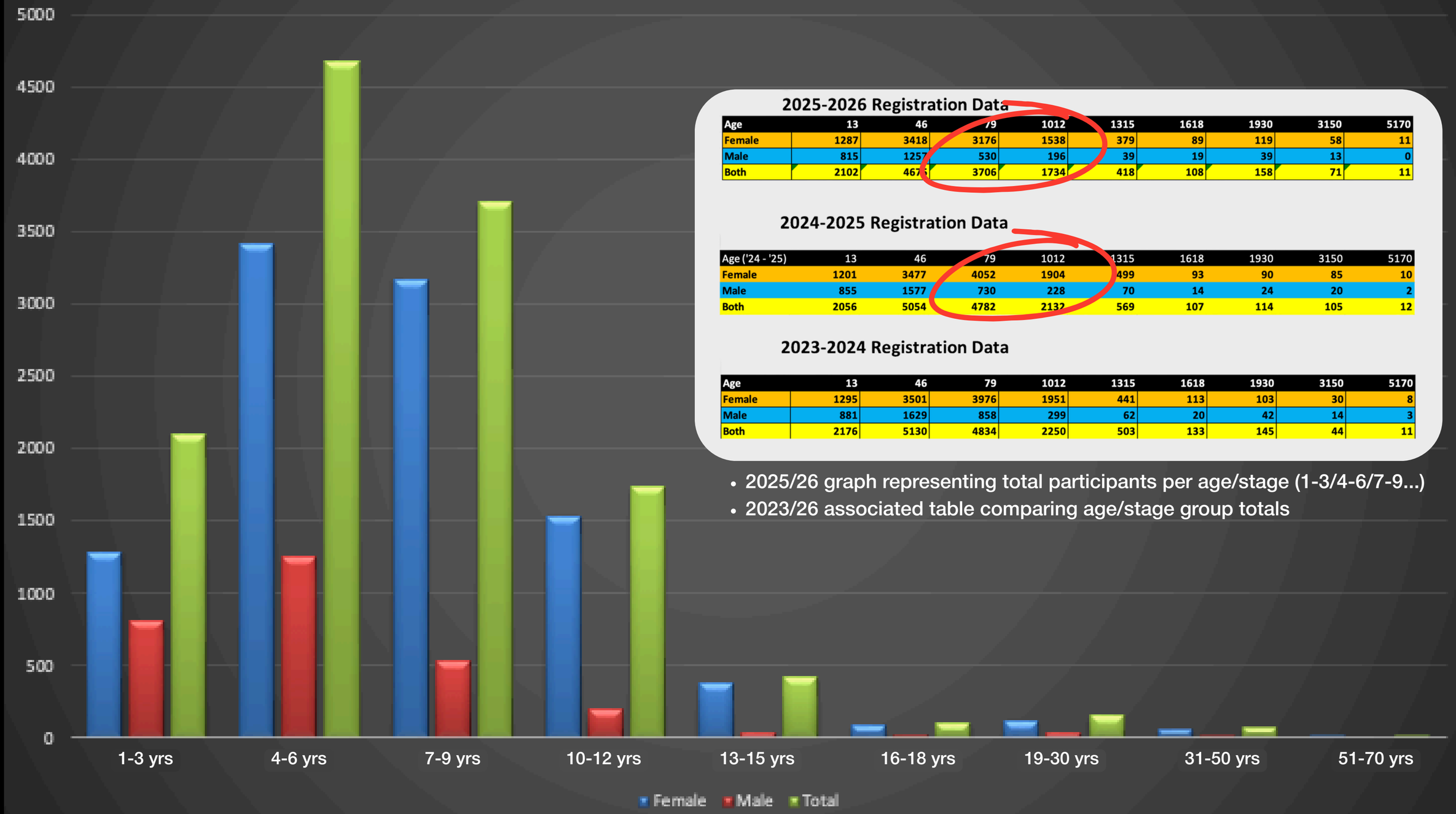
- 8,867 female
- 2,826 male

Competitive Athletes
(1,301 total)



