



AAP Carding Process

MEN'S ARTISTIC GYMNASTICS

For the December 1, 2025 to November 30, 2026 Carding Cycle

January 2026

1.0 GENERAL INFORMATION

Gymnastics Canada (GymCan) participates in the national [“Athlete Assistance Program \(AAP\)” managed through Sport Canada](#). As a recognized Olympic discipline, Men’s Artistic Gymnastics (MAG) can nominate athletes annually to Sport Canada for consideration of financial and material support based upon agreed performance criteria published in advance by GymCan. An athlete’s performance in the year, and in line with the published AAP performance criteria for that year, only makes the athlete eligible for nomination consideration for AAP support in the following year. **It is in no way a guarantee of AAP nomination or support for the following year.**

The goal of the AAP is to contribute toward improved Canadian performances at major international sporting events such as the Olympic Games and World Championships. To this end, the AAP identifies and provides funding directly to athletes who have met and/or continue to demonstrate the potential to meet the national and international performance criteria as determined by Sport Canada and GymCan. The AAP has three objectives:

1. To financially support Canadian athletes identified by National Sport Organisations (NSO) using criteria established by Sport Canada as performing at or having the greatest potential to achieve a top-8 team result or a top-8 individual result at Olympic/Paralympic Games and World Championships;
2. To assist Canada’s AAP carded athletes in preparing to engage in full or part-time career activities; and
3. To enable Canada’s AAP carded athletes to participate in year-round national training competition regimes to further their athletic goals.

Under the AAP, eligible athletes have access to the following benefits:

- Living and training allowance
- Tuition and deferred tuition support
- Supplemental support

The AAP has three levels of cards, which will provide a monthly living and training allowance as follows:

Card Type	Monthly Allowance	Annual Value (12 months)
Senior International Card (SR1/SR2)	\$2,175 (4 month minimum)	Up to \$26,100
Senior National Card (SR)	\$2,175 (4 month minimum)	Up to \$26,100
Developmental “D” Card (Junior)	\$1,305 (4 month minimum)	Up to \$15,660

Sport Canada has allocated the equivalent of eight (8) Senior (SR) cards to Men’s Artistic Gymnastics. Sport Canada may, at any time, adjust the carding quota. If they do so, GymCan reserves the right to amend the carding criteria so that it may be applied fairly and correctly. This carding cycle for Men’s Artistic Gymnastics is from December 1, 2026 to November 30, 2027 and nominations will be based on results obtained from December 1, 2025 to November 30, 2026.

GymCan utilizes the AAP as part of its support strategy for national team athletes aligned with the objectives outlined in the AAP documentation.

For the 2025-2028 quadrennial, GymCan’s primary objectives for the MAG national team program are the following:

- Top 7 team at the 2026 World Championships;
- Top 6 team at the 2027 World Championships;
- Top 5 team at the 2028 Olympic Games;
- Qualify to the All-Around Final at the 2028 Olympic Games; and
- Qualify to two Apparatus Finals at the 2028 Olympic Games.

GymCan’s AAP priorities for MAG in the current quadrennial will be structured according to the primary objectives identified above. GymCan reserves the right to update or adjust criteria on an annual basis as circumstances require. The process to update criteria is as follows:

- Annually, GymCan will review the AAP criteria for accuracy and consistency as it relates to the overall program objectives.
- The MAG Program Committee (which includes the National Team Athlete Representative) will include an AAP criteria review as part of its annual meeting agenda. It is expected that the National Team Athlete Representative

will ensure that the AAP criteria are discussed at a National Team athlete meeting and will provide input from athletes to the MAG Program Committee on a timely basis.

- GymCan will publish any updates to the AAP criteria at least six months in advance of the next carding cycle. Should this timeline not be realistic due to unforeseen circumstances, GymCan will work with Sport Canada to ensure that there is an appropriate process in place to ensure that communication and consideration of unique circumstances are managed in a fair manner.
- GymCan will operate an internal appeal process should any athlete wish to challenge a decision made in respect to AAP nomination (see Article 8.0 of this document).

