805 Connects Activity Reminder

Event: Social Group - Asking For Help & Speaking Up For Yourself & November Birthday Celebration

This activity uses 3 authorized hours with 805 Connects

Date: November 19th, 2026

Time: 4:30pm-7:30pm

Location: 805 Connects Office
1317 Del Norte Rd. Suite #150, Camarillo CA

Description:

Join us for a fun Social Group about asking for help and speaking up for yourself! Learn simple ways to express your needs, ask questions, make your voice heard, and advocate for yourself. After the group, we'll celebrate any November birthdays with friends, treats, and fun! Sign up today to join us!

How to Prepare:

Pick up details for the day of the event:

- Pick-up time is 45 minutes before activity start time.
- An activity coach will call you during pick-up.
- Please be prepared, answer your phone, and be patient so we know you are still attending.