- 917 WAG athletes
- 178 RG athletes
- 108 MAG athletes
- 74 TG athletes
- 24 Acro athletes

2025-2026 GymSask Participation Registration Data



2025-2026 Registration Data

Age	13	46	79	1012	1315	1618	1930	3150	5170
Female	1287	3418	3176	1538	379	89	119	58	11
Male	815	1257	530	196	39	19	39	13	0
Both	2102	4675	3706	1734	418	108	158	71	11

2024-2025 Registration Data

Age ('24 - '25)	13	46	79	1012	1315	1618	1930	3150	5170
Female	1201	3477	4052	1904	499	93	90	85	10
Male	855	1577	730	228	70	14	24	20	2
Both	2056	5054	4782	2132	569	107	114	105	12

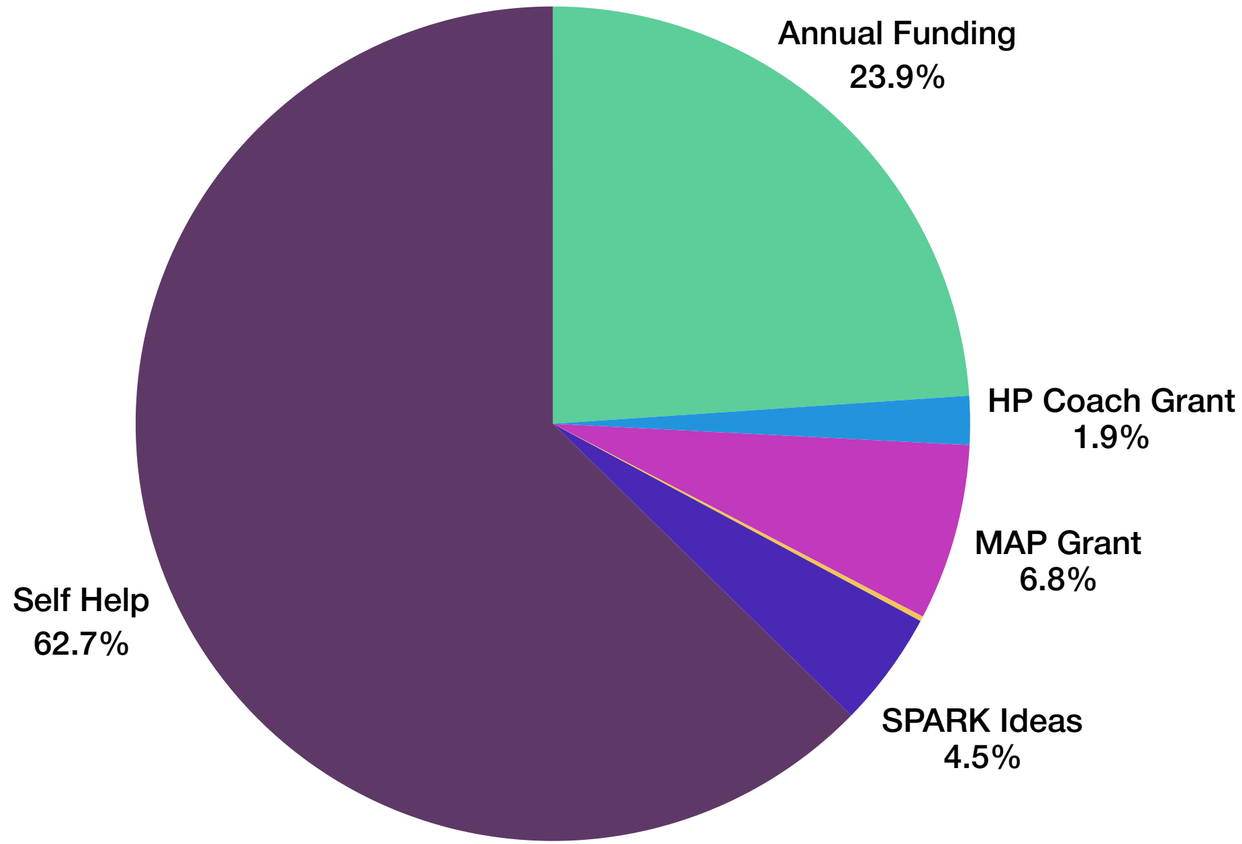
2023-2024 Registration Data

Age	13	46	79	1012	1315	1618	1930	3150	5170
Female	1295	3501	3976	1951	441	113	103	30	8
Male	881	1629	858	299	62	20	42	14	3