2.0 ELIGIBILITY

To be considered for AAP carding nomination, an athlete must meet the following criteria:

1. Be a Canadian citizen
2. Be a current member of the Canadian MAG National Team
3. Meet the Sport Canada AAP eligibility requirements as noted in the following link:
<https://www.canada.ca/en/canadian-heritage/services/funding/athlete-assistance.html>
4. Be a member in good standing with GymCan and their respective Provincial/Territorial organization and club.
5. Participate in all national high performance competitions such as Canadian Championships, Elite Canada and high performance training camps that are programmed within the current AAP time period, or have had advance *written* permission from GymCan to not participate.
6. Be available to represent Canada at major international competitions, including the World Championships and Olympic Games.
7. Submit their annual Carding Application and Commitment Form ([Appendix 1](#)) by the determined calendar deadline for that year.
 - a. To be eligible for nomination for a Senior AAP Card (SR), an athlete must have achieved their AAP carding points during the current results cycle and be FIG Senior age-eligible for the upcoming carding period.
 - b. To be eligible for nomination for a Development Card (D), an athlete must be Junior age-eligible according to the Canadian Pathways age categories and have competed in the Junior category during the current results cycle.

3.0 INELIGIBILITY

Athletes are **not** eligible for “carded athlete” status if they:

- a) are training with and competing for an American University, unless committed to training at least four (4) months in Canada under high performance preparation expectations as set out in the athlete agreement and agree to continue being monitored and submit training videos to GymCan; or
- b) have committed in writing to join an American University in the twelve-month period after July 1 of the year in question and will not be affiliated in Canada within a recognized high-performance supervised training program.

An athlete is **not eligible** to be nominated for AAP carding consideration if they do not meet any of the criteria outlined in 2.0 above.

4.0 APPLICATION AND DECISION-MAKING PROCESS

4.1 CARDING WORKING GROUP

The identification of athletes to be nominated to Sport Canada will be the responsibility of the Carding Working Group (CWG). Nominations will be based on the carding process and the expert assessment of the CWG. The CWG role is to provide appropriate high-performance technical input into the discussion regarding athlete nominations for AAP carding consideration. The CWG will work by consensus.

The Working Group consists of the following:

- Program Director (Chair)
- High Performance Director
- Program Committee (respecting personal conflicts of interest)

Current National Team coaches with AAP eligible athletes cannot be part of the Working Group but can be consulted for input as required.

4.2 COMMUNICATION OF NOMINATIONS

The Program Director will compile the data and circulate a draft version to all athletes and coaches on the current National Team list within five working days of the meeting. This will constitute notice of the decision per the Timing of Appeal in the GymCan Appeal Policy.

GymCan prepares the Sport Canada nominations and presents these nominations at the annual review meeting.

Once the nominations are approved by Sport Canada and finalized, the draft nominations will be re-circulated to the current National Team list and posted on the GymCan website.

4.3 MANAGING AAP SUPPORT ATHLETES

Throughout the year the Program Director is responsible for managing AAP supported athletes to ensure that they continue to meet the administrative and performance expectations inherent to their AAP support.

Should there be a consideration for an athlete to be “de-carded” during the year, GymCan will follow the process as outlined in Article 7.0 of this document.

4.4 PERFORMANCE AND COMMITMENT OBJECTIVES FOR AAP CARDED ATHLETES

A Senior athlete is expected to meet the following performance and commitment objectives unless ill or injured;

1. Meet the targets and verifications set out in their GymCan approved annual training and competition plan;
2. Demonstrate an ongoing commitment and dedication to the training and performance goals as outlined in the approved annual training and competition plan;
3. Maintain a physical condition in accordance with that required to meet the goals as outlined in the approved annual training and competition plan;
4. Maintain communication and engagement with GymCan throughout the year as part of the monitoring of the approved annual training and competition plan;
5. Strive to improve his performance and technical capacity compared to previous years based upon the approved annual training and competition plan;
6. Actively compete in at least two FIG international competitions in the annual carding period, and at least one per six-month period.
7. Remain a member in good standing with GymCan

4.5 REQUIRED DOCUMENTATION FROM NOMINATED ATHLETES

All AAP nominated athletes are required to submit the Sport Canada AAP Application Form and a signed Athlete Agreement to GymCan prior to nomination, and are required to complete the following online courses prior to them receiving funds from the AAP:

- “Sport Integrity Canada Clean Sport”
- “Sport Canada – Athlete Assistance Program”

Failure to complete these courses will result in the withholding of AAP funds until the courses are completed.

