Powell River Gymnastics Birthday Information

7039 Field Street, Powell River 604-485-0520 office@prgymnastics.ca

Please do not arrive earlier than 15 minutes prior to your scheduled start time.

- What to wear? Tight t-shirt, leggings, yoga pants or shorts. Long hair up in pig tails or ponytails. Bare feet. No dresses, skirts, ties, zippers, buckles, jeans and snaps. No jewelry except stud earrings.
- **What's included:** Exclusive use of the gym, 1 certified coach, tables, chairs & use of the fridge & microwave. Additional cocahes will be booked based upon your number of participants.
- **You bring**: plates, cups, napkins, forks, knife, candles, lighter, drinks & any food you want. We suggest keeping it to a minimum. Have a NAMED water bottle for each child. No juice! This is an active party! Think hydration!!
- Opening presents? Let your coach know. They can adjust your floor time & give you more party room time.
- All guests, parents & children, must follow the coach's directions to ensure safety in the gym and respectful behavior. After three verbal warnings, Host Parent(s) are to remove the guest from the floor. Host Parent(s) is responsible for that guest from that point forward. Safety is our First Priority.
- Once your party room time starts, participants are **not** allowed back on the gym floor, equipment or in the foam pits. We know…. The gym is very tempting! Left something on the floor? Ask the coach to retrieve it. Thank-you.
- Our coach(es) will assist you during party room time if requested. **Clean up starts 15 minutes before party end time.**

Our coach(ed) must prepare for the next party. Cleanup must be prompt.

POLICIES:

Host Parent is responsible for compliance with illness policy. If a guest is ill (coughing/sneezing), ask that person to not attend.

Host Parent is responsible to inform parents that guests are covered with liability insurance only. No accident coverage unless they are a PRGS/GymBC member. If a participant wants accident coverage, it is available for a fee of $20.00. This coverage *must be purchased prior* to the party through the PRGS Office.

Host Parent is responsible to obtain a waiver for each participating child. Any person without a waiver will not be allowed down on the gym floor or on any of the equipment. Waivers are available at the door as the children arrive, or you can email them to the parents ahead of the party. One is attached for your convenience.

For safety reasons, piñatas are not permitted. Please **NO Peanuts**. Alcohol is not permitted on the premises at any time.

In the event of a cancellation: With 14 days' notice or more, full refund or reschedule for free!
Less than 14 days' notice = 50% refund or $25 re-booking fee

Clean up starts 15 minutes before your party end time. If you exceed the party time slot, there is a $25 fee per 15 minutes.

Participant: Every person ~ adults and children ~ down on the floor and/or on the equipment

Max number of Participants is 10 with 1 certified coach.
Wish to have more participants: $10 each

Participants under 4 years old must have a parent or caregiver within reach at all times. One to one ratio.
Special Needs children must have a parent or attendant present at all times.
These parents do not count as a Participant, but they also cannot go on the equipment, only supervise their child.

Did our coaches provide you with Amazing Service?

Alike to a great waitress, gratuities are most appreciated.

Have a Twisting & Tumbling Great Time!!!