Both	2176	5130	4834	2250	503	133	145	44	11

- 2025/26 graph representing total participants per age/stage (1-3/4-6/7-9...)
- 2023/26 associated table comparing age/stage group totals

Revenue
$2,385,405

SASK LOTTERIES REVENUES	
Sask Lotteries Annual Funding	$570,800
High Performance Coach Grant	$45,000
MAP Grant	$163,000
Spark IDEAs	$106,935
Hosting/Other Grants	$4,600
SELF HELP REVENUES	
Membership Fees	$ 832,070
Athlete Travel Charges	$ 140,558
Program Charges	$ 160,763
Canadian Gymnaestrada	$243,532
Other	$118,147



SASK SPORT | SASK LOTTERIES

$570,000

in Annual Funding

$114,000

in Funding for participation initiatives

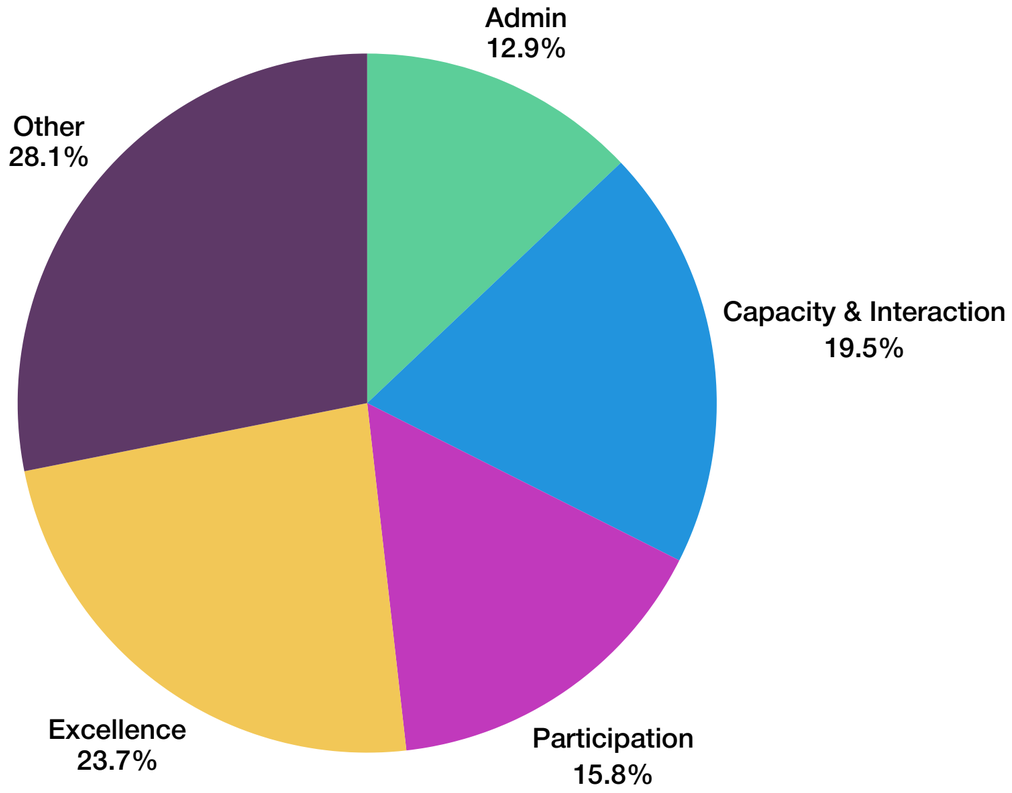
$51,000

in Funding for HP Coach Capacity.
(Includes an additional $6,000 from GymSask general funds)