5.0 HEALTH RELATED REASONS CARD

GymCan will consider AAP carding support for an athlete who is eligible and has met the conditions outlined below. If they have not been met, the athlete will no longer be eligible for nomination for carding. It is the responsibility of the athlete and his coach to meet the conditions under 5.1 listed below even if there is no reminder sent by GymCan.

5.1 REQUIREMENTS FOR A HEALTH-RELATED REASONS CARD (HRR)

In the text below, “condition” means that an athlete is injured, ill, pregnant, or affected by other health-related circumstances as defined by Sport Canada.

The athlete may be considered for carding nomination if all the following conditions have been met:

- Was previously carded at a SR1/SR2, SR, or D level in the most recent carding cycle, but did not receive an HRR Card;
- The condition is supported by a medical report and a physician’s documentation submitted to the Program Director or designate prior to the end of the Carding Cycle. The documentation must state:
 - a. the date the injury occurred;
 - b. the nature of the condition, and whether or not this is an acute or chronic injury;
 - c. that the athlete could not compete at the event or finish the competition;
 - d. the rehabilitation protocol, the amount of training the athlete can do in the next 12 weeks, the expected date for full recovery and return to full training; and
 - e. the date that the certificate was issued.
 - The athlete has competed in at least one GymCan assigned competition, Canadian Championships, or Elite Canada within the past two years.
 - The most recent competition results for the athlete (within two years) should demonstrate that the athlete was competing at a level consistent with athletes already nominated for a card in this period.
 - The coach of the athlete has confirmed in writing to GymCan that the gymnast should be reviewed under the injury card criteria and has submitted to GymCan the modified training program (content, skills, and load) that the athlete will do.
 - On a quarterly basis, the coach of the athlete submits to GymCan a report stating the progress made towards complete rehabilitation and indicating the training program that the athlete has followed since the previous report.
 - GymCan may require the athlete to take part in a test event four months after the injury to confirm that the athlete has returned to at least 60% of training (based on 21-28 hrs. per week as per NT Agreement)
 - If the athlete has not been able to return to full training and competition within six (6) months of the start of the carding cycle, GymCan, in consultation the CWG, will review the card with the possibility of extension or recommendation to withdraw the card being made to Sport Canada. Any withdrawal of AAP carding will follow the de-carding process as outlined in Article 7.0 of this document.
 - The carded athlete has demonstrated and continues to demonstrate their long-term commitment to high-performance training and competition goals, as well as providing written confirmation of their intention to pursue full high-performance training and competition throughout the carding period for which they wish to be renewed despite not having met the carding criteria.

The nomination of an athlete who is experiencing one of the conditions at the time of nomination but did not notify the IST Lead and the Program Director in writing by November 1 of the current carding cycle, or as soon as the condition occurred after this date, may be withdrawn by GymCan or the status of carded athlete put on hold until the situation is clarified.

5.2 EXTENSION OF VERIFICATION PERIOD

If an athlete has not met all the conditions above within the first three months of the carding cycle but has shown significant progress towards full recovery from the injury or illness within the first three months of the carding year, as assessed by GymCan, he may be given a further three months to meet the conditions. The decision and condition attached to the extension of the deadline will be made by GymCan.

6.0 MAXIMUM NUMBER OF YEARS OF CARDING – SENIOR CARD

An athlete is expected to improve each year to maintain a Senior card based on national criteria and to eventually achieve the SR-1 international criteria.

GymCan and Sport Canada have agreed to a maximum five-year period in which an athlete can be carded at the SR level; after that period, an athlete must achieve the international SR-1 criteria.

