805 Connects Activity Reminder

Event: Social Friendship Group- Patterns That Can Keep People Stuck in Their Loneliness

This activity uses # authorized hours with 805 Connects

Date: June 25th, 2026

Time: Span

Location: 805 Connects Office
1317 Del Norte Rd. Suite #150, Camarillo CA 93010

Description:

Join our group therapy session focused on building social skills and recognizing patterns that keep people stuck in loneliness. Share experiences, gain practical strategies, and learn ways to create positive habits for a healthier, happier life.

How to Prepare:

Pick up details for the day of the event:

- Pick-up time is 3:45pm-4:30pm
- An activity coach will call you during pick-up.
- Please be prepared, answer your phone, and be patient so we know you are still attending.