GymCan - World Gymnaestrada

Information Bulletin # 3

September 2026

Note: This document contains the most up-to-date and accurate information as of September 28, 2026. **All new information is added in ORANGE**. The details outlined in this document are subject to change pending new information that may be received at any time by the LOC, the WG or GymCan.

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What is World Gymnaestrada (WG)?

- Worldwide, non-competitive World Gymnastics ***Gymnastics for All*** Event.
- Held every 4 years (last WG was in Amsterdam in 2023).
- Attracts the largest number of active participants of any World Gymnastics event (avg. 20,000 participants from 50 nations).
- Participation is for everyone, regardless of gender, age, race, religion, culture, ability or social standing.
- The World Gymnastics *Gymnastics for All Manual* contains the World Gymnaestrada Regulations.
- **Focus**: *Fun, Fitness, Fundamentals, Friendship and Forever.*

World Gymnaestrada Objectives

- Promote the value and diversity of Gymnastics.
- Encourage the growth of Gymnastics for All worldwide.
- Inspire enjoyment in exercise and encourage physical activity and active lifestyle.
- Demonstrate the unlimited possibilities of different ideas of Gymnastics for All and creativity.
- Present the most recent findings and developments - enables knowledge exchange.
- Provide an opportunity to perform.
- Bringing together gymnasts from all over the world as a contribution towards friendship.
- Present different cultures and bring cultures together.
- Offer an interesting and exciting event in gymnastics for the participants and the audience.

18th World Gymnaestrada

Location: Lisbon, Portugal
Event Dates: July 11 – 17, 2027
Arrival: Saturday, July 10, 2027 (flight departing Canada on July 9th)*
Departure: Sunday, July 18, 2027

***By July 2027, Canadian citizens visiting Europe will need to obtain an ETIAS (European Travel Information and Authorization System) before travelling.**

Key Details

- **What you need:** An approved ETIAS, which acts as a digital travel authorization. It is linked directly to your Canadian passport and is not a visa.
- **Where it applies:** The ETIAS is mandatory for entering the 30 European countries within the Schengen Area, as well as Cyprus.

- **Validity:** Once approved, the ETIAS is expected to be valid for 3 years, or until your current passport expires.
- **Allowed stay:** You can visit for short-term stays of up to 90 days within any 180-day period.
- **Cost:** The application fee is estimated to be approximately €20 (about $35 CAD), and is expected to be waived for minors under 18 and seniors over 70.

More information: https://etias.com/etias-requirements/

Connecting the World: The heart of the 2027 World Gymnaestrada

As we look ahead to the World Gymnaestrada 2027 in Lisbon, we are reminded of the core essence that binds us together: ***the power of connection***. Our event's motto, ***"Connecting the World",*** encapsulates the deep, enduring relationships fostered through gymnastics – a global language that transcends borders, cultures, and differences.

The World Gymnaestrada has always been more than just a gathering of gymnasts. It's a celebration of unity, a stage where gymnasts from every corner of the globe come together to share their passion, artistry, and teamwork. In an era where the world faces unprecedented challenges, staying connected is more important than ever. Gymnastics, with its values of mutual respect, cooperation, and inclusivity, offers a unique platform for strengthening these bonds.

Every performance at the World Gymnaestrada tells a story. Stories of resilience, creativity, and the beauty of human movement. But more than that, it reminds us that we are part of a larger global family, united by the shared values of health, joy, and artistic expression. Friendships and connections made at these events are lasting, and they go beyond the arena, helping to foster understanding and harmony in the wider world. We invite you all to join us in this mission of Connecting the World in 2027. Together, let's create a future where the ties we build today serve as the foundation for a more connected and peaceful world.

Lisbon

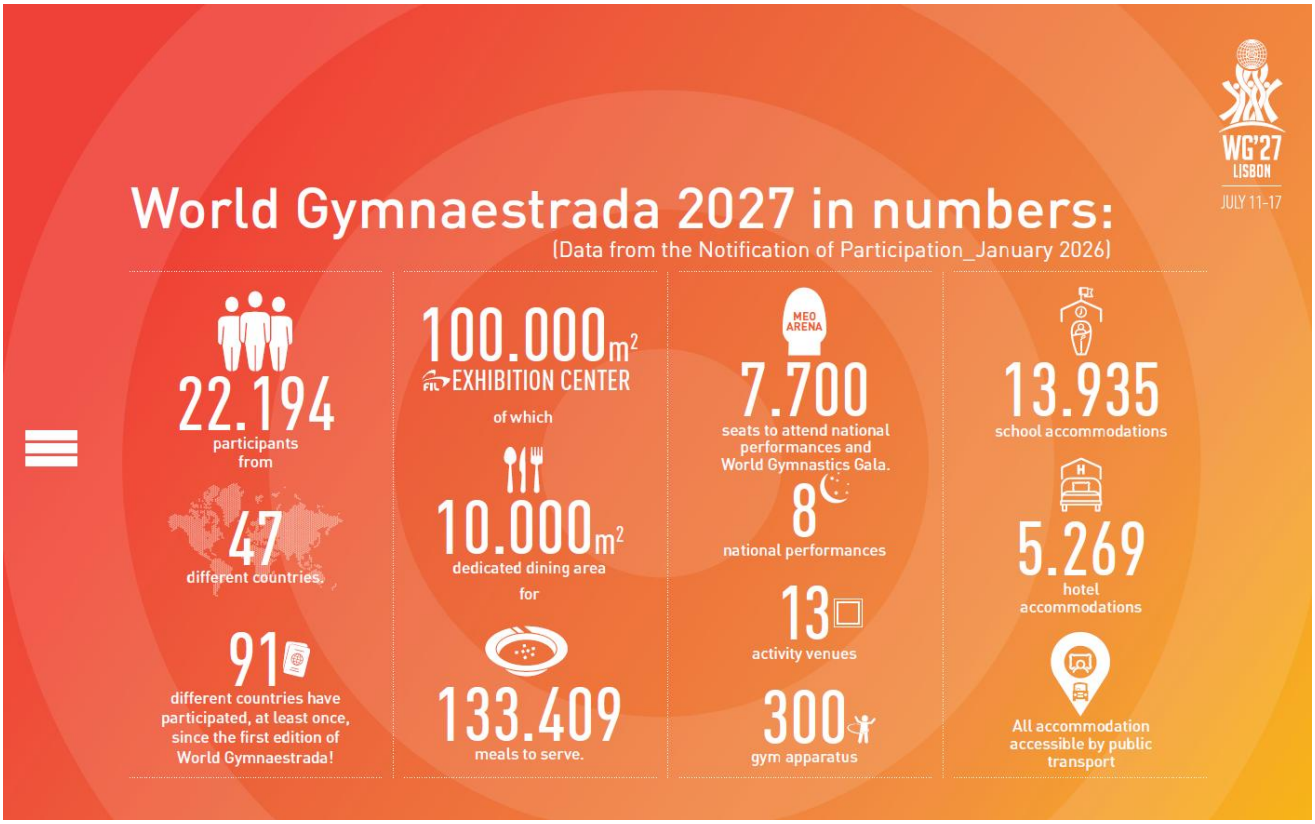
- Lisbon, the capital of Portugal, is a vibrant city and rich in history. Situated on the hills alongside the river Tagus, Lisbon offers a unique combination of tradition and modernity. With its cobblestone streets, charming squares and iconic trams, the city is a true labyrinth of charm.

- Historic neighbourhoods like Alfama and Bairro Alto are known for their colourful facades, whereas Chiado offers a more sophisticated atmosphere, filled with stores and