Expenses
$2,475,617

ADMINISTRATION (Staffing, Legal, Bank Fees, Office)	$320,071
CAPACITY & INTERACTION** (Awards Gala, Insurance, Uniforms, Marketing, Membership Platform)	$482,753
PARTICIPATION (Coaching & Judging Courses, Workshops, Provincials, GFA, TSG)	$390,688
EXCELLENCE (Competition Travel, Sask First Programming, Sport Science, HP Coaches)	$585,869
OTHER (Event Hosting, MAP Grants, Club Grants, GymCan Membership Fees, Canadian Gymnaestrada)	$696,236*

*243,532 for Canadian Gymnaestrada



**In Capacity & Interaction, Insurance alone was an expense of $385,000, representing 17.5% of the total budget!



$155,000

Was invested on provincial team athlete travel to Sask First events, Western Championships, Canadian Championships, and other major events.



COACHES AND JUDGES

451

Coaches

- 317 participants in NCCP courses:
  - 8 Intro courses, 8 theory courses, 8 artistic, 3 trampoline, 4 active start, 1 rhythmic
  - 1 Comp 1 TG, WAG
  - 1 Comp 2 WAG

$90,000	Funding provided to send 15 coaches to major competitions.
$16,000	Funding provided to subsidize the cost of NCCP courses.

108

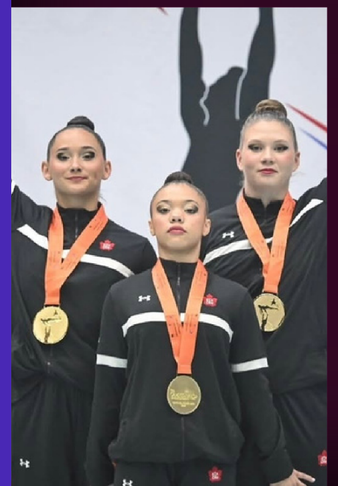
Judges

- 76 WAG
- 8 MAG
- 15 TG
- 9 RG

$65,000	Funding provided to send judges to major competitions.
$8,500	Funding provided to support judging courses and judge travel to provincial championships.

ACRO







HIGHLIGHTS

- Gold medal for the Senior Acro Trio at the Pan Am Championships in Costa Rica.
- First ever judging course and coach workshops held this season.
- Four second place finishes at Canadians.
- First ever inclusion at provincial championships.
- Gymnastics Adventure performed a community highlight during the closing ceremonies of the 2026 Canadian Gymnaestrada at the Brandt Centre.

GYM FOR ALL







HIGHLIGHTS

- Dream Brokers programming concluded in early June with 1305 total participants across 63 trips.
- Programming in Humboldt with Calico, in collaboration with Prairie Gateway Settlement Services, had an average participant count of 15.
- Warrior Gymnastics and Esterhazy Gymnastics Club were both supported by the Target Group Grants to provide programming for Indigneous youth and youth with disabilities.
- Provincial Gymnaestrada was hosted by TSG, with 250 participants from across the province.
- Canadian Gymnaestrada was a great spotlight event for inclusivity and reconciliation, with 680 participants and even more community vendors and performers in attendance.

