

National Ringette School- Terrace - Group 1 - 2015 - 2018 Birthdates
Terrace Sportsplex - 3320 Kalum St, Terrace, BC V8G 2N6
August 18-21, 2026

Tuesday		
8:00 AM		Sign In
8:00 AM	to	8:15 AM Sign In Activity
8:15 AM	to	8:30 AM Team Meeting
9:00 AM	to	10:00 AM Ice
10:15 AM	to	11:00 AM Ice Breaker
11:30 AM	to	12:30 PM Ice
12:45 PM	to	1:45 PM Lunch & Strategy Session
1:45 PM	to	2:15 PM Goal Setting
2:15 PM	to	2:45 PM Team Identity & Becoming a Team Activity
3:15 PM	to	4:15 PM Ice
4:15 PM		Pick Up

Wednesday		
8:00 AM		Sign In
8:00 AM	to	8:30 AM Agility Games
9:00 AM	to	10:00 AM Ice
10:15 AM	to	11:00 AM Hand Eye Coordination Games
11:30 AM	to	12:30 PM Ice
12:45 PM	to	1:30 PM Lunch & Strategy Session
2:00 PM	to	3:00 PM Ice
3:10 PM	to	3:30 PM Mental Training
3:30 PM	to	4:15 PM Beat the Clock - Relay Races
4:15 PM		Pick Up

Thursday		
8:00 AM		Sign In
8:00 AM	to	8:30 AM Sign In Activity
9:00 AM	to	10:00 AM Ice
10:15 AM	to	11:00 AM Communication Games
11:30 AM	to	12:30 PM Ice
12:45 PM	to	1:45 PM Lunch & Strategy Session
1:45 PM	to	2:15 PM Endurance Games
2:15 PM	to	2:45 PM Mental Training
3:15 PM	to	4:15 PM Ice
4:15 PM		Pick Up

Friday		
8:00 AM		Sign In
8:00 AM	to	8:30 AM Sign In Activity
9:00 AM	to	10:00 AM Ice
10:10 AM	to	10:30 AM Mental Training
10:30 AM	to	11:15 AM Trivia!
11:15 AM	to	12:15 PM Lunch & Strategy Session
12:15 PM	to	1:15 PM Work As One Activity
1:15 PM	to	1:30 PM Warm Up
2:00 PM	to	3:00 PM Ice - Scrimmage!
3:15 PM	to	4:15 PM Wrap Up / Goodbyes
4:15 PM		Pick up

Late Pick-Up Policy: \$10/15mins.

Payable with cash only upon same day pick-up or next day drop-off.

Child will not be permitted to re-join the camp until fee is paid.

REMEMBER TO BRING:

- Nut free lunch and snacks
- Bug spray
- Water bottle
- Full equipment
- Sharp skates
- Stick
- Running shoes
- Athletic clothes
- Hat
- Sunscreen

Contact info: 403-284-5161 (text or call)
questions@nationalringetteschool.com

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