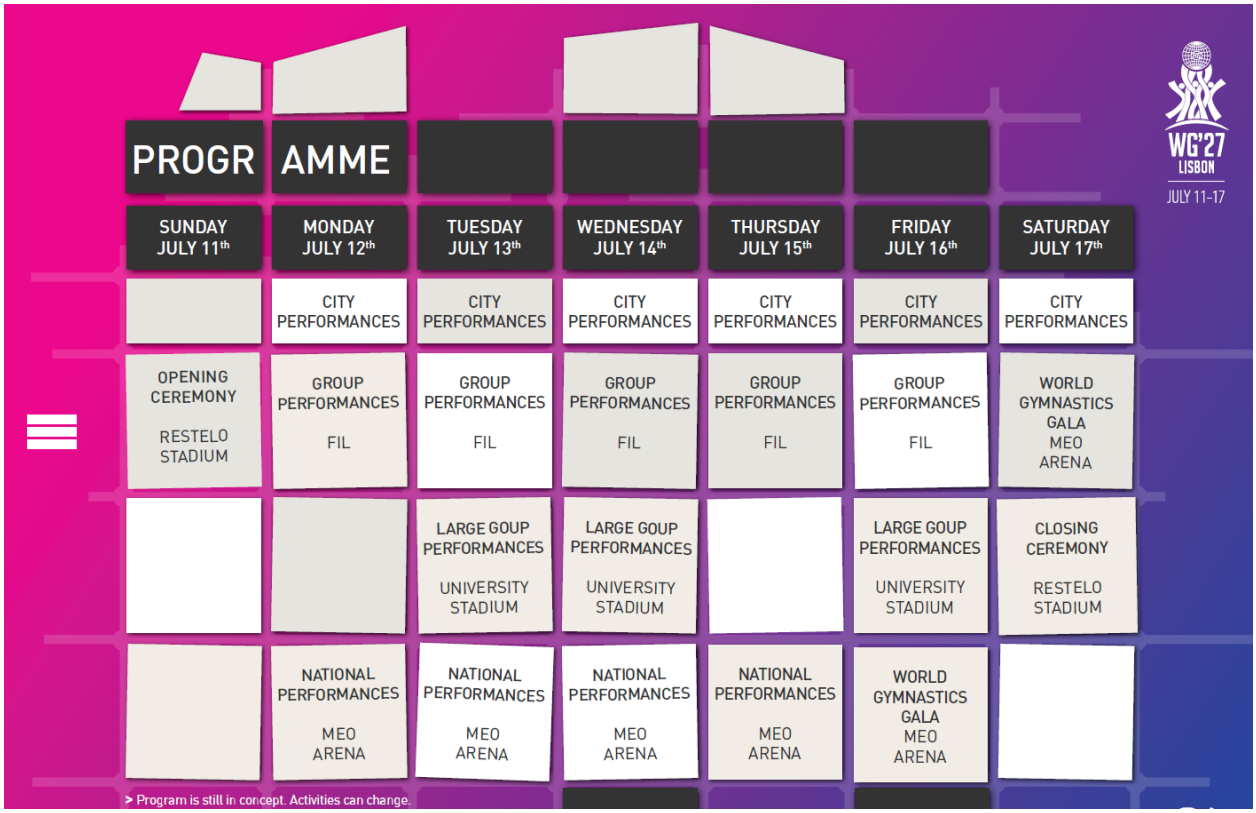
cafes. One of the most well-known landmarks is the Belém Tower and it deserves a mandatory visit.

- Lisbon is also famous for its gastronomy. The codfish dishes, the Portuguese custards and the Port are just some of the delicacies you will be able to enjoy. Apart from that, the city is known for its vibrant and cultural nightlife, with several events, festivals and a vibrant musical scene.

- Sports also play an important role in Lisbon society, with historic clubs as well as being an excellent host of important national and international events (European and World championships in several sports).



Provisional Program



Traditional Portuguese Mosaic Paving – The cue for the event's brand identity

Coming to Lisbon you will have much to see: colourful doors and windows, amazing street art and beautiful tiles. But there is more to enjoy right beneath your feet! The typical Portuguese pavements with patterns in white and black stones called 'calçada portuguesa'.

The literal translation of 'Calçada Portuguesa' is Portuguese Pavement. So, strictly speaking, the general Portuguese sidewalks in white stones are 'Calçada Portuguesa'. But when the Portuguese people talk of 'Calçada Portuguesa' they will refer to the beautiful and artistically patterned pavements, mostly in black and white square shaped cobbles.

In Portugal, paving as a craft appeared around 1500, but it was not until the 19th century that it was executed the way we know it today. Portuguese cities in mainland and overseas were carpeted with this art. Brazil (Copacabana), Macau, Japan or Hawaii are some of the places where you can find samples of this beautiful art.

Patterns were improved and, over the years, they ended up becoming a brand image, in the country and particularly in Lisbon! The Portuguese sidewalk was the motto for developing the event's visual identity.

Just like the "Calçada Portuguesa", Group Gymnastics results, as a whole, are the sum of parts (the gymnasts) in schemes and geometric combinations of greater or lesser complexity! Combined with the logo's colour palette, the different patterns of the Portuguese sidewalk will form the graphic elements of the event's brand image.



Iconic Portuguese sidewalk pattern called "Mar Largo" (Wide Sea).





Opening Ceremony

Location: Restelo Stadium
Date: Sunday, July 11th, 2027

Group Performances (Indoor)

Location: FIL – Lisbon Exhibition and Congress Centre
Dates: Monday, July 12th to Friday, July 16th
Times: Daily from 9:00 – 18:00
Duration: 10 or 15 minutes per show
Performance Area: 30m x 20m x 20m

- Group Performances are designed to show the diversity of 'Gymnastics for All'. Groups include a **minimum** of ten active performers, with no maximum number being set.
- Performances will be **presented three times in an indoor performance** area at FIL - Lisbon Exhibition and Congress Centre. Each performance will take a maximum of either 10 or 15 minutes.

Large Groups Performances (Stadium)

Location: University Stadium
Dates: Tuesday, July 13th, Wednesday July 14th, and Friday July 16th
Times: 14:00 – 18:00 (exact schedules to be confirmed)
Duration: Maximum of 15 minutes per show
Performance Area: 111m x 64m

- Large Groups **will include a minimum of 200 active performers**. Performances will be presented three times in the University Stadium in the centre of Lisbon. Two or more participating member federations may join to form one Large Group.
- A Large Group Performance will have a maximum of 15 minutes.
- The large group performance does not conflict with any national evening or FIG Gala performances.

City Performances

Location: Praça do Comércio; Parque Eduardo VII; Pala do Pavilhão de Portugal; Alameda D. Afonso Henriques
Dates: Monday, July 12th to Saturday, July 17th
Duration: Maximum of 7 minutes per show.

- Lisbon is a fantastic city to discover, where the modern mixes with the traditional in many ways. Bringing Gymnastics to the people, by organizing City Performances, is a must in every World Gymnaestrada! We are going to place outdoor stages in

beautiful squares and gardens around the city, where performances will take place from Monday to Saturday.

- Groups can apply to participate in the World Gymnaestrada only with City Performances. If that is the case, the group presentation of a maximum of 7 minutes will be scheduled three times during the week.
- If a group already participates in the Group or Large Group, or National performances, it can register additionally for one City Performance of a maximum of 7 minutes.

World Gymnastics Gala

The World Gymnastics Gala, formerly known as FIG Gala, is an event under the responsibility of the GfA Committee through which World Gymnastics presents the diversity of GfA and its interpretation.

Location: MEO Arena
Dates: Friday, July 16th and Saturday, July 17th
Duration: 1.5 hours
Capacity: 7000
Performance area: 40m x 20m
Note: spectators sitting on three sides of the arena, curtain on backside

For the World Gymnaestrada 2027, the appointed choreographer is Bruno Oliveira, and the theme of the Gala will be **"ConnectUs"** - "*a journey into the energy that emerges when bodies, emotions, and universes collide*."

ConnectUs
THREADS OF MOTION

Canada will be represented in the 2027 WG Gala by **Momentum Aerial and Acrobatic Troupe** (MB).

Connecting the World (World Team)

Location: University Stadium
Date: ONE of the following days: July 13th, 14th, 16th and 17th
Time: 14:00 – 18:00
Duration: Maximum 15 minutes per show
Performance area: 111m x 64m

- The World Team is an international Large Group Performance in which gymnasts from all over the world can take part.
- What is special about this performance is that it is not connected to any group. All of those participating in the World Gymnaestrada can take part in it, even individuals.
- The performances will be integrated into the programme of the Large Group Performances and the Closing Ceremony.
- The World Team will be presented two times. Previously to the event, the World Team is completely digitally coordinated with the participants. This will involve choreography, training, communication, props, and clothing. During the event's week, there will be an on-site rehearsal on the day of the first performance.

- The schedule for information about the World Team specifically is as follows:
    - October 2026 – Theme, Concept, First instructions, and costs for the National Federations
    - December 2026 – Online meeting: World Team x Choreographer, including information on clothes and props
    - February 2027 – Online meeting: World Team x Choreographer
    - March 2027 – Final meeting with National Federations

Closing Ceremony

Location: Restelo Stadium
Date: Saturday, July 17th, 2027

National Performance (PAGU)

- National Performances allow Federations to present a wide range of GfA activities blended with folklore and characteristics applicable to their Nation.
- Two or more FIG Member Federations may join together to present a single National Performance.
- Selections for the groups representing Canada will be confirmed after the 2026 Canadian Gymnaestrada, and following the information provided by PAGU after the

in-person meeting in Lisbon (see full information regarding the National Evening below).

Location: MEO Arena
Date: Monday, July 12th - Thursday, July 15th
Time: 18:00 – 22:00
Duration: 1.5 hours
Performance area: 40m x 20m
Note: spectators sitting on three sides of the arena, curtain on backside
Capacity: 7000

Pan American Evening – PAGU National Performance

The 2027 WG's proposal includes five main acts and six transitions. The countries with the largest delegations (Canada, USA, Mexico, Brazil, and Chile) will be responsible for the major mass performances, each representing one of the proposed life stages or themes (approximately 10 minutes per country). Countries with smaller delegations would be invited to create and perform the transitions between acts, serving not only as logistical bridges but also as emotional links that introduce the next stage and help maintain the continuity of the show.