MAG







HIGHLIGHTS

- Sask First team of 15 athletes were named and provided with IST support and additional training and travel opportunities.
- Western highlights: 1st place team in Provincial 5, 2nd place team in Provincial 4, 2 athletes 1st AA, 4 gold, 6 silver, 5 bronze medals on individual apparatuses.
- 1 gold at Elite Canada, and 1 gold and 1 bronze at Canadians.
- Jordan Carroll named to the National Team. Jordan attended his first World Cup. Represented Canada at Pan American Championships winning Team Gold and Silver on pommel horse. Represented Canada at the Commonwealth Games winning Gold with the team and on pommel horse.

PARKOUR







HIGHLIGHTS

- Hosted 3 Beginner Parkour Coach Workshops across the province.
- Reached a total of 26 coaches across 9 different clubs.
- Jamie Benson attended a Parkour Skill, Style and Speed Competition in Alberta.
- Ran a parkour workshop for participants from all over Canada at Canadian Gymnaestrada.

RHYTHMIC





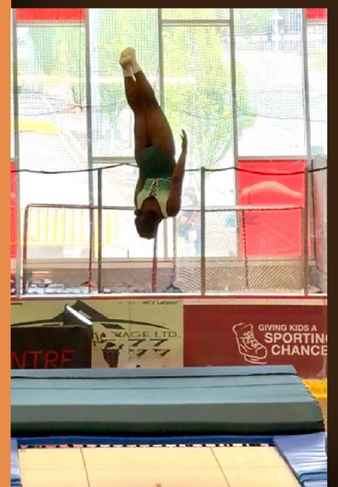


HIGHLIGHTS

- 4 gymnasts, 1 coach, 1 manager sent to the RG Golden Camp in Montreal to train under International Experts.
- Sara-Marie Barry received bronze medal for Ball at Elite Canada.
- 13 athletes, 2 coaches, 2 judges qualified to Western Championships.
- Training camp held for Western Team with IST support for all athletes.
- 1 athlete, 1 coach, 1 judge qualified to Canadians.

TRAMPOLINE







HIGHLIGHTS

- 22 Athletes named to Sask First Team
- 12 Athletes went to Western Canada Cup as Team Saskatchewan and took home 10 individual medals
- 11 Athletes competed at Canadians including our first Novice athlete since the introduction of the Novice category
- Saskatchewan won its first ever men's synchro medal at Canadians: bronze for Nicolas Reznikov and Sam Wilson
- Our men's trampoline team won gold in team finals at Canadians for the first time ever
- National Team athlete, Emily Pepper, competed DMT at WAGC in Pamplona, Spain

