

2026-2028 GYM CAN & WGYM APPARATUS DESIGNATION

RHYTHMIC GYMNASTICS

VERSION 1.0 – JUNE 1, 2026

RGI

LEVEL	Age	Year of Birth	Apparatus Norms & Requirements	2026	2027	2028
Pre Novice	11-12	2015 2016	JR WGYM CoP	Free Hoop Ball Clubs	Free Hoop Ball Clubs	Free Hoop Ball Clubs
Novice	13	2014	JR WGYM CoP	Hoop Ball Clubs Ribbon	Hoop Ball Clubs Ribbon	Hoop Ball Clubs Ribbon
Junior	14-15	2013 2012	JR WGYM CoP	Hoop Ball Clubs Ribbon	Hoop Ball Clubs Ribbon	Hoop Ball Clubs Ribbon
Senior	16+	2011 & Before	SR WGYM CoP	Hoop Ball Clubs Ribbon	Hoop Ball Clubs Ribbon	Hoop Ball Clubs Ribbon

RGG

LEVEL	Age	Year of Birth	Apparatus Norms & Requirements	2026	2027	2028
Novice (5)	11-13	2014 2015 2016	JR WGYM CoP	Rope	Rope	TBD
Junior Development (5) *One set of awards, regardless of apparatus choice	13-15	2012 2013 2014 <i>(allow one younger & one older by one year)</i>	JR WGYM CoP	Ball or Ribbon	Hoop or Rope	TBD
Junior (5)	14-15	2012 2013	JR WGYM CoP	Ball Ribbon	Ball Ribbon	Hoop Rope
Senior Dev. (5) *One set of awards, regardless of apparatus choice	14+	2013 & before	SR WGYM CoP	Ball or 3 Hoop 2pr Club	Ball or 3 Hoop 2pr Club	Choice TBC
Senior (5)	16+	2011 & before	SR WGYM CoP	5 Ball 3 Hoop 2pr Club	5 Ball 3 Hoop 2pr Club	5 Ball 3 Hoop 2 pr Club