Four proposed songs for the mass participation routines were also presented. These include **"Eyla"**, which will introduce the overall theme of the show, and **"Humanos"**, which will close the circle of life represented throughout the various acts and age groups. Both routines will be choreographed and directed by Mini, who, as many of you know, brings the level of experience, creativity, and quality we are seeking to ensure that gymnasts of all ages, abilities, and countries can participate together successfully.

Two additional mass routines will be included (both of these routines will be coordinated by Yessica)**:**

- **"This Is Me"**, a special opening performance featuring gymnasts with strong dance backgrounds. The routine will be divided into three groups (A, B, and C), entering and exiting at different moments while each group carries a specific part of the choreography before eventually coming together in a collective finale.
- **"Vivir La Vida"**, whose choreography was presented during the World Gymnastics for All Colloquium. This routine is being considered as the celebratory finale of the Pan American Night, creating a festive and energetic closing to the event.

The Pan American Night aims to showcase the cultural diversity, colours, rhythms, traditions, emotions, rituals, expressions, life experiences, missions, legacies, and playful

spirit that characterize our continent. We hope each country will explore ways to move the audience emotionally while also leaving them with meaningful reflections.

At the same time, we would like to present a broader image of gymnastics in the Americas by including disciplines beyond the rhythmic and artistic gymnastics that are traditionally featured. We strongly encourage participation from Acrobatic Gymnastics, Trampoline, Aerobic Gymnastics, and Parkour.

The full project vision, plans and the complete description of the performance concept and narrative can be found here:

260529. English. Guión Operativo para la Noche Panamericana.docx

English. La fuerza narrativa de El Rely León.docx

The presentation containing details of the performance and the songs that will be used can be found here: 260526. English Project Presentation NP-2027.pptx

PAGU – Canadian Groups

- Main Act (10-minute performance): **Team Saskatchewan Gymnaestrada**
- Mass routines – "Eyla," "Humanos," and "Vivir la Vida": **Delta Gymnastics**
- Mass routine – "This Is Me," as well as any additional assigned performance, including the finale with all participants: **Bohemka Rhythmic Gymnastics Club**

Indoor Performance assignments – Canadian Groups

15 minutes – Indoor Performances

	Group Name	Group Name	Routine Time	Routine Time
1	Pulsion Santé Gymnaestrada		15 minutes	
2	Bohemka Rhythmic Gymnastics Club		15 minutes	
3	TAG Sports Centre	White Rock Gymnastics	15 minutes	
4	Ad Astra Athletic Academy		15 minutes	
5	Whistler Gymnastics	Rhythmic Waves Gymnastics	7.5 minutes	7.5 minutes

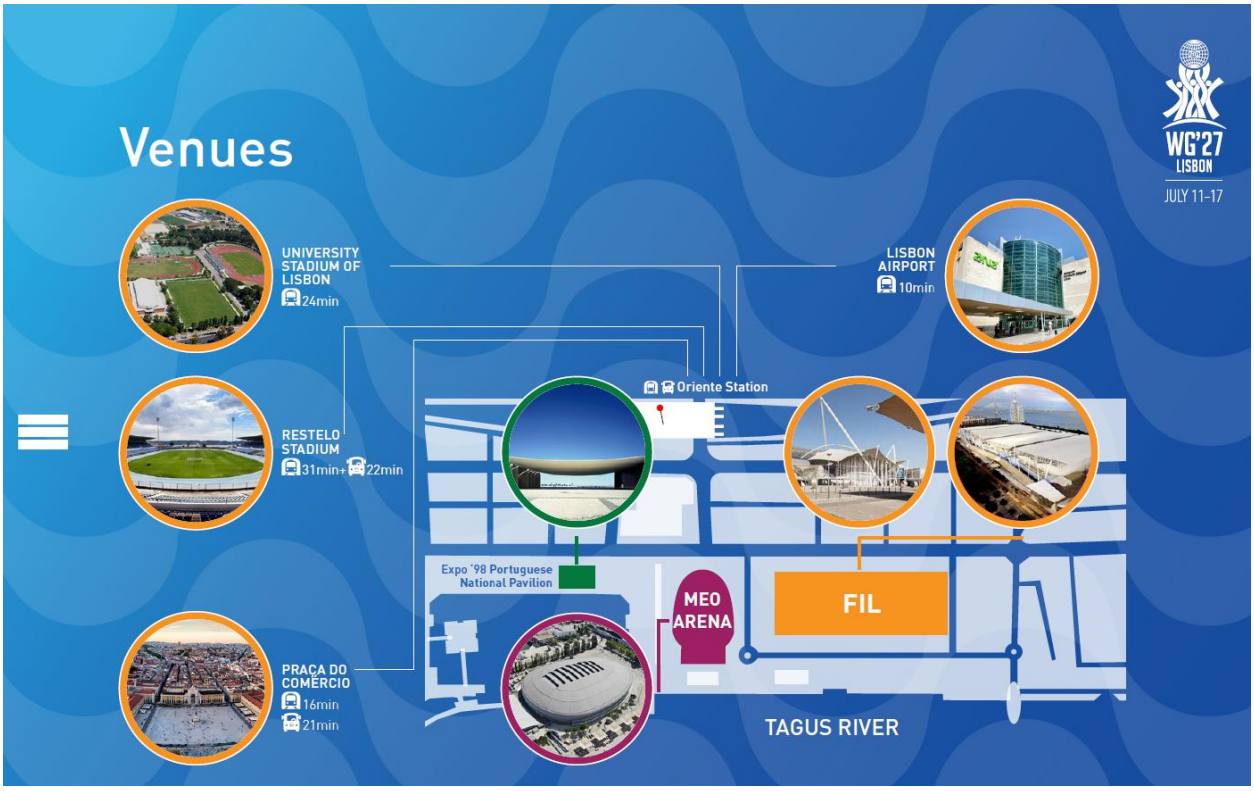
10 minutes – Indoor Performances

	Group Name	Group Name	Routine Time	Routine Time
1	CAPTivate Gymnastics		10 minutes	
2	Delta Gymnastics Society		10 minutes	
3	NorGlen Rhythmic Gymnastics / NorGlen Gymnaestrada		10 minutes	
4	Manitoba Fusion		10 minutes	
5	Bowen Island Gymnastics Club		10 minutes	
6	Team Saskatchewan Gymnaestrada		10 minutes	
7	Explosion Gymnastics		10 minutes	
8	Illusions	South Cariboo	5 minutes	5 minutes
9	Club Aviva Recreation	Alpha Rhythmic Gymnastics Club	5 minutes	5 minutes
10	North Edmonton Gymnastics	Dreams Gymnastics Academy	5 minutes	5 minutes
11	Twisters Gymnastics	TGI	5 minutes	5 minutes

City Performance assignments – Canadian Groups

1. Regina Rhythmic Gymnastics Club (3 performances)
2. Ad Astra Athletic Academy
3. Twisters Gymnastics
4. Club Aviva Recreation
5. Alpha Rhythmic Gymnastics Club
6. North Edmonton Gymnastics Club
7. South Cariboo Rhythmic Gymnastics
8. NorGlen Rhythmic Gymnastics Club
9. Pulsion Sante Gymnaestrada
10. Illusions Rhythmic Gymnastics

Venues


Venues
WC'27
LISBON
JULY 11-17
UNIVERSITY STADIUM OF LISBON
24min
LISBON AIRPORT
10min
RESTELO STADIUM
31min+22min
Oriente Station
Expo '98 Portuguese National Pavilion
MEO ARENA
FIL
PRAÇA DO COMÉRCIO
16min
21min
TAGUS RIVER


Restelo Stadium
The sports complex is located in the famous area of "Belém" comprising the stadium, three training fields, one multipurpose field, and one sports hall.
These spaces will serve as waiting areas for the national delegations prior to the Opening Ceremony parade.
JERÓNIMOS STREET
WC'27 LISBON
OPENING CEREMONY
JERÓNIMOS STREET
Pastéis de Belém
5min
Jerónimos Monestery
5min
Belém Tower
15min

FIL

FIL is the main exhibition centre in Portugal, comprising a total area of 100.000 m², which includes 4 pavilions with enclosed meeting rooms and 1 multi-purpose pavilion with a modern architecture and fully equipped spaces for any type of event. Prepared for both fairs and congresses, FIL occupies a distinguished place among other European Venues.

FIL also includes the FIL Meeting Centre, with 3 auditoria, 5 meeting rooms and 2 foyers, offering excellent conditions for any event.

Located in Parque das Nações, near the riverside. Just 10 minutes from Lisbon airport, 200 meters from Gare do Oriente a Multi-modal transit hub, where we can find all public transportation for the city center, FIL and FIL Meeting Centre are synonymous of quality and innovation.