6.1 In exceptional situations, GymCan may consider nominating an SR athlete for up to three additional years of carding (beyond the five-year limit) at the SR level if there is compelling evidence provided that shows the athlete's capacity to move to the SR-1 level and/or the athlete continues to be a contributing member of the team towards future Olympic qualification and target performance as outlined in Article 1.0 of this document.

6.2 For an athlete to be *considered* for continued AAP carding support at the SR level beyond the maximum 5-year period, they must meet the following:

- The athlete must have competed in at least one FIG approved international competition and be ranked in the top 6 on the GymCan Senior Ranking List (all results will be tracked and evaluated);
- In the opinion of GymCan, in consultation with the CWG, the athlete has the capability to secure performances that contribute to the program performance objectives as outlined in Article 1.0 of this document; and
- GymCan, in consultation with the CWG, has the responsibility to determine whether an athlete carded for five or more years will be submitted for consideration for additional AAP Carding support to Sport Canada.

A Health-Related Reasons card does not count towards the maximum number of years of AAP support.

For clarity, an athlete cannot receive AAP carding support at the SR level for more than eight years total.

7.0 DE-CARDING PROCEDURE

GymCan has the authority to verify, at any time during the annual carding cycle, that the athlete remains committed to and/or meets the expectations laid out in their individual athlete verification plan and their signed NT Agreement.

Verification plans will be created by GymCan for each individual carded athlete with input from the athlete, the athlete's personal coach(es), and the IST Lead.

Should an athlete not be able to meet the verification standards and targets laid out for them, they may be subject to de-carding consideration. The decision to de-card an athlete is the responsibility of GymCan after consultation with the CWG and Sport Canada.

7.1 CONDITIONS FOR THE DE-CARDING PROCESS

GymCan (in consultation with the CWG) may initiate the de-carding procedures if an athlete is not meeting requirements as set out in either the athlete's approved annual training and competition plan or the GymCan National Team Agreement (or both). Specifically, GymCan has documented the following as part of the de-carding process:

7.1.1 There is a lack of commitment of the athlete to the National Team training and competition program as indicated by, but not exclusively:

1. Failure of the athlete to meet the training and performance objectives within the approved annual training and competition plan;
2. Absence of the athlete from National Team activities without the submission of verifiable documents with regard to injury and rehabilitation protocols, including:
 - a. required competitions
 - b. training/monitoring activities (camps, joint training sessions, club visitations)
 - c. selection activities
 - d. inability to perform on their specified apparatus when expected;
3. Lack of availability of the athlete for verification of health and training status by the Program staff or failure by the athlete to attend a technical verification on all specified apparatus when pre-arranged with the Program staff;
4. Failure by the athlete to follow the mutually agreed upon rehabilitation protocol in case of an injury;

5. Failure by the athlete to take part in the development of his individual training plan with his coach and the Program staff;
6. Engaging in risky activities that endanger the athlete's ability to train appropriately and remain in good health, including unplanned or un-agreed upon vacations or training breaks without notifying GymCan.
- 7.1.2. As a preliminary step, GymCan will meet with the athlete and their personal coach to inform them of the concerns and to work on corrective steps and timelines in an attempt to mitigate the concerns and return the athlete to full compliance as per the AAP regulations and the National Team Agreement.
- 7.1.3. Should the athlete fail to comply with the agreed to corrective steps and measures, GymCan has the responsibility to inform Sport Canada of the matter and to initiate the de-carding process according to the process as outlined in the Sport Canada AAP regulations: <https://www.canada.ca/en/canadian-heritage/services/funding/athlete-assistance/policies-procedures.html#a12>

8.0 APPEAL PROCEDURE

Appeals of GymCan's AAP nomination/re-nomination decision or of a GymCan recommendation to withdraw carding may be pursued only [through the GymCan appeal process](#).

9.0 ATHLETE NOMINATION PROCESS

AAP carding nominations will be allocated in priority order as follows:

PRIORITY 1: SPORT CANADA SENIOR INTERNATIONAL CRITERIA (SR1/SR2)

These criteria can be met only in events on the Olympic program based on the results achieved at the Olympic Games (OG) or the World Championships (WC).

The team must finish in the top 8 and in the top ½ of all teams that competed in Qualifications (CI).