WAG

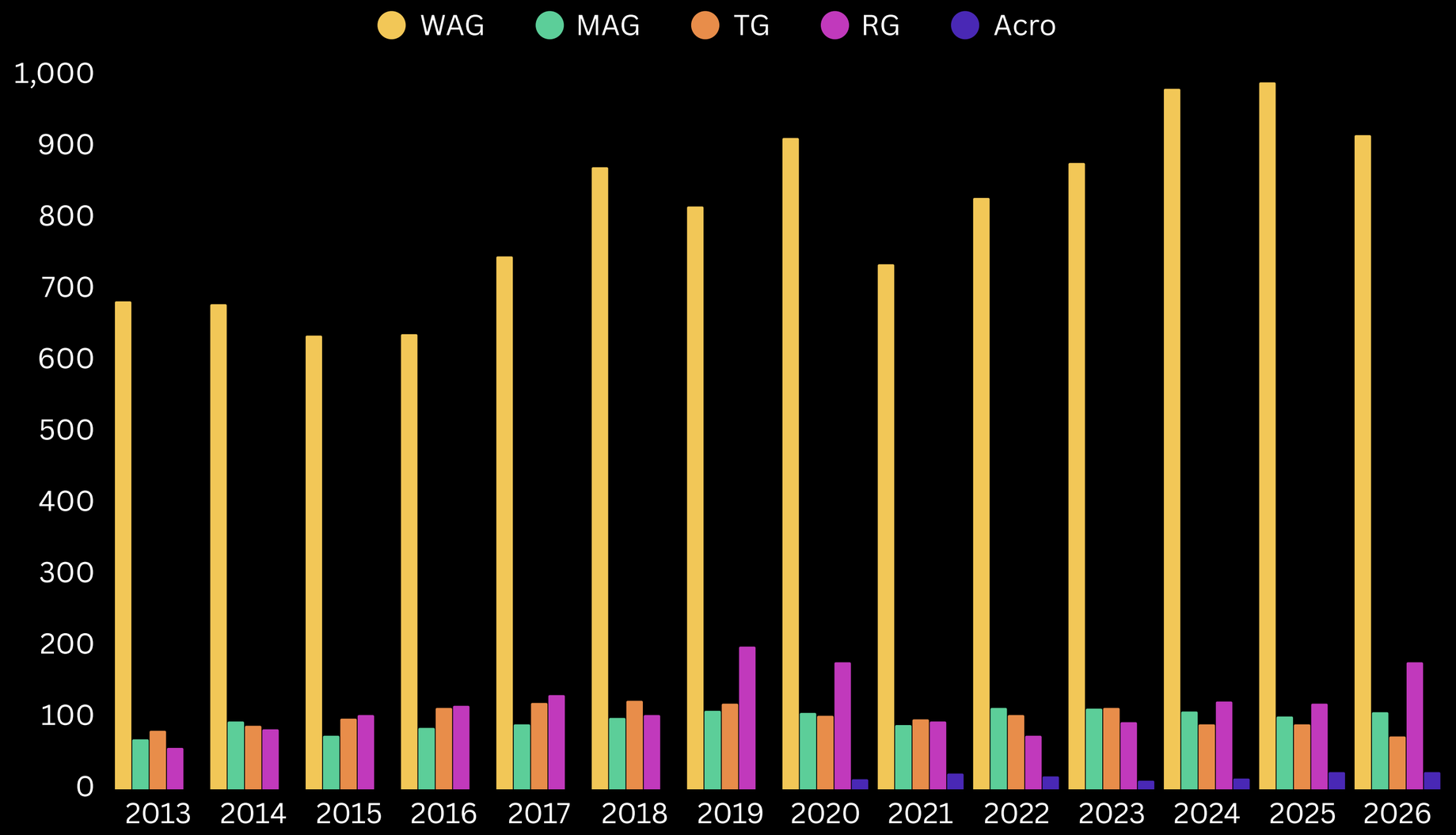






HIGHLIGHTS

- Canadian Championships: 3 gold, 1 Silver, 1 Bronze Medals
- 23 WAG athletes named to Sask First Program: attended multiple training camps, received year-long IST support, and travel competition opportunities.
- Gymnix: 3 Gold, 2 Silver, 3 Bronze Medals
- Western Canadian Championships: 5 Gold, 2 Silver, 3 Bronze Medals
- Provincial Team Trip:19 Gold, 10 Silver, 11 Bronze Medals
- Sask Winter Games: 45 WAG athletes from across the province participated in 3 days of competition in the first dual community and First Nation hosted Games
- Training Camps: Next Generation Camp provided IST support and training opportunity for 29 athletes pursuing the national or HP pathway



Competitive Membership through the years by discipline

Provincial Champions

119 athletes across five disciplines of gymnastics

ACRO

Sebastian Sieferling, Myrek Abrosimov,
Meryk Anderson, Beckett Metcalfe
Pyper Kostiuk, Darcia Ritchie, Presley Argall
Mackenzie Frey, Eleanor Reiger
Cicilia Brittner, Aurora Manhas
Cassandra Fuchs, Blake Gareau
Roya Cook, Emily Igjnac
Annabella Melchiorre, Samantha Pieters
Callie Kerney, Jade Kerney
Eva Rediger, Jasmine Jeon, Coral Beaton

MAG

Jason Trokymchuk
Hayden Kossatz
Finn Matheson
Dempsey Hoeft
Harold Orr
Moey Miakhil
Jed Allan
Jordan Carroll
Hudson Miller