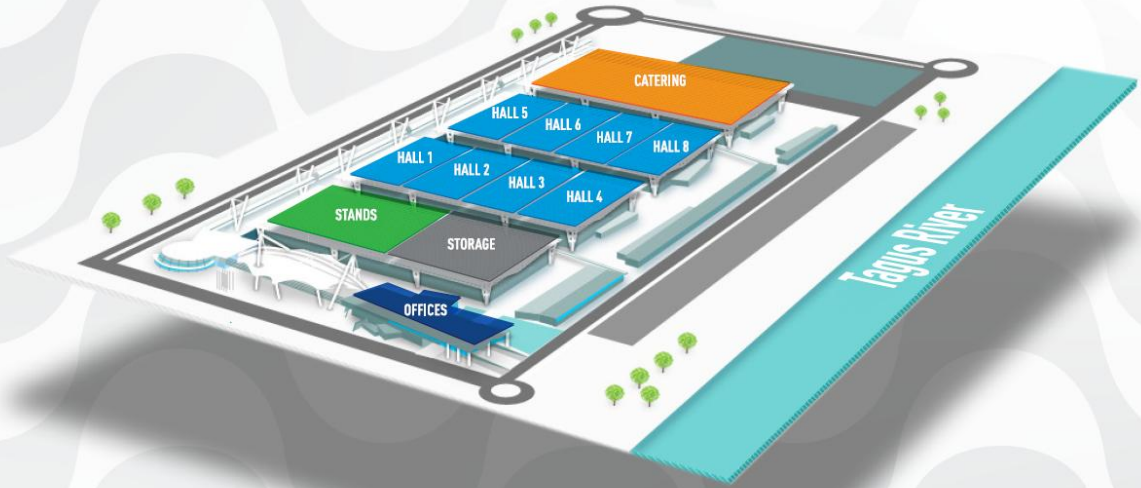
FIL venue will be the heart of the event for the Group Performances, catering and exhibition stands.



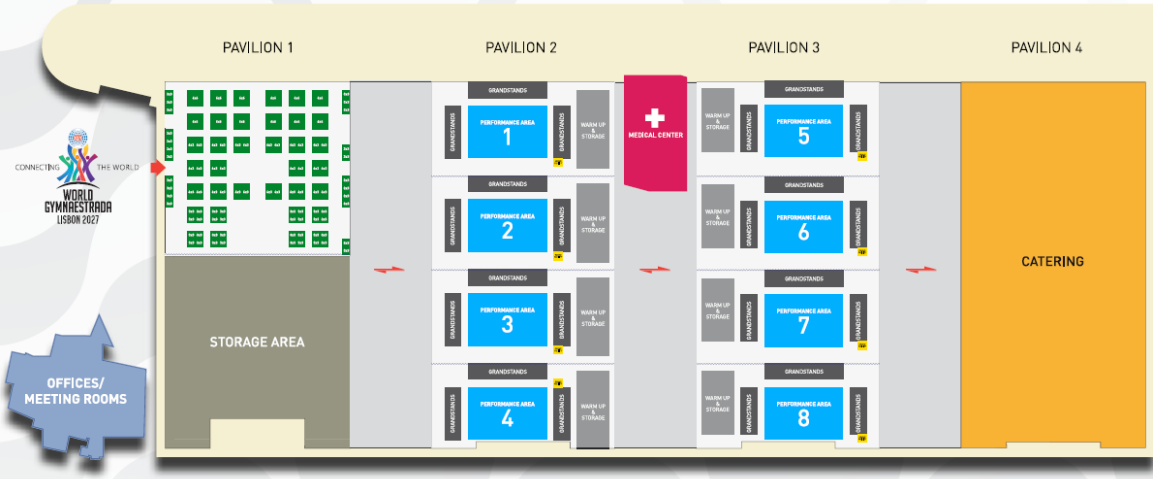




FIL



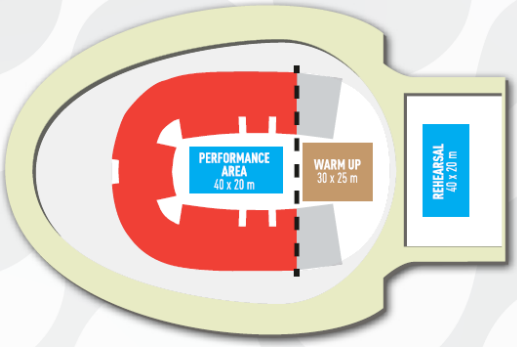
FIL



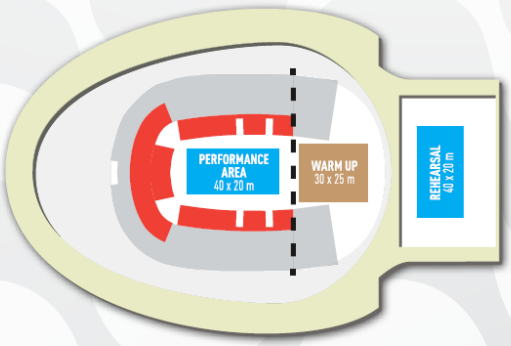
MEO Arena

In this arena, the performance area will measure 40m x 20m (800 m²) and feature seating on three sides.
Federations may choose between two seating capacity versions:

Version A
7.700 seats



Version B
3.150 seats

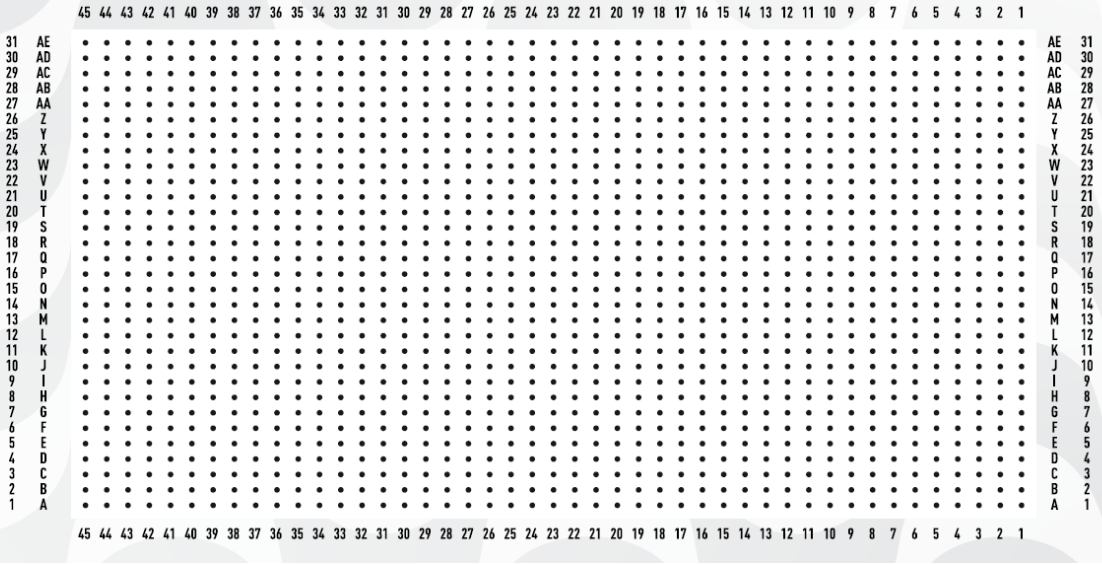


University Stadium of Lisbon



University Stadium of Lisbon

- The venue is equipped with appropriate technical infrastructure for sound and has a seating capacity of 3.600 spectators.
- The field will have marks every 2 meters.



Available Apparatus

The complete gymnastics apparatus will be provided by specialized companies. The specific brands have not yet been decided, and the images shown below are for illustrative purposes only. There will be apparatus with FIG ID certification, as well as other equipment certified at the national level for school activities. After the WG 2027 event, some of the apparatus may be available for purchase at special rates, with more information to be released at a later time.

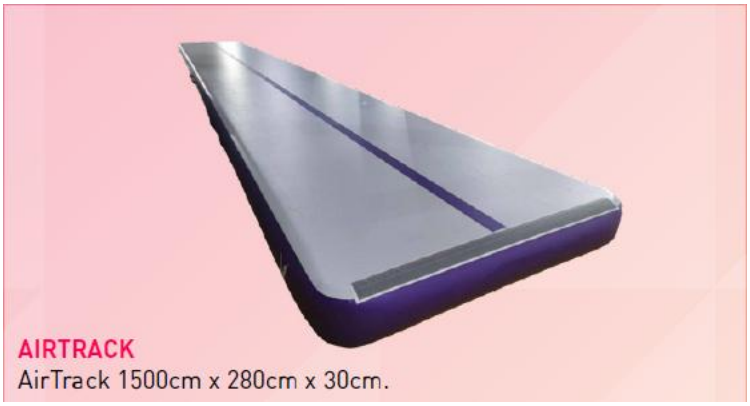
Teams will soon be asked to specify the equipment they need for each group or presentation. The LOC will then review this information and inform the teams about the equipment available for their use.