Example:

If 12 teams competed, the team must place 6th or better to meet the criteria.

or;

An athlete must finish in the top 8 and the top ½ of the field of all athletes that competed on all six apparatus in Qualifications (CI).

Example:

If 40 athletes completed on all apparatus in Qualifications (CI), the athlete must place 8th or better to meet the criteria.

or;

An athlete must finish in the top 8 and in the top ½ of the field of all athletes that competed on that apparatus in Qualifications (CI).

Example:

If 15 athletes competed on vault in Qualifications (CI), the athlete must place 7th or better to meet the criteria.

Athletes who qualify for carding under the Senior International criteria are eligible for two years of AAP support, with the card for the first year referred to as a SR1 card and the card for the second year referred to as a SR2 card.

The second year of carding is contingent upon the athlete being re-nominated by GymCan. Athletes will be recommended for the SR2 card if they meet the Senior National criteria and maintain an approved training and competitive program recognized by GymCan and Sport Canada.

PRIORITY 2: CRITERIA SENIOR NATIONAL (SR)

Senior athletes who are eligible for carding and have accumulated points set out in the Senior Points Charts will be ranked in the Athlete Ranking List by their cumulative points total. These athletes will be compared against the following targeted objectives that must be achieved at either Canadian Championships, Elite Canada, World Championships Selection, World Championships, Olympic Games selection, and Olympic Games selection beginning with the best-ranked athlete.

OBJECTIVE 1:

A maximum of eight SR cards may be awarded to athletes who attains an All-Around score of 77.4 (equivalent to 16th place, or better, from the results of the 2025 Senior World Championships Qualifications (CI)).

OBJECTIVE 2:

A maximum of eight SR cards may be awarded to athletes who attain an apparatus score from the table below (equivalent to 12th place, or better, from the results of the 2025 Senior World Championships Qualifications (CI) on three or more apparatus.)

FX	PH SR VT PB	HB
13.6	14.1	13.8

For vault, scores are compared with the first (Team) vault, only, and must have a minimum 4.8 Start Value.

PRIORITY 3: HEALTH RELATED CARD

At the discretion of GymCan, in consultation with the CWG, SR or D cards may be allocated based on Health-Related Circumstances. Athletes who, at the end of the results cycle, have not achieved the standard required for renewal of carding status due to health-related reasons, may be considered for re-nomination by GymCan and CWG for a health-related card as set out in Article 5.0 of this document.

PRIORITY 4: DEVELOPMENT CARDS FOR JUNIOR ATHLETES

Development Cards are intended to support the developmental needs of younger athletes who **clearly** demonstrate the potential to achieve the Senior National card criteria. A maximum of two “D” cards **may** be allocated for the top-ranked eligible Junior athletes on the Junior Ranking List.

Should funding become available for a “D” card it will be allocated in priority order beginning with the best-ranked athletes who have earned points from the Junior Points Charts and are ranked on the Athlete Ranking List. The decision-making process for a “D” card will be the responsibility of GymCan in consultation with the CWG. **There is not a requirement to nominate additional athletes even if funds remain.**

PRIORITY 5: ALLOCATION OF REMAINING AAP FUNDS IN THE CYCLE

A minimum of four months of carding support must be available for GYM CAN to nominate an athlete. On the basis that carding funds remain for the cycle, or additional funding becomes available during the cycle, GymCan may consider the nomination of additional athletes to Sport Canada – there is not a requirement to nominate additional athletes even if funds remain. Nominations will be at the discretion of GymCan and will be ranked as follows:

1. Additional funding to move a currently partially carded athlete to full card status.
2. Athletes ranked on the Senior National Athlete Ranking List who, in the opinion of GymCan, have shown the capacity to progress to a higher international performance standard, or who have shown the potential to challenge for a World Championships or Olympic Games team position and, if successful, could contribute to an improved team result at said competitions.
3. Athletes ranked on the Next Gen and/or Junior National Athlete Ranking List who, in the opinion of GymCan, have shown the capacity to progress to a higher senior national international performance or, in the case of a junior athlete, show significant technical skill and capacity that is aligned with the Athlete Development Model and Gold Medal Profile matrix towards achieving success when senior age eligible.

