



Adopted: May 25, 2026
Last Reviewed: May 25, 2026

Provincial Team Program

2026–2027 Provincial Team Program Information

Purpose

The Taekwondo Manitoba Provincial Team Program is designed to support the long-term development of Manitoba athletes pursuing excellence in Olympic-style sparring competition. The 2026–2027 program will operate from September 2026 through June 2027 and will provide structured, periodized training aimed at preparing athletes for key domestic and international events.

The program focuses on technical and tactical development that is appropriate to each athlete's stage of competition and age category, while also fostering professionalism, teamwork, and international-level training habits.

1. Program Dates

- **Program Duration:** September 2026 – June 2027

2. Training Schedule

September 2026 – June 2027

- **Mondays:** 6:45 PM – 8:00 PM
- **Wednesdays:** 6:45 PM – 8:00 PM
- **Fridays:** 6:30 PM – 7:30 PM
- **Strength & Conditioning:** One additional session per week for the first 4 months

3. Program Philosophy & Training Structure

The Provincial Team Program operates using a periodized training model, with the goal of helping athletes achieve peak performance at identified major competitions during the 2027 season.

Primary target events include:

- 2027 National Championships (*for Canadian citizens only*)
- Canada Open
- One international event in June or early July 2027

Final event attendance decisions and coaching arrangements for competitions will be confirmed and managed by each athlete's personal coach.

Training sessions will emphasize:

- Technical development
- Tactical awareness and execution
- Competition strategy

- Match management
- Physical preparation
- Age-appropriate athlete development

The program is intended to complement the work already being done within athletes' home clubs and personal training environments.

4. Eligibility

The Provincial Team Program is open to all registered Taekwondo Manitoba members who are invited to the team in accordance with the applicable Provincial Team Selection Policy.

5. Training Locations

Training sessions will be conducted primarily at:

Tactical Taekwondo

However, the Head Coach will consult with personal coaches regarding their ability and interest in hosting sessions. Where possible, training opportunities may be distributed throughout different quadrants of the city to support accessibility and club collaboration.

6. Personal Coach Involvement

Personal coaches are strongly encouraged to attend Provincial Team training sessions and remain actively involved in the development of their athletes.

Taekwondo Manitoba recognizes that personal coaches may have other club and competition commitments that limit regular attendance and appreciates the continued support and collaboration of all member clubs and coaches.

7. Program Costs

Final program fees will be confirmed following determination of athlete numbers and operational costs.

Estimated costs are:

- **September – December 2026 / January 2027:** Approximately \$500
- **January – June 2027:** Approximately \$500

These fees are expected to cover Provincial Team training sessions and program operations. Competition travel, accommodations, event registration fees, uniforms, and other competition-related expenses are not included unless otherwise specified.

8. Communication

Program schedules, updates, competition information, and administrative notices will be communicated directly to athletes and coaches throughout the season.

Athletes and families are expected to maintain active communication and ensure they review all distributed program information in a timely manner.

9. Commitment Expectations

Athletes selected to the Provincial Team Program are expected to:

- Attend training consistently

- Demonstrate professionalism and respect
- Maintain positive training habits
- Support teammates and coaches
- Represent Taekwondo Manitoba positively at all events and activities

The Provincial Team Program aims to create a collaborative high-performance environment that supports athlete growth, competitive excellence, and long-term development within Manitoba taekwondo.

Program Review

This program will be reviewed annually. The next scheduled review date is **May 2027**.

Amendments to this program must be approved by the Taekwondo Manitoba Board of Directors.

Program Approval

Approved by	Date Approved	Signature
Taekwondo Manitoba Board of Directors	May 25, 2026	

Revision History

Date	Description of Changes	Approved By
May 25, 2026	Initial adoption	Taekwondo Manitoba Board of Directors