OPEN-END MINITRAMPOLINE
Open-end minitrampoline Jumping mat of 70cm x 60cm with 13mm braided strap. 32 steel springs and double padding.



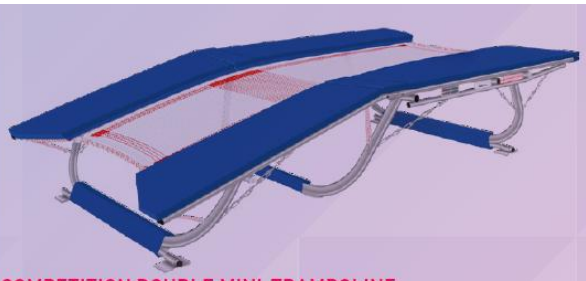
ROLLABLE MATS
Rollable mat 1400cm x 200cm x 3,5cm.



AIRTRACK
AirTrack 1500cm x 280cm x 30cm.



COMPETITION TRAMPOLINE
Trampoline 4x4 Ultimate.



COMPETITION DOUBLE MINI-TRAMPOLINE
FIG certified DMT.



PARALLEL BARS
Certified parallel bars.



POMMEL HORSE
FIG certified pommel horse.



MUSHROOM
Gymnastics mushroom 60cm.



TEAMGYM VAULTING TABLE
According to European Gymnastics rules.



VAULTING BOXES
Soft/foam vaulting table.



VAULTING BOXES
Wooden vaulting table.



MINI TRAMPOLINE/TEAMGYM
According to European Gymnastics rules.



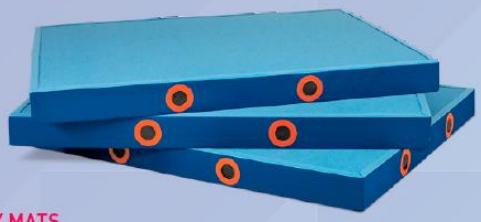
RUN-UP MAT
2500cm x100cm x 2,5cm.



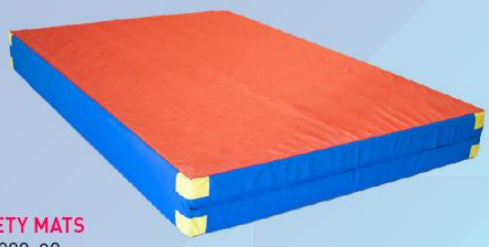
BENCH
250cm length.



SPRINGBOARDS
FIG certified competition springboard. 5 or 8 spring.



SAFETY MATS
300x200x20cm



SAFETY MATS
300x200x30cm.



SAFETY MATS
"Happy landing" 400x200x10cm.



SCHOOL MATS
200x100x5cm.

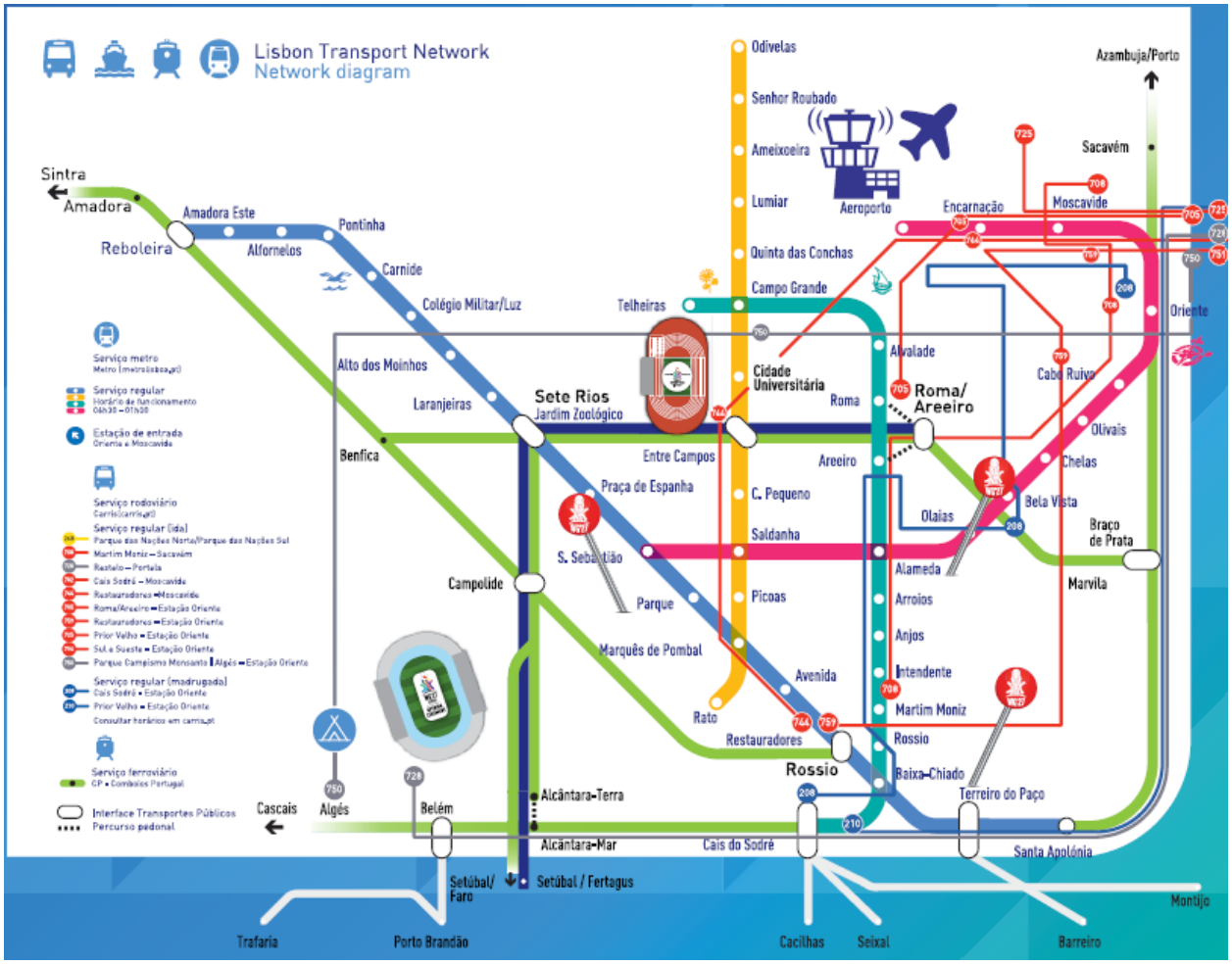
Transportation

- **Public Transport**

The LOC is responsible for all the local transport service arrangements within the whole World Gymnaestrada area (urban center of Lisbon). All participants will receive a public transport card, a multi-day ticket which will be valid during the event dates, from Saturday 10th to Sunday 18th. The card covers the entire World Gymnaestrada venues.

- **Airport Transfers**

Official transfer services will be arranged from Lisbon Airport (LIS) to the accommodation where the delegation is staying. Information and costs will follow in the next bulletin.



Catering

When planning the meals, the main focus is on fresh regional products and healthy, nutritious food specially designed for athletes. The menu includes a combination of local and international dishes, ensuring that participants from many different countries can find meals that suit their tastes and dietary needs.

The meal includes:

- Soup
- Meat or fish menu
- Vegetarian menu
- Fresh vegetables
- A piece of fresh fruit
- Drinks (mineral water and juices)

Only packages will be available. It is possible to order a Lunch package, a Dinner package or a Lunch & Dinner package.

Lunches will be served from July 11th to 17th. Dinners will be served from July 12th to 16th.

Canadian Delegation Uniform Kit

We are excited to announce the official **2027 World Gymnaestrada Uniform Kit** for the Canadian Delegation! All uniform items can be viewed and purchased through the online store linked below.

The store will open on July 1, 2026. Order deadline: January 15, 2027.

https://gymnaestrada2027.secure-decoration.com/

Sizing Opportunities

During the 2026 Canadian Gymnaestrada in Regina, teams will have the opportunity to schedule a sizing session. Most uniform items will be available to try on to help participants select the appropriate sizes before placing their orders. While participation in a sizing session is not mandatory, it is strongly recommended, as all uniform items are custom-produced and cannot be exchanged or returned.

Required Uniform Items

For participation in the 2027 World Gymnaestrada, the following items are mandatory for all registered delegation members, including gymnasts, coaches, managers, chaperones, supporters, and other accredited participants:

- Track Jacket
- Track Pants AND/OR Black shorts
- Cotton AND/OR Performance Red T-Shirt
- Cotton AND/OR Performance Grey T-Shirt

All registered delegation members are required to purchase the mandatory uniform items, regardless of whether they intend to participate in the Opening or Closing Ceremonies. These items are required for official delegation activities, ceremonies, and other functions organized by Gymnastics Canada and the Canadian Delegation. All other items available in the store are optional and may be purchased at the discretion of individuals and teams.