10.0 OBJECTIVE POINT SYSTEM FOR JUNIOR AND SENIOR RANKING LISTS

Article 1.0 of this document highlights the performance objectives of GymCan for the MAG program in the 2025-2028 quadrennial - to encourage this focus throughout the program, the carding points have been simplified to recognize:

- Achieved results as determined by competition Final scores, obtained in domestic and/or FIG international competitions (except for vault for individual apparatus specialists).

The cumulative points charts will be used to rank eligible athletes in the Junior and Senior categories. Its purpose is to show achieved performance results throughout the competition season. Points can be accumulated during each day of designated domestic competitions (Canadian Championships, Elite Canada, Technical Trials, World Championships Trials, and Olympic Games Trials) and FIG sanctioned international competitions designated by GymCan.

ACCUMULATION OF POINTS

- Points are awarded only for the respective carding cycle.
- All athletes start the carding cycle without points - points do not carry-over from any previous cycle.
- Athletes accumulate points within the identified carding period and results cycle: **December 1, 2025 to November 30, 2026**
- Senior carding points will be accumulated from Schedule A - Senior Objective Point System.
- Junior carding points will be accumulated from the Schedule B - Junior Objective Point System.
- Athletes must have competed on at least one apparatus.

PERFORMANCE POINTS

Athletes on Olympic or World Championship teams will receive carding points based on the following rankings from the competition results for each day of competition. Traveling alternate will be awarded carding points for the Team Competition only:

Team Competition	Individual Apparatus	All-Around Ranking:
1-8: 100 points	1-3: 100 points	1-8 100 points
9-12: 75 points	4-8: 75 points	9-16 75 points
13-16: 50 points	9-12: 50 points	17-24 50 points

SENIOR OBJECTIVE POINT SYSTEM

All-Around and Apparatus results from 2025 Senior World Championships, from Qualifications Day (CI), will be used to populate the points table below.

To be eligible for All-Around points, an athlete must have competed on all six apparatus.

All vaults must have a minimum 4.8 Start Value. If a second vault is performed for qualification to Apparatus Finals, then the highest scoring vault will be awarded carding points.

JUNIOR OBJECTIVE POINT SYSTEM

All-Around and Apparatus results from 2025 Junior World Championships, from Qualifications Day (CI), will be used to populate the points table below.

To be eligible for All-Around points, an athlete must have competed on all six apparatus.

All vaults must have a minimum 4.4 Start Value. If a second vault is performed for qualification to Apparatus Finals, then the highest scoring vault will be awarded carding points.

SCHEDULE A – SENIOR OBJECTIVE POINT TABLE

Apparatus Score	Apparatus Points	Floor	Pommels	Rings	Vault	P-bars	High Bar	Apparatus Points
	100	14.5	14.6	14.7	14.80	14.5	14.5	100
-0.1	98	14.4	14.5	14.6	14.75	14.4	14.4	98
-0.2	96	14.3	14.4	14.5	14.70	14.3	14.3	96
-0.3	94	14.2	14.3	14.4	14.65	14.2	14.2	94
-0.4	92	14.1	14.2	14.3	14.60	14.1	14.1	92
-0.5	90	14.0	14.1	14.2	14.55	14.0	14.0	90
-0.6	85	13.9	14.0	14.1	14.50	13.9	13.9	85
-0.7	80	13.8	13.9	14.0	14.40	13.8	13.8	80
-0.8	75	13.7	13.8	13.9	14.30	13.7	13.7	75
-0.9	70	13.6	13.7	13.8	14.20	13.6	13.6	70
-1	65	13.5	13.6	13.7	14.10	13.5	13.5	65
-1.1	60	13.4	13.5	13.6	14.00	13.4	13.4	60
-1.2	52	13.3	13.4	13.5	13.90	13.3	13.3	52
-1.3	44	13.2	13.3	13.4	13.80	13.2	13.2	44
-1.4	36	13.1	13.2	13.3	13.70	13.1	13.1	36
-1.5	28	13.0	13.1	13.2	13.60	13.0	13.0	28
-1.6	20	12.9	13.0	13.1	13.50	12.9	12.9	20
-1.7	10	12.8	12.9	13.0	13.40	12.8	12.8	10
-1.8	9	12.7	12.8	12.9	13.30	12.7	12.7	9
-1.9	8	12.6	12.7	12.8	13.20	12.6	12.6	8
-2	7	12.5	12.6	12.7	13.10	12.5	12.5	7
-2.1	6	12.4	12.5	12.6	13.00	12.4	12.4	6
-2.2	5	12.3	12.4	12.5	12.90	12.3	12.3	5
-2.3	4	12.2	12.3	12.4	12.80	12.2	12.2	4
-2.4	3	12.1	12.2	12.3	12.70	12.1	12.1	3
-2.5	2		12.1	12.2	12.60	12.0	12.0	2
-2.6	1		12.0	12.1	12.50	11.9	11.9	1