WAG

Emmalyn Brossart
Elizabeth Barker
Savana Vanderkooi
Melea Paul
Karys Friesen
Lynique Taljaard
Leah Little
Ivy Coode
Sloane Berg
Norah Gudnason
Taliyah Knihnitski
Leeta Stanley
Isabel Wabugwe
Gabrielle Ginther
Juno Anderson
Emily Hoffman
Navi Holowach
Mataya Fedyck
Margot Voordouw
Alyse Watson
Julia Achenbach
Olivia Dionne
Maria Troanca
Quinn Stroeder
Ellie Forrester
Danica Signarowski

TG

Serena Hogelie
Rose Dutton
Harlow Barrett
Tim Caughlin / Schael Hebig-Lofstrom
Noah Vanstone
Grace Johansen
Myla Gawley
Ellie Mossop / Grace Johansen
Haley Harvey
Samantha Norgate
Zoe Pilot
Lydia Janzen-Dick, Quinn Turner
Aquinnah Barlow
Haley Harvey
Haley Harvey / Piper Neufeld
Zakayden Clarke
Sam Wilson
Eb Campbell
Rebecca Graham
Sam Wilson / Nick Reznikov
Nix Pepper / Eb Campbell
Gibson Sebastian
Eb Campbell
Rebecca Graham
Connor Wehage
Nix Pepper
Emily Pepper

RG

Aleksandra Callbeck
Ingrid Smith
Molly Mayer
Gina Zhang
Eloise Kadotchnikov
Audrey Storie
Juwon Park
Jemma Johannson
Eisa Bouchard
Kherington Ong
Kristina Khrypushyna
Roshyin Michell
Breanna Schultz
Sara-Marie Barry
LV3 Group Eloise, Gina, Mila, Lyla, Elena
LV 4 Group Sara-Marie, Juwon, Anvita
LV5 Group Olivia Waller, Eisa Bouchard, Mya Leader
Masters Devyn Cole, Mikayla Doerksen
Aiden Young
Coralie Roughsedge
Alice Pippin

MAJOR COMPETITION RESULTS

5 National Team members, multiple medals at Westerns and Canadians

INTERNATIONAL

- Jordan Carroll - Senior National Team
- Emily Pepper - Development National Team
- Maegan Kasian, Katie Thompson, Jerusha Weekes

CANADIANS

- Quinn Stroeder
- Danica Signarowski
- Tristan Marquis
- Jordan Carroll
- Sam Wilson / Nick Reznikov
- Nick Reznikov, Gibson Sebastian, Eb Campbell, Connor Wehage
- Roya Cook / Emily Ignjac
- Annabella Melchiorre / Samantha Pieters
- Eva Rediger / Jasmine Jeon / Coral Beaton
- Jordan Carroll
- Sara-Marie Barry
- Miley Wehage
- Addis Deobald
- Eb Campbell

WESTERNS

- Kate Popescul
- Dahlia Younge
- Chloe Chang
- Quinn Stroeder
- Lila Hale
- Danica Signarowski
- Kate Popescul, Lucia Tamayo, Emma Koenig, Madeline Vien, Mikayla Crofts, Karina Oullette, Olivia Dionne
- Dahlia Younge, Chloe Chang, Quinn Stroeder
- Helena DeGirolamo, Ellie Forrester, Carina Mockford, Lila Hale, Milah Dyck
- Dash Atkinson
- Hudson Pochynuk
- Atlas Rylee
- Moey Miakhil
- Bohdan Romanov
- Harold Orr
- Moey Miakhil, Bohdan Romanov, Harold Orr, Ryder Hammond
- Jed Allan
- Evan Schuler
- Ethan Knibbs
- Jed Allan, Evan Schuler, Sedric Becker, Ethan Knibbs
- Kristina Khrypushyna
- Sara-Marie Barry
- Quinn Turner
- Sofia Orlova
- Samantha Norgate
- Fehinti Oyedeji
- Devan McLay
- Haley Harvey
- Rowan Roberts / Sofia Orlova
- Quinn Turner/ Lydia Janzen-Dick
- Zakayden Clarke
- Piper Neufeld
- Lydia Janzen-Dick, Rowan Roberts, Piper Neufeld, Zoe Pilot
- Zakayden Clarke, Haley Harvey, Aquinnah Barlow, Fehinti Oyedeji
- Zakayden Clarke, Haley Harvey, Devan McLay, Samantha Norgate