Ceremony Requirements

Opening Ceremony

To participate in the Opening Ceremony, all delegation members must wear:

- Cotton OR Performance Red T-Shirt, Track Jacket, Track Pants ORBlack shorts

Closing Ceremony

To participate in the Closing Ceremony, all delegation members must wear:

- Cotton OR Performance Grey T-Shirt, Track Jacket, Track Pants OR Black shorts

Participants who do not have the required uniform items may not be permitted to participate in the Opening and Closing Ceremonies.

Recommended Items

Lisbon can be very warm in July, and participants may spend extended periods outdoors during ceremonies, performances, and delegation activities. We highly recommend purchasing one of the available hat options and one of the available backpack options.

Important Notes

- All uniform items are custom-produced. As a result, returns, exchanges, and refunds will not be available.
- When ordering youth sizes, please consider future growth, as the uniforms will be worn in July 2027.
- **All registered participants must submit their uniform order by January 15, 2027.**
- Orders received after the deadline cannot be guaranteed and may be subject to additional production and shipping constraints.
- Teams and participants are encouraged to review their orders carefully before submission to ensure all mandatory items have been included.
- **A GymCan merchandise store will not be available in Portugal. Participants interested in purchasing additional items for trading, gifts, or souvenirs should do so during this ordering period.**
- Uniform items may be required for official delegation functions, accreditation-related activities, ceremonies, media opportunities, and other events organized by Gymnastics Canada and the Canadian Delegation.
- If applicable, additional information regarding order distribution, delivery timelines, and order pick-up procedures will be communicated closer to the production and shipping dates.



Pursuit Athleisure Jacket
Available in Men's, Ladies, Youth
Colour: Black



Propel Athleisure Pant
Available in Men's, Ladies, Youth
Colour: Black



Performance Polo
Available in Men's, Ladies, Youth
Colour: Black, Red



Cotton T-Shirts
Available in Men's, Ladies, Youth
Colour: Black, Red, Sport Grey



Performance T-Shirts
Available in Men's, Ladies, Youth
Colour: Red, Grey, Black



Cotton Tank Tops
Available in Men's & Ladies
Colour: Athletic Heather, Black, Red



Wave Athletic Short w/Pockets
Available in Adult, Youth
Colour: Red, Athletic Grey, Black



Ladies Knock Out Shorts
Available in Ladies
Colour: Red, Black



Ladies Flex Leggings
Available in Ladies
Colour: Black



Performance Hooded Long Sleeve Shirt
Available in Men's & Youth
Colour: Black, Sport Graphite, Sport Red

FROM HERE, WE SOAR
WORLD GYMNAESTRADA PORTUGAL 2027



Moisture Wicking UPF50+ Poly Hat
Available in Adult (adjustable)
Colour: White, Black



Mesh Canada Trucker Hat
Available in Adult (adjustable)
Colour: Heather Grey/Canada Flag



Summit Perforated Cap w/Rope
Available in Adult (adjustable)
Colour: Red/White Rope



Lapel Pin
TBD
Colour: TBD



Under Armour Hustle Team Backpack
One Size
Colour: Black or Castlerock



KOI Canvas Backpack 13L
One Size
Colour: Black, Faded Grey, Faded Tan



KOI Matte Sling Bag 4L
One Size
Colour: Onyx, Bone



Vizela Crystal Sunglasses (min. 100)
Decoration: 1 colour imprint
Colour: Red/Clear



37" Compact Travel Umbrellaw/case (min. 48)
Decoration: Transfer on case only
Colour: Red/Black



E-Z Breezy Rechargable Neck Fan (MOQ 25)
Hands-Free, 1 Colour Imprint (both sides)
Colour: White



E-Z Breezy Mini Travel Fan (MOQ 35)
1 Colour Imprint, 1 Location
Colour: White



Krienes Cooling Towel w/Container (MOQ 35)
Decoration: Towel (full colour)
Colour: Container - Clear/Black, Towel - Grey/Black



Black Veil 650ml Tritan Bottle (MOQ 25)
Decoration: 1 colour or full colour, 1 location
Colour: Red/Black

Canadian Delegation 2027

To receive services from GymCan, a group and person must be registered as part of the Canadian Delegation:

- ☑ **A participant**: registered as a gymnast, coach, group manager, chaperone, or supporter.
- ☑ **A supporter**: receives the same services as every other member of the Canadian Delegation and will receive the same participant package.
- ☒ **A tourist**: anyone who is not a registered participant of the Canadian Delegation. A tourist receives **no services** from GymCan and is responsible for making their own arrangements to attend the event. This includes accommodations, ground transportation, purchasing tickets to attend the different performances, etc. Please communicate this information to those who are planning their holidays to coincide with the 2027 WG.

General Eligibility

- Groups **must** perform in the 2026 Canadian Gymnaestrada.
- All participants must be members in good standing with their P/T organization.
- **All participants must have personal accident and medical insurance.**
- Groups must submit all required registration information according to the deadlines outlined within the Information Bulletins.
- Clubs or P/T organizations are responsible for the members of their group at all times and are also liable for their registration costs after the nominative entry is submitted to GymCan.
- **Every group must have at least one designated coach with a minimum certification level of NCCP Competition 1 (or equivalent).** If a club or P/T registers more than one group, they must designate a different coach for each registered group.
- **Each group must have a designated group manager.**
- A group must appoint one (1) chaperone for every ten (10) gymnasts below the age of 16 at the time of the event. A group may appoint a maximum of two (2) chaperones for every ten (10) gymnasts below the age of 16 participating in the WG.
- Gender equity is required as per the underage group members. This means at least one of the group's support personnel (coach, group manager, chaperone) must be the same gender in relation to each underage participant.

Safe Sport

- Anyone registered as a coach, group manager, chaperone, or supporter (over the age of majority) must provide proof of a **Criminal Record Check, including a vulnerable sector check,** within **12 months** of World Gymnaestrada 2027. The Vulnerable Sector Check must be completed for gymnastics.
- If a Criminal Record Check indicates a violation, Gymnastics Canada will follow-up with the individual directly to conduct a risk assessment and learn about the nature and circumstances of the conviction. Gymnastics Canada will keep the results of Criminal Record Checks confidential and will not disclose the results to any persons unless it is required by law, is necessary for a disciplinary proceeding, or is in the best interest of the public.
- All registered participants must adhere to the Coaching Association of Canada's Rule of Two for all interactions with members of the Canadian Delegation who are under the age of majority - https://www.coach.ca/sport-safety/responsible-coaching-movement/rule-two
- The goal of the Rule of Two is to ensure all interactions and communications are open, observable, and justifiable.
- When following the Rule of Two, two responsible adults (a coach, parent, or screened volunteer) are present with a participant.
- Background screening is a way of making sure that coaches meet all requirements to coach participants.

Roles and Definitions

Group:

- By definition, a group presents an Indoor, City, National Performance, or WG Gala performance.
- Group size is a **minimum of 10 gymnasts performing at all times** (there is no maximum number).
- A group may consist of:
    - Gymnasts from one club
    - Gymnasts from two or more clubs

Participant:

a) Gymnast:

- By definition, a gymnast trains and partakes in a group performance.

- A gymnast may participate in more than one type of group performance (Indoor, City, Large Group, National Performance or WG Gala) but cannot participate in more than one Indoor group, one City, one Large, one National Performance, or one WG Gala group.

- The minimum recommended age for gymnasts to participate in the WG is 10 years of age within the year of the event (example: a gymnast who turns 10 on December 29, 2027, is considered age 10 during the entire year, from January 1 until December 31). Gymnasts younger than 10 may be permitted to participate by GymCan on a case-by-case basis.

- **Minimum Age Exemptions**: An exemption to this requirement may be granted by GymCan on a case-by-case basis. The minimum age exemption request form is attached as Appendix A. When preparing to submit a request, please ensure that your NCCP-certified coach refers to Gymnastics Canada's Long-Term Athlete Development Model and considers all aspects of the participant's development (psychologically, emotionally, physically, and socially) in relation to their readiness to travel internationally and perform at a week-long World event. Ultimately, it is the coach's responsibility to confirm the underage athlete is developmentally ready to take on all of the expectations and responsibilities associated with being a registered participant in the WG.

- A gymnast must be registered as a gymnast within a provincial/territorial organization (P/TO) when their name is submitted on the nominative registration form.

- A gymnast who is not a registered member in good standing of a P/TO may not participate in the WG.

b) Coach:

- By definition, a coach prepares the gymnasts and directs the group's performances. The coach is responsible for all training and performance activities that the group is involved in during the WG and should NOT have other duties (i.e. Group Manager or Chaperone).

- A coach **must be NCCP Competition 1 Certified (or equivalent) in at least one gymnastics discipline** (men's artistic, rhythmic, trampoline, or women's artistic gymnastics) to have access to the training and performance gyms.