All-Around Score Range	All-Around Points
83.0	20
78.0	
73.0	10
71.0	5

SCHEDULE B – JUNIOR OBJECTIVE POINT SYSTEM

Apparatus Score	Apparatus Points	Floor	Pommels	Rings	Vault	P-bars	High Bar	Apparatus Points
	100	14.2	13.9	13.8	14.20	14.0	14.0	100
-0.1	98	14.1	13.8	13.7	14.15	13.9	13.9	98
-0.2	96	14.0	13.7	13.6	14.10	13.8	13.8	96
-0.3	94	13.9	13.6	13.5	14.05	13.7	13.7	94
-0.4	92	13.8	13.5	13.4	14.00	13.6	13.6	92
-0.5	90	13.7	13.4	13.3	13.95	13.5	13.5	90
-0.6	85	13.6	13.3	13.2	13.90	13.4	13.4	85
-0.7	80	13.5	13.2	13.1	13.80	13.3	13.3	80
-0.8	75	13.4	13.1	13.0	13.70	13.2	13.2	75
-0.9	70	13.3	13.0	12.9	13.60	13.1	13.1	70
-1	65	13.2	12.9	12.8	13.50	13.0	13.0	65
-1.1	60	13.1	12.8	12.7	13.40	12.9	12.9	60
-1.2	52	13.0	12.7	12.6	13.30	12.8	12.8	52
-1.3	44	12.9	12.6	12.5	13.20	12.7	12.7	44
-1.4	36	12.8	12.5	12.4	13.10	12.6	12.6	36
-1.5	28	12.7	12.4	12.3	13.00	12.5	12.5	28
-1.6	20	12.6	12.3	12.2	12.90	12.4	12.4	20
-1.7	10	12.5	12.2	12.1	12.80	12.3	12.3	10
-1.8	9	12.4	12.1	12.0	12.70	12.2	12.2	9
-1.9	8	12.3	12.0	11.9	12.60	12.1	12.1	8
-2	7	12.2	11.9	11.8	12.50	12.0	12.0	7
-2.1	6	12.1	11.8	11.7	12.40	11.9	11.9	6
-2.2	5	12.0	11.7	11.6	12.30	11.8	11.8	5
-2.3	4	11.9	11.6	11.5	12.20	11.7	11.7	4
-2.4	3	11.8	11.5	11.4	12.10	11.6	11.6	3
-2.5	2	11.7	11.4	11.3	12.00	11.5	11.5	2
-2.6	1	11.6	11.3	11.2	11.90	11.4	11.4	1

All-Around Score Range	All-Around Points
82.0	20
77.0	
72.0	10
67.0	5

11.0 APPENDIX 1: CARDING APPLICATION AND COMMITMENT FORM - MAG

The Athlete Commitment Form is now available online here: <https://am.lo/p/KJp66OQ?lang=en>

The above online form must be submitted prior to **midnight Eastern Time on January 5, 2026.**

12.0 APPENDIX 2: COACH CONFIRMATION OF COMMITMENT

The Coach Commitment Form is now available online here: <https://am.lo/p/H037WJV?lang=en>

The above online form must be submitted prior to **midnight Eastern Time on January 5, 2026.**