Events

RG WESTERNS



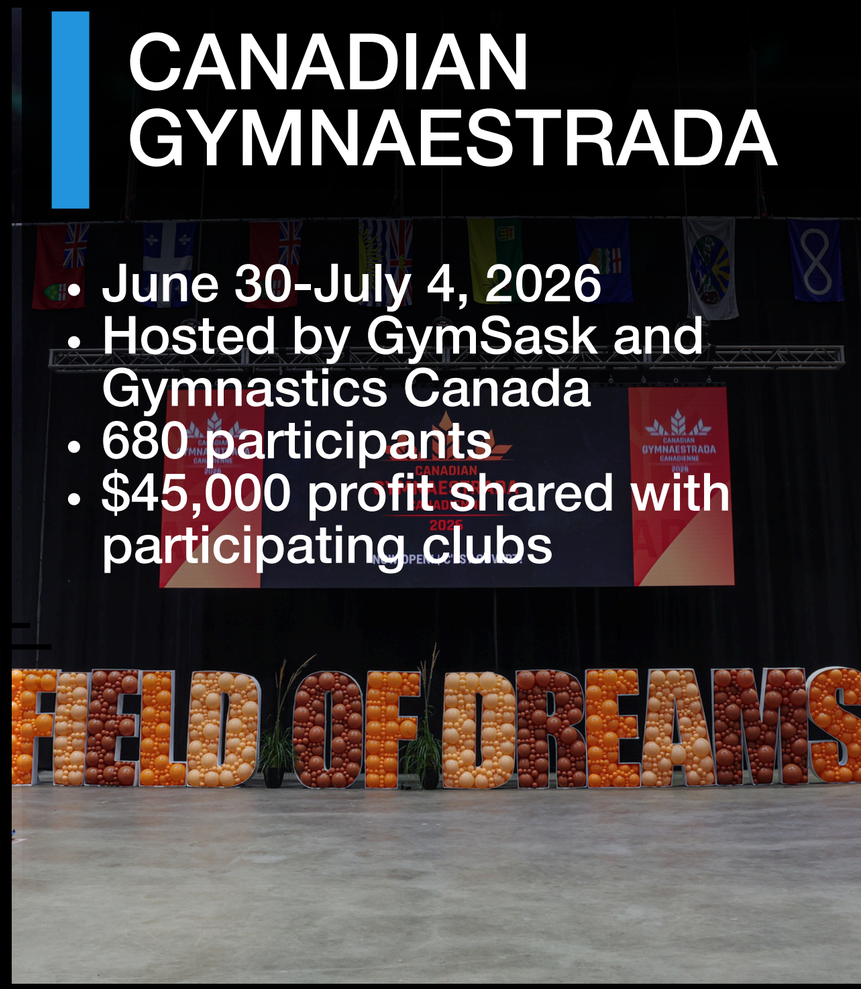
- April 15-9, 2026
- Hosted by GymSask
- 200 participants
- profit
- $13,000 profit shared with participating clubs

PROVINCIAL CHAMPIONSHIPS



- May 1-3, 2026
- Hosted by GymSask and Queen City Gymnastics Club
- 545 participants

CANADIAN GYMNAESTRADA



- June 30-July 4, 2026
- Hosted by GymSask and Gymnastics Canada
- 680 participants
- $45,000 profit shared with participating clubs