- **All registered coaches must have a FIG Coach ID by the Definitive Registration (January 2027). More information on this process will be shared in the next Information Bulletin.**

- A coach must be registered as a coach with a P/TO when their name is submitted on the nominative registration form.

Safe Sport Requirements: Any coach traveling as a member of the Canadian Delegation internationally must:

  - Hold a valid **Criminal Police Check, <u>including vulnerable sector</u>,** valid within 12 months of the date of the event.

  - Successfully complete the **Making Head Way Concussion eLearning module from the Coaching Association of Canada:** https://thelocker.coach.ca/onlinelearning#MHW-SP-E

  - Successfully complete within the past 5 years, the **Respect in Sport – Activity Leader training program from Respect Group Inc**.: https://gymnasticscanada.respectgroupinc.com/

  - Successfully complete the **Understanding Rule of Two eLearning module from the Coaching Association of Canada**: https://thelocker.coach.ca/onlinelearning#URT-E

  - Successfully complete the **Safe Sport eLearning module from the Coaching Association of Canada:** https://coach.ca/sport-safety/safe-sport-training

If these requirements are not met and proof of completion is not sent to GymCan by the nominative registration deadline (November 2026), the coach and the group will not be allowed to participate in the WG.

c) Group Manager (Leader):

- By definition, a group manager coordinates and facilitates their group's participation in the event. This person liaises directly with GymCan on all pre-planning matters and is the main contact point for Canadian Delegation Management Team during the WG. This person must have strong administrative and people skills and must be able to work well under pressure.

- A group manager must be registered with the P/TO when their name is submitted on the nominative registration form.

Safe Sport Requirements: Any group manager travelling as a member of the Canadian Delegation internationally must:

- Hold a valid **Criminal Police Check, <u>including vulnerable sector</u>,** valid within 12 months of the date of the event.

- Be a minimum of 21 years of age at the time of the event.
- Successfully complete within the past 5 years the **Respect in Sport – Activity Leader training program from Respect Group Inc**.: https://gymnasticscanada.respectgroupinc.com/

- Successfully complete the **Understanding Rule of Two eLearning module from the Coaching Association of Canada**: https://thelocker.coach.ca/onlinelearning#URT-E

- Successfully complete the **Safe Sport eLearning module from the Coaching Association of Canada:** https://coach.ca/sport-safety/safe-sport-training

If these requirements are not met and proof of completion is not sent to GymCan by the nominative registration deadline (November 2026), the manager and the group will not be allowed to participate in the WG.

d) Chaperone:

- By definition, a chaperone supervises underage gymnasts. The chaperone must supervise their group of underage gymnasts at all times during the WG. This person must have good people skills and must be able to create and maintain a safe environment for children.

- A chaperone must be registered with a P/TO when their name is submitted on the nominative registration form.

Safe Sport Requirements: Any chaperone travelling as a member of the Canadian Delegation internationally must:

- Hold a valid **Criminal Police Check, <u>including a vulnerable sector check</u>**, valid within 12 months of the date of the event.

- Be a minimum of 21 years of age at the time of the event.

- Successfully complete within the past 5 years the **Respect in Sport – Activity Leader training program from Respect Group Inc**.: https://gymnasticscanada.respectgroupinc.com/

- Successfully complete the **Understanding Rule of Two eLearning module from the Coaching Association of Canada**: https://thelocker.coach.ca/onlinelearning#URT-E

- Successfully complete the **Safe Sport eLearning module from the Coaching Association of Canada:** https://coach.ca/sport-safety/safe-sport-training

If these requirements are not met and proof of completion is not sent to GymCan by the nominative registration deadline (November 2026), the chaperone and the group will not be allowed to participate in the WG.

e) Supporter:

- By definition, a supporter is a person (generally a family member) with no other role apart from providing support and assistance as required by their group manager. Underage children listed as supporters must be under their parent/guardian's care and not the chaperone's care.

- There is no maximum number of supporters per team, but the group manager and coach must take full responsibility for every registered group participant, including supporters. This should be a consideration when determining a manageable group size.

- A supporter must be registered with the P/TO when their name is submitted on the nominative registration form.

Safe Sport Requirements: Any supporter travelling as a member of the Canadian Delegation internationally must:

- Hold a valid **Criminal Police Check, including a vulnerable sector check**, valid within 12 months of the date of the event (if over the age of majority).

- Supporters under the age of majority will not be required to submit a Criminal Police Check, however, GymCan must be notified if individuals under the age of majority have any prior convictions or current involvement in investigations of criminal behaviour.

Additional Requirements

- Please review the Gymnastics Canada Safe Sport Policy, Code of Ethics and Conduct, Complaint and Discipline Policy, and Travel Policy:

New links for all the GymCan policies will be updated later

~~http://gymcan.org/uploads/content/gymcan_national_safe_sport_policy_apr19.pdf~~

~~http://gymcan.org/uploads/content/gymcan_code_of_ethics_and_conduct_policy_apr19.pdf~~

~~http://gymcan.org/uploads/content/gymcan_complaints_and_discipline_policy_apr19.pdf~~

~~http://gymcan.org/uploads/content/final%20-%20approved%20-%20travel_policy_en.pdf~~

If these requirements are not met and proof of completion is not sent to GymCan by the nominative registration deadline (November 2026), the supporter and the group will not be allowed to participate in the WG.

All registered members of the Canadian Delegation are required to READ and SIGN the Confirmation of Compliance with the Code of Ethics and Conduct by the definitive registration deadline (Appendix to be sent in a later info bulletin)

Canadian Delegation Management Team

Head of Delegation: Denise Alivantov (Gymnastics Canada)
VIP: Debra Armstrong (Gymnastics Canada)

Delegation Managers
TBD

Medical:
Team Doctor – TBD
Sport Therapist – TBD

National Federation Contact

Gymnastics Canada
January 2026 – December 2026 – Jackie Patatas
January 2027 – July 2027 – Denise Alivantov

Lines of Communication

Communicating with World Gymnastics and WG LOC

- Before the WG, all communication between World Gymnastics/WG LOC and Team Canada is through the national federation – GymCan.

- During the WG, all communication between World Gymnastics/WG LOC and Team Canada is through the Head of Delegation for Canada.

- The WG LOC and World Gymnastics will not answer questions from the participants (any questions received will be forwarded to the national federation), so please do not contact them directly.

- World Gymnastics Gala groups will be in direct contact with the Gala managers from the LOC.

Communicating with GymCan – Prior to the WG

- GymCan will communicate only with the designated Group Manager and Head Coach.
- GymCan will not answer questions from the participants (any questions received will be forwarded to the applicable group manager and coach).

Costs and Expenses

The World Gymnaestrada is a self-funded event. In addition to the costs associated with the selected package, participants must also cover the cost of airfare, visas or electronic travel authorizations, and additional food while on-site. Uniform pieces are paid separately.

WG Gala tickets and any additional national evening tickets (which are not provided in the basic package) will be offered to participants for purchase in advance. The costs for these additional items will be invoiced separately.

World Gymnaestrada registration is organized through the national federation - GymCan (Participant cards, airport transportation, catering, accommodations, etc.). GymCan must pay all WG fees in Euros. Prices for each package are determined based on the average exchange rate over a 24-month period. **If there is an unexpected increase in the exchange rate, GymCan has the right to increase the cost of the packages to cover any deficit that would occur.**

Accommodation Information

Here are the different accommodation options and the cost breakdown per participant, with prices converted to CAD. Please note that some items are still marked as TBD because the LOC hasn't confirmed the prices yet.

Hotel bookings are being communicated directly to each group. Because each group selected its preferred area and/or budget category, hotel prices will not be listed here; they will be shared directly with the respective groups.

Payment Plan:
By the provisional registration deadline (August 2026), GymCan is required to pay the Local Organizing Committee a **non-refundable deposit equal to 10% of the Participant Card fee for each provisionally registered participant**. GymCan will issue an invoice to each participating team to collect the required deposit and will then make the payment directly to the LOC.

Please note that this deposit is **non-refundable**. If a team ultimately registers more participants than originally indicated or withdraws from the event, any non-refundable costs incurred by GymCan on the team's behalf will remain the responsibility of that team.

Where applicable, any additional amount owing will be invoiced to the team, or the balance will be reconciled as part of the team's subsequent payment(s).

Provisional Registration – 10% participant card	$50.00 per person	**Deadline to pay GymCan: August 17th 2026**
Definitive Registration – 50% participant card, schools, meals, transport, tickets, GymCan fees, etc.	TBD	January 2027 (Deadline to pay GymCan will be before January, day TBC)
Final Payments – 40% participant card and everything else that is remaining/outstanding	TBD	May 2027 (Deadline to pay GymCan will be before May, day TBC)

Notes:
Important message from WG: payments should be received before the stipulated deadline. If payments are received after the deadline, the National Federation will be sanctioned by the WG (this is a new rule).

- Before the final payment is made, additional individuals may be added to the delegation (though not entire groups).
- All delegation members must pay for the Participant Card.

Schools

As part of the accommodation options for the 2027 World Gymnaestrada, participants may choose to stay in the official school accommodation provided by the Organizing Committee. While Gymnastics Canada will make this option available, we want to ensure that everyone understands the nature of this accommodation before making a decision.

School accommodation is intended as a low-cost option and offers a very different experience from staying in a hotel. Participants should expect basic facilities, shared sleeping areas (typically classrooms or gymnasiums), shared washrooms, limited privacy, and a communal living environment. Flexibility, patience, and cooperation are essential. We still don't know what the layout/set-up for the sleeping arrangements will be.

At this time, the Organizing Committee has not yet assigned schools. We expect to receive details regarding the specific school(s), room configurations, and whether Canada will share accommodations with participants from other countries around February 2027. Until then, we are unable to answer questions regarding the exact location, amenities, or room assignments.

Safe Sport Expectations:

Gymnastics Canada is committed to providing a safe, respectful, and inclusive environment for all Canadian participants. Because school accommodation involves large numbers of participants living together in shared spaces, additional Safe Sport measures will be implemented.

Participants selecting school accommodation should expect:

- Mandatory compliance with all Gymnastics Canada Safe Sport policies and the World Gymnaestrada accommodation rules.
- Mandatory completion of extra Safe Sport education or training required by Gymnastics Canada prior to departure.
- Assigned Canadian delegation supervisors/chaperones responsible for participant welfare and oversight.
- Established quiet hours, curfews, and designated lights-out times that all participants must respect.
- Rules regarding visitors, access to sleeping areas, and movement within the accommodation facilities.
- Expectations to maintain respectful behaviour toward fellow Canadian participants, participants from other nations (if accommodations are shared), volunteers, and school staff.
- Procedures for reporting concerns or incidents, with all participants expected to cooperate fully if an issue arises.

Failure to comply with these expectations may result in disciplinary action by Gymnastics Canada and, where applicable, the Organizing Committee.

Is School Accommodation Right for You?

School accommodation can be a wonderful way to experience the international spirit of World Gymnaestrada while keeping costs lower. However, it is best suited for participants who are comfortable with:

- Sleeping in shared spaces and shared bathrooms.

- Limited privacy.
- Basic facilities.
- Living closely with large groups of people.
- Following structured rules and schedules throughout the event.

Participants seeking greater privacy, quieter surroundings, or additional comfort may wish to consider hotel accommodation instead.

Additional information, including school assignments, packing recommendations, accommodation rules, and Safe Sport requirements, will be shared as soon as it becomes available from the Organizing Committee.

Payment for school accommodation will be made together with the Definitive registration.

Payment Conditions for Hotels

Date	**%**
With Contract signature (September 2026)	20% (non-refundable)
Until December 1, 2026	Additional 30% deposit
Until April 1, 2027	Additional 40% deposit
Until June 1, 2027	Remaining 10% balance

Costs per Person

Current as of September 28, 2026
Please note: Prices may change. Updates will be provided to groups as received by LOC.

Exact prices for hotels will be communicated directly to each group and will depend on the location of choice.

All participants will be able to select meal options and make payment for meals, school accommodation, airport transfer, and tickets together with the Definitive Registration.

The Participant Card is mandatory for all participants (gymnasts, coaches, managers, chaperones, supporters, etc.)

Participant Card (Accreditation) • Opening Ceremony at Rastelo Stadium • General access to FIL Convention Centre	**€ 290.00**	**CAD 478.50**

• General access to the University Stadium • Lisbon public transport card (Navegante) • Closing Ceremony at Rastelo Stadium Not included: Tickets National Performances Tickets WG Gala **LOC could increase cost*		

Schools	Prices in Euros	Conversion to CAD
Comfort package (air mattress, sleeping bag, pillow)	€ 80.00	$ 132.00
8 nights of accommodation at school with breakfast included - July 10-18	€ 280.00	$ 462.00

Meal Options	Prices in Euros	Conversion to CAD
12 hot meals (lunch and dinner)	€ 240.00	$ 396.00
7 hot lunches ONLY (July 11-17)	€ 155.00	$ 255.75
5 hot dinners ONLY (July 12-16)	€ 110.00	$ 181.50

IMPORTANT: Dinner will NOT be served following the Opening or Closing Ceremonies.

Services and Admin	Prices in Euros	Conversion to CAD
Airport transport from Lisbon Airport to the Canadian school (July 10)	TBD	
Airport transport from Canadian school to Lisbon Airport (July 18)	TBD	
1 World Gymnaestrada Gala (cat 1)	€ 39.00	$ 64.35
1 World Gymnaestrada Gala (cat 2)	€ 44.00	$ 72.60
1 PAGU National Evening Ticket (cat 1)	€ 32.00	$ 52.80
1 PAGU National Evening Ticket (cat 2)	€ 39.00	$ 64.35
GymCan Medical Team / Management Team Support	**€ 60.00**	**$ 100.00**
GymCan Welcome Party	**€ 20.00**	**$ 33.00**
Basic Medical Insurance (required by FIG and WG LOC)	TBD	TBD

Tickets for Spectators/Family/Friends (Non-Registered Participants)

Ticketing

EVENT	FREQUENCY	PRICE
Opening Ceremony *		28,00 €
Group Performances*	Daily	20,00 €
	Week pass [5 days]	75,00 €
World Gymnastics Gala		[Cat 2] 39,00 €
		[Cat 1] 44,00 €
National Performances		[Cat 2] 32,00 €
		[Cat 1] 39,00 €
Large Group Performances*		15,00 €
Closing Ceremony*		20,00 €



* Free for participants

Tentative Registration Process

The registration for this event is a several-step process and may be completed by either the club/group manager or the P/TO. **Only one individual/representant per group must complete the registration.** All fees are communicated in Canadian dollars unless specified otherwise. The registration process and fees apply to all registered participants (gymnasts, coaches, group managers, chaperones, and supporters).

1. **Provisional Registration – August 2026 (Completed!)**

- Generally:
    - Intent Fee (10% participant cards – CAD 50 per person)
    - Total number of participants, information on participants with additional needs
    - Group & Performance information (expected number of active participants per unit and length of performances (10 or 15 minutes)
    - ~~Name of participants, year of birth, role~~
    - Interest in participating, Large Group and/or World Team.
    - National Performances
    - Selection of accommodation options

2. **Hotel booking and payments – September 2027**

- Each group that selected hotels as its accommodation option will receive direct communication from GymCan regarding the hotel booking process, including contract signing with the third party appointed by the LOC to manage reservations and any other relevant information.

- Please refer to the description above for details about the payment plan applicable to hotel bookings. These payments may differ from other payments that groups are required to make to GymCan, such as ticket, GymCan fees, or transportation fees. Groups may therefore receive separate invoices for hotel bookings and other fees if payment deadlines do not align.

3. **Uniform Order – July 2026 to January 2027**

    - This cost is not part of the participant package and will be paid separately through the online portal.
    - **Deadline to place order: January 15, 2027**

4. **Safe Sport and Coaching Certification – Fall 2026**

- Generally:
    - Safe Sport Requirements and other training (see links above):
        - **Criminal Record Check** (coach, group manager, chaperone, and supporter)
        - **Vulnerable Sector Check** (coach, group manager, chaperone, and supporter)

        - **Making Head Way Concussion eLearning module** (coach)
        - **Respect in Sport – Activity Leader training program** (coaches, group manager, chaperone)
        - **Understanding Rule of Two eLearning module** (coach, group manager, chaperone)
        - **Safe Sport eLearning module from the Coaching Association of Canada** (Coaches, group manager, chaperone)

    - Coach Requirements (see information above):
        - **NCCP Competition 1 Certified (or equivalent) in at least one gymnastics discipline**
        - **FIG Coach ID**

5. **Definitive/Nominative Registration – TBD – to be updated in November, but it will be before January 2027**

- Generally:
    - Definitive Registration (50% participant cards + GymCan Fees + schools, meals, transport, tickets, etc.)
    - All additional participants not accounted for in the provisional registration will be added here, and payments for Participant Cards will be consolidated.
    - Final Group List (any additions can be made by this deadline)
    - Name of participants, year of birth, role and other information that will be requested (form TBD)
    - If complete, Flight bookings (airline, flight number, arrival/departure dates, times and location)
    - Performance description(s)
    - Apparatus requirements
    - Music information
    - See payment plan for hotels above

6. **Final Registration – March/April 2027 - Deadline to pay GymCan TBD**

- Generally:
    - 40% participant card and everything else that is remaining/outstanding
    - Medical Information
    - Copy of Passport

More Information

https://www.ginastica.org/wg2027

https://activitymessenger.com/org/2366/page/wAG8eFu/gymnastics-for-all